



DAWN HOUSE

APP MANUAL

TABLE OF CONTENTS

App Installation	3
New User Registration	4
Set Up Your Dawn House Bed	8
Sign In & FaceID	13
Reset Your Password	17
In-App Remote	19
Health Home Screen	21
Health Data	26
Routines	29
Account & App Settings	34

APP INSTALLATION



ON IOS

In the iOS App Store, search for “Dawn House” or select the link below:

<https://apps.apple.com/us/app/dawn-house/id1580189611>



ON ANDROID

In the Google Play App Store, search for “Dawn House” or select the link below:

<https://androidapk-s.com/app/1580189611/dawn-house>

NEW USER REGISTRATION

THERE ARE THREE WAYS TO REGISTER:

1. Register by email
2. Register with Facebook
3. Register with Gmail

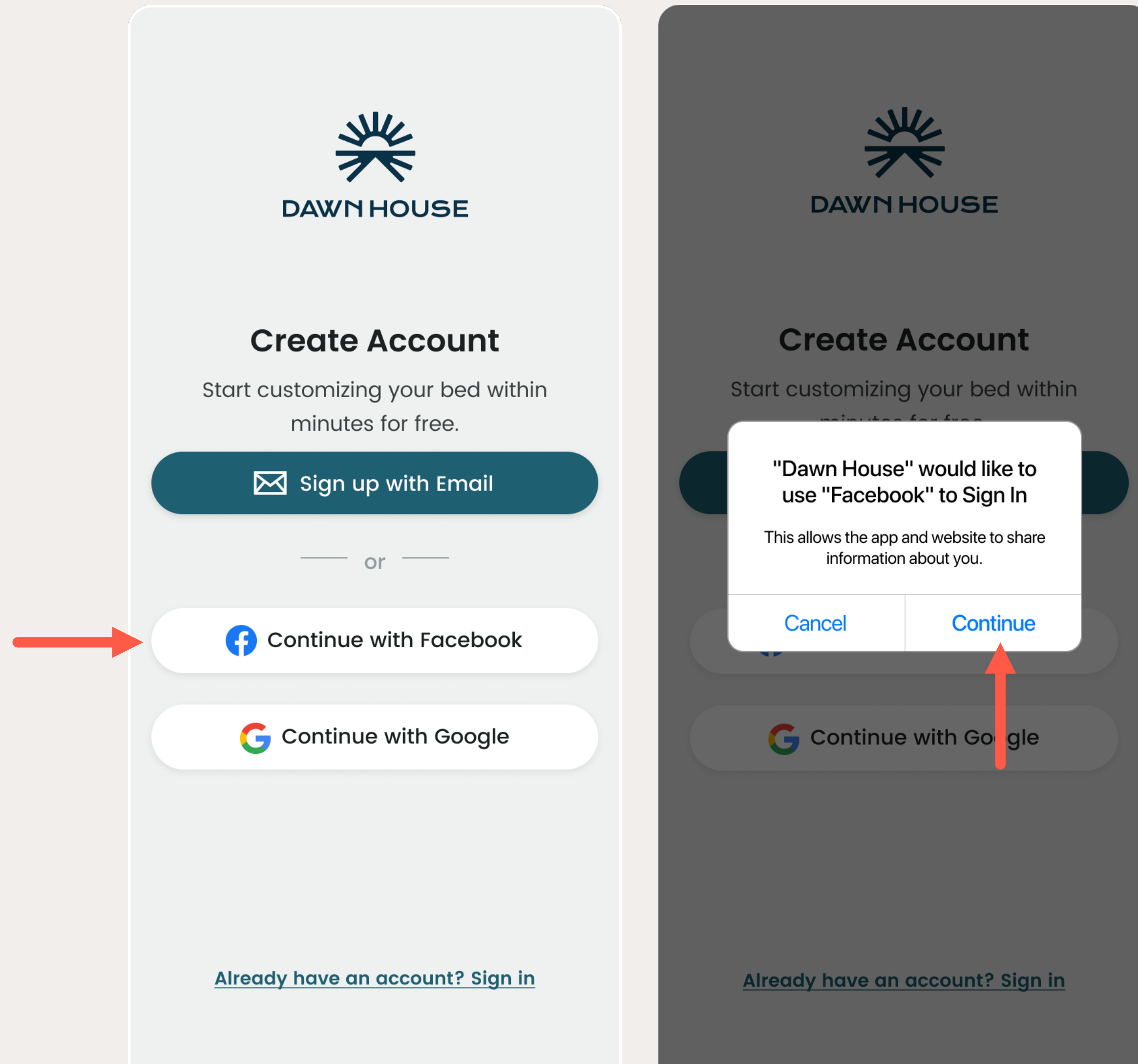
REGISTER BY EMAIL

1. To register with your email address, select the button “Sign up with email.”
2. On the next screen, enter your email and create a password. Your password must be at least 8 characters and include any special character (ex. !@#\$%).
3. You must enter the same password twice then select the button for “Create my account.”

The image displays three sequential mobile app screens for user registration. The first screen, titled "Create Account" under the "DAWN HOUSE" logo, features a "Sign up with Email" button highlighted by a red arrow, along with "Continue with Facebook" and "Continue with Google" options. The second screen, also titled "Create Account", shows input fields for "Email" (filled with "marie.smith@gmail.com"), "Password" (with a strength indicator and an eye icon), and "Repeat Password". A keyboard is visible at the bottom. The third screen shows the "Create my account" button and a "Remember me" checkbox, with a link to "Terms of Service and Privacy Policy" below.

