# balance pads

ercise



# Airex<sup>®</sup> balance pads

45.00

45.00

45.00

45.00

45.00

balance pads for vestibular training and exercises

CanDo<sup>®</sup> low impact aerobic pad

designed to be the most effective and

functional pad for low impact aerobic

exercises and group classes

21/2" depth

colors do

not indicate resistance:

for personal

choice

yellow

red

green

blue

black

both top and bottom surfaces are

textured for non-slip, secure footing

each

30-2120Y

30-2120R

30-2120G

30-2120B

30-2120BLK

pads measure 20" in diameter, extra thick

the difficulty level can be increased by stacking pads

#### balance pad 16" x 20"

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30-1910 30-1910-20	2¼" thick (ea) 20 per case	75.00 1,425.00			
balance pad plus w/non-slip backing					
30-1915 30-1915-20	2¼" thick (ea) 20 per case	87.50 1,690.00			
XL balance pad 16" x 40"					
20.4000	$01/\parallel$ this is $(a a)$	405.00			

30-1908	21⁄2" thick (ea)	165.00
30-1908-10	10 per case	1,610.00

# Airex<sup>®</sup> balance beam

- 64" soft foam trapezoidal beams can be positioned wide-side down (91/2") for greater stability or narrowside down (41/2") for a greater vestibular challenge
- for core conditioning, rehabilitation, gait and balance



**CanDo<sup>®</sup>** balance pad

closed-cell foam provides excellent elasticity and energy absorption

LATEX

coarse surface for traction on bottom and top surfaces

sanitized coating resists sweat and saliva and protects against microbes and odors

16"L x 20"W x 2½"H

32-1500B pad (ea) 52.50 32-1500B-10 pad (10 ea) 497.50

### CanDo<sup>®</sup> progressive instability pads

plush foam

- each 20" progressive molded foam balance pad has a different level of "give" and offers a different vestibular "challenge"
- underside

topside

- yellow is the most stable (easiest), and black is the most unstable (most challenging) surface
- pads can also be used as corestrengthening vestibular seating cushions

		each		2 each	
yellow	x-easy	30-2161	50.00	30-2161-2	95.00
red	easy	30-2162	50.00	30-2162-2	95.00
green	moderate	30-2163	50.00	30-2163-2	95.00
blue	hard	30-2164	50.00	30-2164-2	95.00
black	x-hard	30-2165	50.00	30-2165-2	95.00
yel red g	<mark>rn blu</mark> blk set	30-2166	237.50	30-2166-2	450.00

## **Thera-Band® stability trainer**

- used to improve balance, postural stability, proprioception and coordination
- unsteady surface challenges body to maintain posture and balance
- softer pad provides more vestibular challenge

	foam					
30-2131 30-2131-2	green, firm green (2 ea)	35.00 67.50				
30-2130 30-2130-2	blue, soft blue (2 ea)	35.00 67.50				
inflatable						
30-2132	black, x-soft	52 50				

30-2132 black, x-soft 30-2132-2 black (2 ea)

