- Counter-resistance knee-pad platform allows user to control desired weight-assist balance
- Lat Pull-Up (wide grip) / Chin-Up (close grip) Station features easy step-up entry
- Easy access Dip Station features oversized diameter grips for ultimate comfort
- Ultra-thick DuraFirm[™] back, arm and knee pads.
- 11 gauge steel frame with 1 5/8" x 3" oval tubing
- 2"x 2" all-4-side welded high tensile strength steel mainframe construction
- Ideal for home and commercial use
- Optional 300 Lb. and 400 Lb. weight stack available.
- Dimensions: 54"W x64"L x 80"H