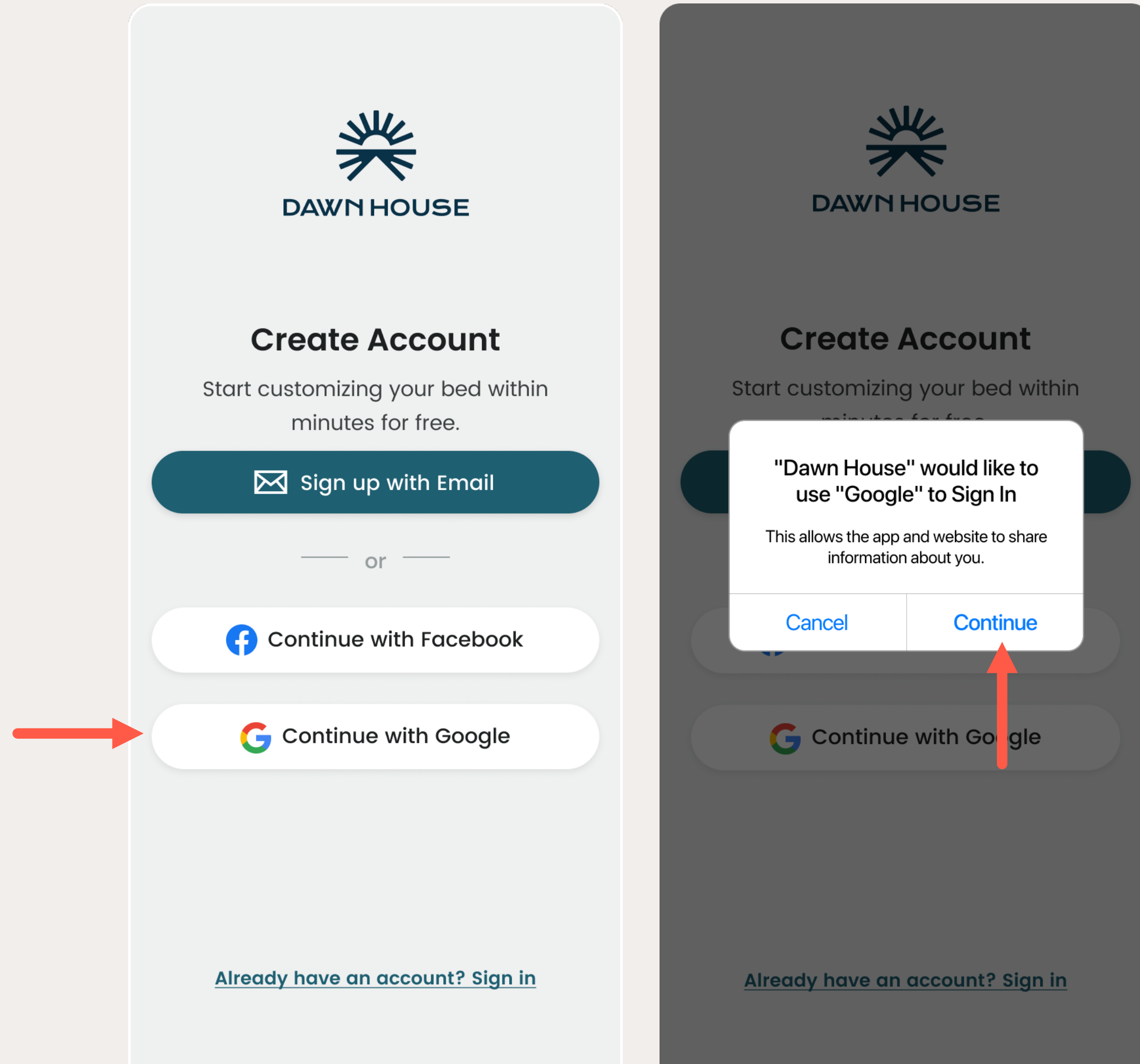
REGISTER WITH FACEBOOK

1. To register with your Facebook account, select “Continue with Facebook.”
2. You will see the pop up modal asking permission to open Facebook. Select Continue.
3. You will be prompted to log into your Facebook account and grant permission to Dawn House.



REGISTER WITH GOOGLE

1. To register with your Facebook account, select “Continue with Google.”
2. You will see the pop up modal asking permission to open Gmail. Select Continue.
3. You will prompted to log into your Gmail account and grant permission to Dawn House.



SET UP YOUR DAWN HOUSE BED

