

Clinical Experiences

Type of Facility: Herbal Medicine Clinic

Patient Population using the Somatron:

Herbal medicine patients being treated primarily for pain

Date of Reported Experiences: July and August 1995

Primary Findings:

Pain Relief, reduced need for pain medication(s)

Secondary Findings:

Improvements in sleep, improved walking, reduction in swelling.

Music Used: "The Musical Body Program", Therasound

Contact Information:

Mr. Terry Walters, MNIMH

Hydes Herbal Clinic

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A Somatron mat was used by Medical Herbalist Mr. Terry Walters with two of his patients as a complementary therapy to standard Herbal treatments. Both of the patients that experienced the Somatron were having problems with the management of their pain.

Patient 1 presented to the clinic with severe abdominal pain, nausea and lethargy as a result of the effects of prolonged medication use. This patient received 4 sessions with a Somatron mat using the "Musical Body Program" which comprises a set of cassette tapes written to correspond to different areas of the body. Mr. Walters reported that patient 1 experienced a reduction in her pain, improvements in the quality of her sleep and also a reduction in swelling around her abdomen after using the Somatron.

Patient 2 presented to the clinic with lung cancer. After completing chemotherapy, this patient was still experiencing a marked amount of pain that was being controlled with the medication Morphine. This patient received Somatron sessions on two occasions again using the "Musical Body Program". After the first session, the patient reported a reduction in pain to the point where he could no longer feel any and at the next session he reported that the pain relief lasted well into the early hours of the next morning. This patient continued to experience pain relieving effects as he repeated sessions using the Somatron.