## 4400 ERGOSLIDE<sup>®</sup> LATERAL TRANSFER



The ErgoSlide<sup>®</sup> LT can be used to move a patient from bed to bed, stretcher to bed, or exam table to bed or stretcher without pulling the patient's body, arms or legs, and without the caregiver having to lift. Constructed from strong nylon material sewn into a long tube, the ErgoSlide<sup>®</sup> LT has four rows of webbed handles around the full length, which are used to perform the lateral transfer.





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### USE INSTRUCTIONS:

The ErgoSlide<sup>®</sup> LT is used to transfer patients from one lateral surface to another. Using ergonomically inclined handles for gripping, caregivers can maneuver patients to the desired position without having to lift, which can cause injury to arms, back, and related muscles.

Transferring a patient from a bed to a stretcher:

- 1. Obtain number of caregivers required for the procedure. Ideally there should be three caregivers but can be done with two.
- 2. Explain procedure to patient being transferred or repositioned.
- 3. Use good body mechanics throughout the procedure.
- 4. Lock wheels of bed and stretcher; adjust to comfortable working height and lower head of bed. Make sure that the surface you are transferring from is even or slightly higher than the surface to which you are transferring. Minimize any gap between surfaces.
- 5. When transferring a patient on the ErgoSlide<sup>®</sup> LT, when possible, place a pillow under the patient's head on top of the transfer tube for a more comfortable transfer.
- 6. When transferring a patient the ErgoSlide<sup>®</sup> LT is placed horizontally across the bed or stretcher with the patient's head, torso and hips on the product. Place slide under patient by log rolling the patient from side to side. The excess material is placed over the stretcher or bed to which the patient is being transferred.
- 7. With TWO Caregivers

• At a comfortable distance, without over extending, grab two handles located closest to the center of the slide. The other caregiver needs to hold the patient's ankles up and take a side step with the movement of the transfer.

#### With THREE Caregivers

• Standing shoulder to shoulder, each caregiver should grab the set of handles closest to their end of the slide at a comfortable distance, without over extending. The third caregiver needs to hold the patient's ankles up and take a side step with the movement of the transfer.

- 8. Working in unison with partner(s) on the count of three, slide the patient to desired surface. DO NOT LIFT.
- 9. ErgoSlide<sup>®</sup> LT can be left under the patient while being supervised during transfers through out the facility but should removed once patient is returned to bed.
- 10. Check to ensure patient is comfortable and safe.

#### Do not leave the ErgoSlide<sup>®</sup> LT unattended under a patient in their bed at any time.

#### Important Prior To Usage

This brochure is only a guide, as alternative methods may be used for patient handling. We strongly recommend that your facility administrator or risk manager review and approve all protocols used for safe patient handling. Prior to using any equipment, be sure to check for signs of wear to ensure proper functionality. When using the ErgoSlide<sup>®</sup> LT for the first time, practice with a fellow caregiver until you have a level of comfort with the product.

### LAUNDRY INSTRUCTIONS:

The ErgoSlide® LT can be machine-washed at 80°C/170°F. Hang to dry or tumble dry on low heat at 40°C/104°F.

For more information on this and other ErgoSafe<sup>®</sup> products visit www.ergosafe-products.com