TO SET UP YOUR DAWN HOUSE BED:

1. Answer the profile questions
2. Scan the QR code on your bed
3. Connect to your WiFi

ANSWER PROFILE QUESTIONS

After you register your account, you will be asked a few questions to calibrate your bed.

Create Account


When were you born?


September	1952
October	1953
November	1954
December	1955
January	1956
February	1957
March	1958

Continue

Create Account

What side of the bed do you sleep on?

 Left side

 Right side

Continue

Create Account

Please help us calibrate your bed by sharing your:

Weight (lbs)
162

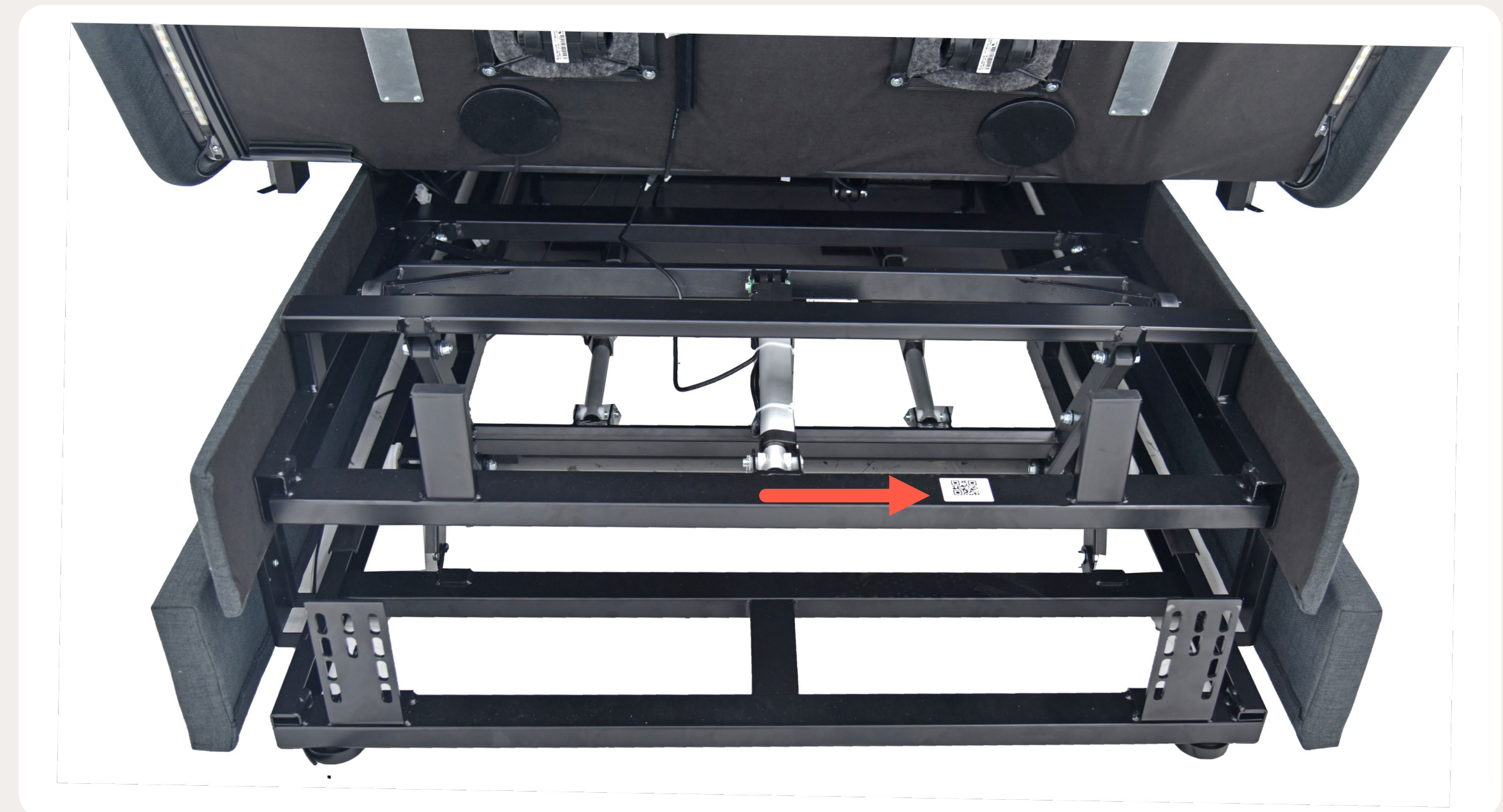
Mattress thickness (incl. topper)
36 inches

