



MONARK 891E



MAIN FEATURES

- For aerobic and anaerobic upper body test (Wingate option) and training
- Weight basket power control system
- Easy to start with lighter flywheel
- Extremely low start power 5W
- Adjustable height, both standing and sitting

THE BASICS

- Good cycle feeling
- Calibrated with correct weights
- 5 kHz HR system in display
- Workload range 5W (basket 0,1 kg)-700W
- Easy to get accurate workload thanks to weight basket system (0,1 0,5, 1 kg weights)
- Special handles (standard threads)

Medical Device class IIa

Monark Test Software

Specifications

MONARK 891E

| | |
|----------------------------------|------------------------------------|
| Certifications | EU directive 93/42/EU class IIa |
| Frame | |
| Type | Arm ergometer |
| Handlebar | n/a |
| Stem | n/a |
| Seatpost | n/a |
| Saddle | n/a |
| BB | 68/122 mm |
| Crank | Steel, 152 mm |
| Pedals | 9/16", handles |
| RESISTANCE | |
| System | weight basket |
| Flywheel | 20 kg, |
| DISPLAY | |
| RPM | Yes |
| HR | 5 kHz |
| Time | Yes |
| Speed | Yes |
| Distance | Yes |
| Watt | Yes |
| Connectivity | |
| RS232 | n/a |
| Usb | n/a |
| WEIGHT & MEASUREMENTS | |
| Max user weight | n/a |
| | |
| Lenght [mm] | 1500 mm |
| Width [mm] | 700 mm |
| Height [mm] | 1660 mm |
| Weight [kg] | Ergometer 25 kg |
| POWER REQUIREMENTS | Batteries in the display |



SOFTWARE

For fitness testing and in some cases, even training can be used with this model.



HEART RATE

Equipped to measure heartrate via chestbelt or sensors in the handles.



TEST

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.



WHEELCHAIR

Adapted for use from a wheelchair

MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 153 601 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden