

Air-Stirrup® Ankle Brace

Instructions:

1 Adjust heelpad width

- Open brace and lift bottom of aircells until heel straps are fully exposed.
- Peel up heel straps and adjust heelpad width for a snug fit (Fig. 3).
- Firmly press heel straps and aircells back in place.

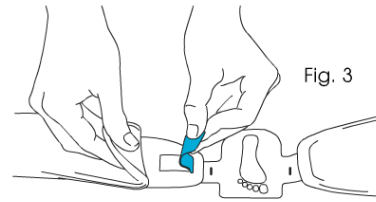


Fig. 3

2 Apply brace

- Put on absorbent sock or ankle wrap.
- Place round edge of heelpad under heel.
- Align brace sides with ankle (Fig. 4).

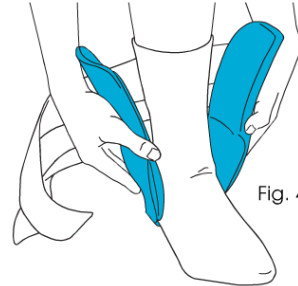


Fig. 4

3 Secure straps

- Secure straps from bottom to top.
- Put on lace shoe or sneaker.

4 Adjust brace

- Squeeze brace sides together with one hand.
- Tighten straps from bottom to top with other hand (Fig. 5).
- Tighten for comfortable support.

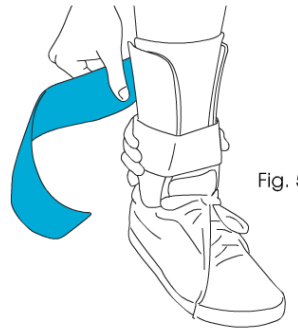


Fig. 5

CAUTION

Like all lower extremity devices, such as casts or braces, patients without sensation (i.e. post-op anesthesia, neuropathies, etc.) should be monitored frequently for "hot spots", skin irritation or wound management.

Always wear an absorbent sock or ankle wrap when using the Air-Stirrup Ankle Brace.