Continue

FIND YOUR QR CODE

You will need to find the QR code to scan and connect to the Dawn House app.

1. Shift your bed to a head raised position
2. Look behind the headboard on the bed base to find the QR code
3. The QR code will look like the image below, with a large symbol and a 16 character code beneath it:

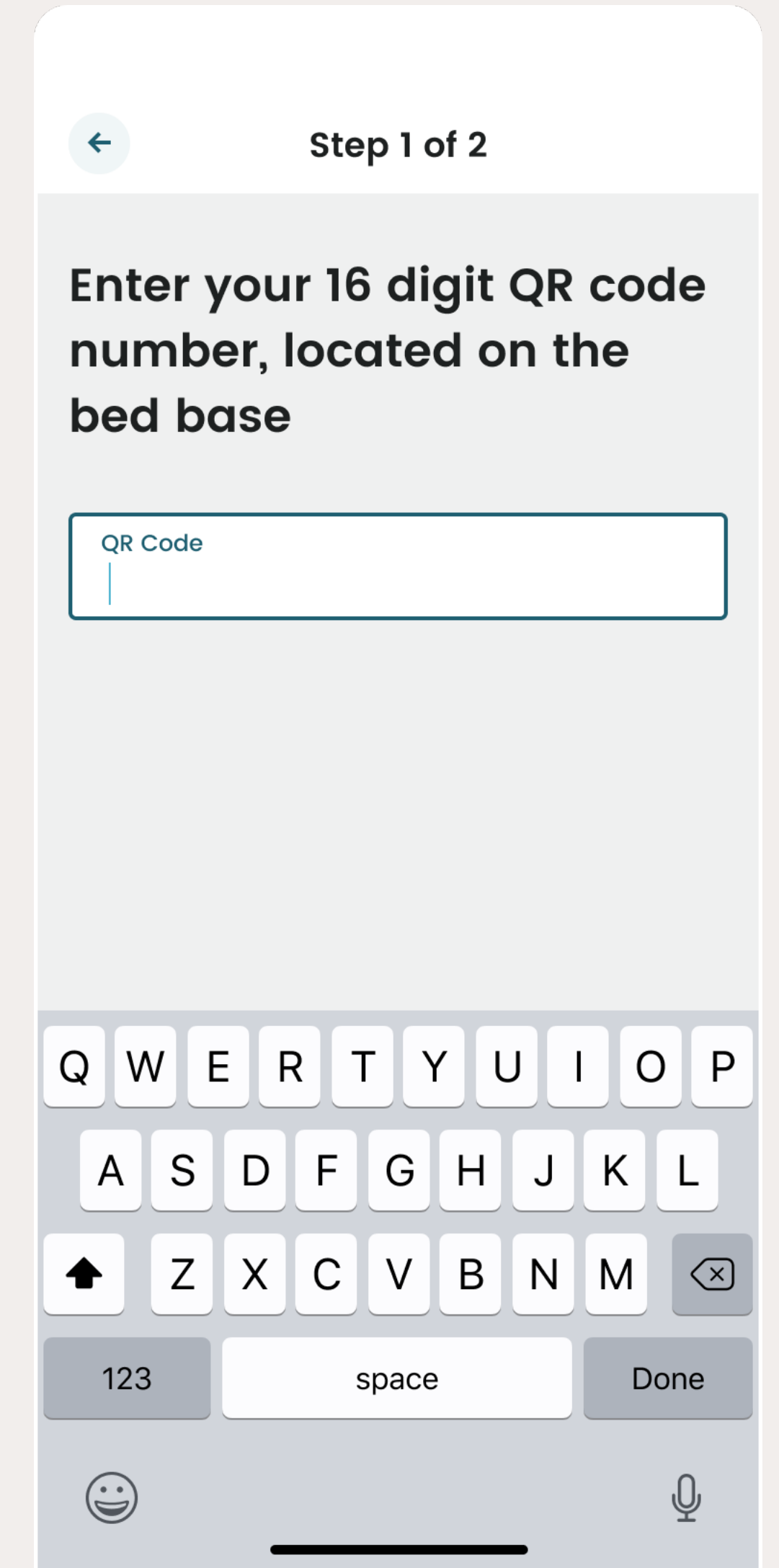
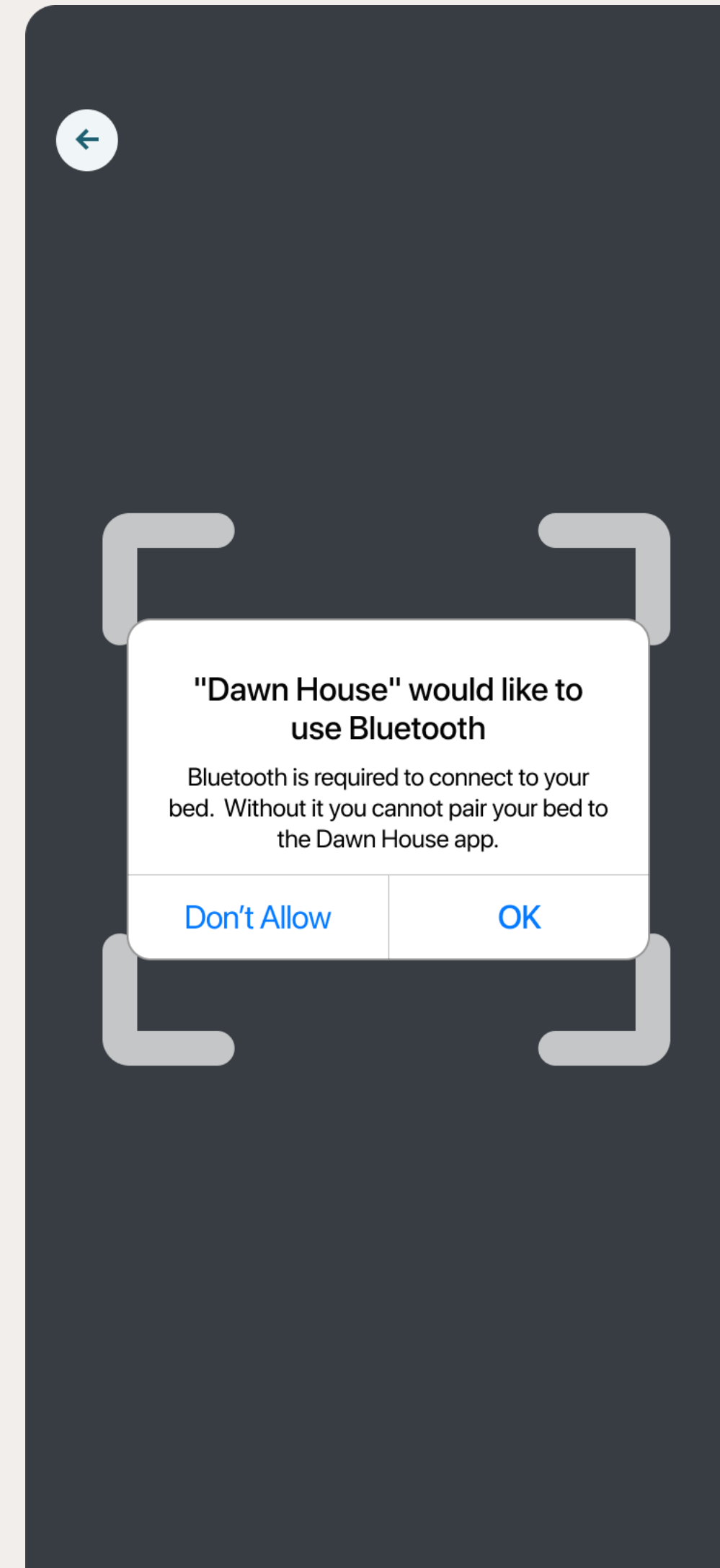
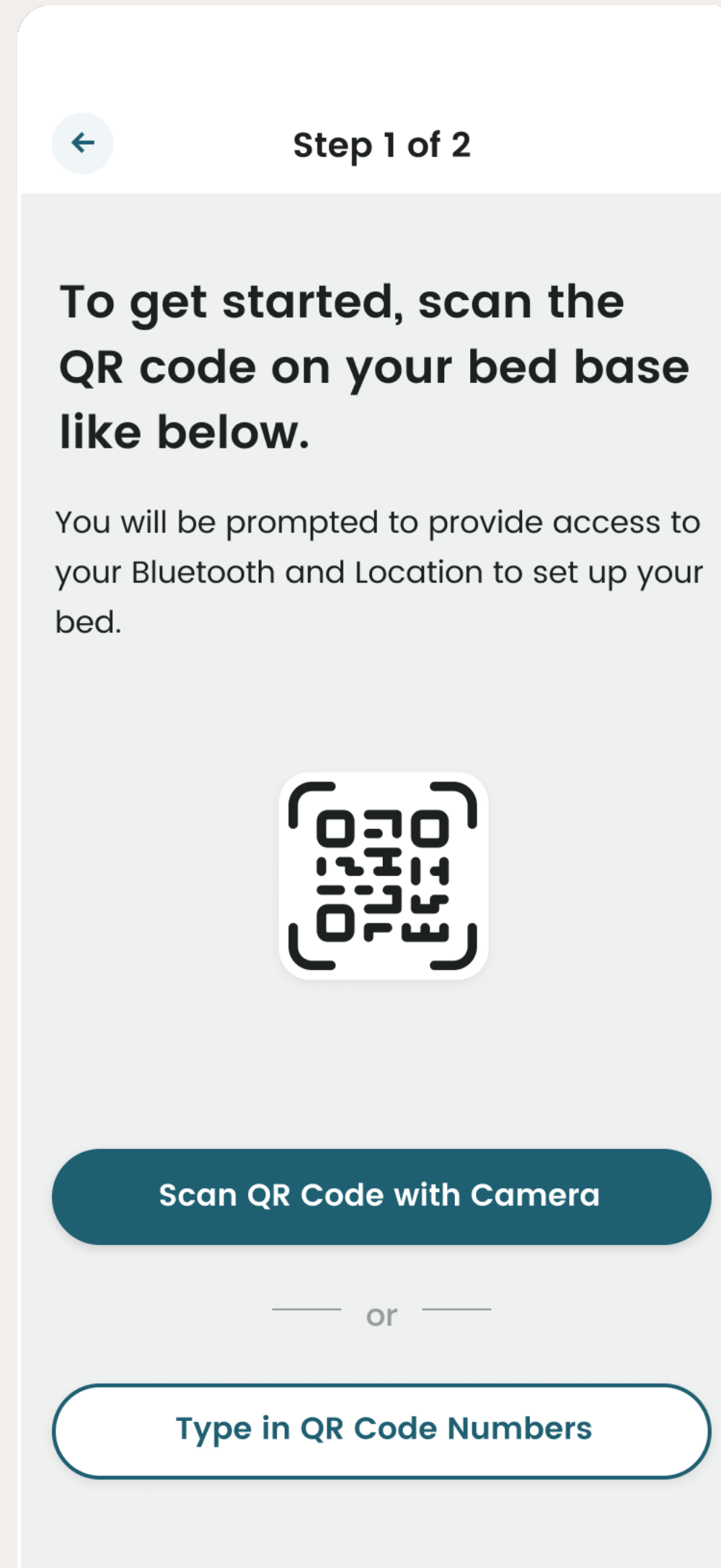


