

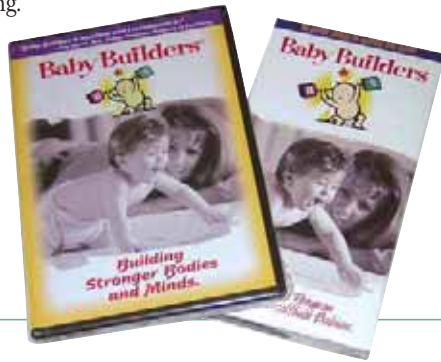
## Videos

### BABY BUILDERS: DEVELOPMENTAL EXERCISES FOR STRONGER, SMARTER BABIES

Jenna Zervas, MSPT

**Baby Builders** is an exercise videotape designed to teach parents of infants with cognitive, neurological and physical disabilities how to exercise their infant in a safe manner. Developed by a pediatric physical therapist, the program provides information on child development and exercise techniques to aid in development from birth through the time of walking.

Baby Builders combines fun play activities with skills to build strength, balance, movement, and coordination. Available in VHS or DVD format, running time approximately 25 minutes.



#### Baby Builders Video

- THA-VT-102-DVD Baby Builders (DVD) □
- THA-VT-102-VHS Baby Builders (VHS) □

#### Legs & Feet Video

- THA-VT-101 Legs & Feet: A Review of Musculoskeletal Assessment (VHS)

#### The Consulting Therapist: A Guide for OTs and PTs in Schools

- THA-BK-112 The Consulting Therapist: A Guide for OTs and PTs in Schools

### LEGS & FEET: A REVIEW OF MUSCULOSKELETAL ASSESSMENT

Beverly Cusick, PT, M.S.

This 2 hour videotaped review session of assessment procedures gives the rehab team 30 measurable and functionally relevant findings for the pelvis, hip, knee, ankle and foot.



## Books

### THE CONSULTING THERAPIST: A GUIDE FOR OTs AND PTs IN SCHOOLS

Barbara Hanft, M.A., OTR/L, FAOTA, Patricia Place, Ph.D.

This 154-page softbound manual helps you provide consultation to educators and work with classroom teachers to develop intervention plans for your preschool and school-age students with special needs. Assist students in achieving academic success and enhance their non-academic performance in the gym, lunchroom, and on the playground. **The Consulting Therapist** offers effective strategies and case studies to help you implement a consultative model. Learn how to apply your knowledge in sensory, motor, neuromuscular, perceptual, and psychosocial domains. Analyze the three interrelated components of student performance, human resources, and environmental support, to be able to observe student performance in school activities, determine how to interact with teachers and parents, and develop a consultation plan with team members.



## Books

### PLAY CALENDARS

#### Play Calendars

THA-BK-101 Play Calendars

#### Pediatric Strengthening Program

THA-BK-102 Pediatric Strengthening Program

#### Kids on the Ball

THA-BK-103 Kids on the Ball

#### Motor Development Program for School-Age Children – Second Edition

THA-BK-104 Motor Development Program for School-Age Children – Second Edition

*Weekly Activities for Infants, Toddlers, and Preschoolers*

**Rachel B. Diamant, M.S., OTR/L**

This 192-page, fully reproducible, spiral bound book has weekly activities to show parents how to stimulate the child's overall development through play. It is arranged by level of development; by age; birth to 18 months, 18 months to 3 years, and 3 years to 5 years; with fun filled activities designed to promote fine motor skills, gross motor skills, language/communication skills, sensory skills, cognitive skills, and self-help skills at each level of development.



### PEDIATRIC STRENGTHENING PROGRAM

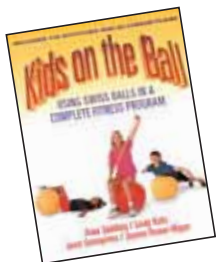
**Text by Linda Stern, PT**

**Illustrations by Kathryn Streidle, PT**

The playful activities included in this 124-page, fully reproducible, spiral bound manual are designed to help increase the strength of your pediatric clients. The exercises are categorized as lower extremity strengthening, trunk strengthening, upper extremity strengthening, and pre-gait activities. You can customize the programs to meet the specific needs of your client and save time by reproducing the instruction sheets for caregivers, parents, teachers and paraprofessionals.



### KIDS ON THE BALL



*Using Swiss Balls in a Complete Fitness Program*

**Anne Spaulding, Linda Kelly, Janet Santopietro  
and Joanne Posner-Mayer**

This 224-page, fully reproducible, soft bound book features 23 complete lesson plans and 118 activities complete with step-by-step instructions and written objectives. This guide is designed to help children develop balance, coordination, rhythm, and fitness skills.

### MOTOR DEVELOPMENT PROGRAM FOR SCHOOL AGE CHILDREN



**Second Edition, Jeanne Shanks Sellers, Ed.D., PT**

Easily create individualized programs to assess and promote the motoric development level of children from 4 - 12 years old with this 208-page spiral bound manual. Sequential activities in perceptual motor skills, physical fitness, rhythm, balance, manipulation, body awareness and stunts, locomotion, fine motor and visual motor skills assist children in building on each skill they acquire.

# Manuals

## POSITIONING FOR PLAY

*Home Activities for Parents of Young Children*



**Rachel B. Diamant, M.S., OTR/L**

This 213-page, fully reproducible, spiral bound manual is a collection of non-technical instructions to help parents stimulate and develop motor skills in their children through therapeutic play activities. These easy to read, easy to follow activity sheets are for use with children, from birth to 3 years old, who have developmental delays or who are at risk.

**Positioning for Play**

THA-BK-105 Positioning for Play

## HOME PROGRAM INSTRUCTION SHEETS

**D. LaVonne Jaeger, M.A., PT and Joan Gertz, M.S., PT**



This 215-page manual, complete with a 3 ring binder, is designed to augment therapy provided by the physical therapist. These informative, easy to use, fully reproducible instruction sheets include more than 200 exercises and fun activities for infants and children to do with their parents and other caregivers, teachers, classroom aides and paraprofessionals.

**Home Program Instruction Sheets for Infants and Children**

THA-BK-106 Home Program Instruction Sheets for Infants and Children

**Pediatric Massage**

THA-BK-107 Pediatric Massage – Revised

**Pediatric Balance Program**

THA-BK-108 Pediatric Balance Program

## PEDIATRIC MASSAGE

*For the Child with Special Needs*

**Kathy Fleming Drehobl, B.S., OTR/L and Mary Gengler Fuhr, B.S., OTR/L**

This 208-page, fully reproducible, soft bound manual is designed for use with infants and children with special needs. Detailed illustrations show how to accomplish different massage strokes for targeted areas including the stomach, chest, back, face, arms and legs. Guides parents and caregivers in effective massage for children up to 11 years old with cerebral palsy, Down syndrome, autism, sensory integrative disorders, developmental delays, and other impairments. This book is ideal for enhancing parent-child bonding, improving circulation, respiration and gastrointestinal function, reducing hypersensitivity, providing awareness of body parts, and promoting general relaxation for the caregiver and the child.



## PEDIATRIC BALANCE PROGRAM

**Sieglinde Martin, M.S., PT**

This 228-page, fully reproducible, soft bound manual helps children ages 1 - 18 years achieve early independence through balance training. The activities in this manual integrate balance training with treatment goals and strategies for all children with balance difficulties. The program includes exercises for balance in activities such as sitting, four-point kneeling, squatting, standing and during transitions to and from standing. It also includes exercises for balance in beginning walking, side-stepping, back-stepping, single leg standing, and standing on unstable ground. The activities are presented in order of difficulty, so that the child masters a skill as a foundation for learning the next one.



## Books

### AUNT KATIE'S VISIT

**Katie Rodriguez Banister**

*Aunt Katie's Visit* is a new and valuable resource for teachers and parents to help children develop acceptance of others and good citizenship. This colorful, upbeat, hardcover book is ideal for starting a conversation about differences and abilities. Parents can tailor expanded discussion to meet a specific disability situation in their household, family, or neighborhood. Teachers can have an added disability resource for their classrooms and use this book as a basis to develop their own disability awareness programs. Children will appreciate differences and develop realistic attitudes toward people with disabilities.



#### **Aunt Katie's Visit**

THA-BK-109 Aunt Katie's Visit

#### **Creative Play Activities for Children with Disabilities**

THA-BK-110 Creative Play Activities for Children with Disabilities

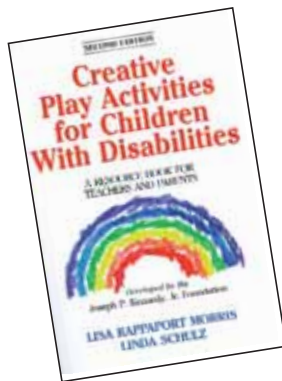
#### **Adapted Aquatics Programming: A Professional Guide**

THA-BK-111 Adapted Aquatics Programming: A Professional Guide

### CREATIVE PLAY ACTIVITIES FOR CHILDREN WITH DISABILITIES

*Second Edition*, Lisa Rappaport-Morris, Linda Schultz

In *Creative Play Activities for Children With Disabilities* you will discover 250 games and activities designed to help infants to 8-year-olds with all types of disabilities build confidence through play. Many activities describe special adaptations for children with physical, visual, or hearing impairments. This 232-page paperback, developed in conjunction with the Joseph P. Kennedy, Jr. Foundation, is the only book to address both the concerns of parents guiding their children's activities at home and issues faced by educators in program settings. Each chapter focuses on a particular "world" or activity theme. Themes include exploring the world of the senses; active games with rolling, crawling, walking, and more; building and creating; imaginative outdoor fun and water play; music play; and group games and activities. Each activity lists detailed directions, needed equipment, the activity's benefits, and, where possible, adaptations for different disabilities.



### ADAPTED AQUATICS PROGRAMMING: A PROFESSIONAL GUIDE

**Monica Lepore, George Gayle and Shawn Stevens**

*Adapted Aquatics Programming* is an in-depth, up-to-date text that shows instructors how to accommodate individuals with disabilities. Comprehensive in scope, the book dives into hard issues, such as inclusion, reasonable accommodations, and qualifications of personnel providing aquatic programs. The 328-page hardcover text comes packed with information, activities, resources, and references for planning, implementing, and evaluating adapted aquatic programs. Included are 113 photos to illustrate practical applications of concepts. Review questions at the end of each chapter summarize important points.