SCAN THE QR CODE

Next you will be prompted to connect to your bed by scanning the QR code located on your bed base.

You will first see a prompt to allow access to your phone's Bluetooth and Location settings. This is needed to bind your connection to the bed.

After, scan with your camera or manually enter the QR code located on your Dawn House bed base.

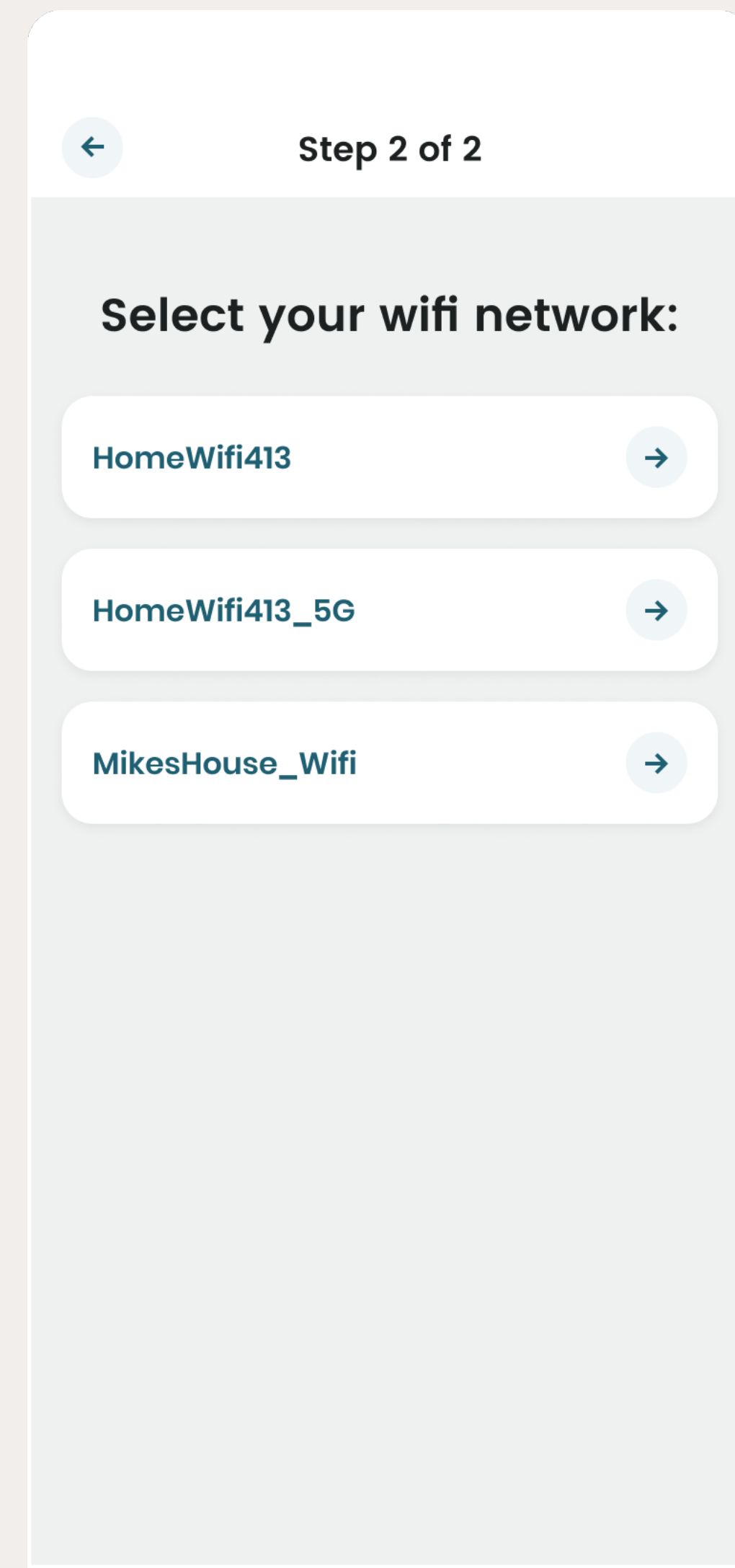
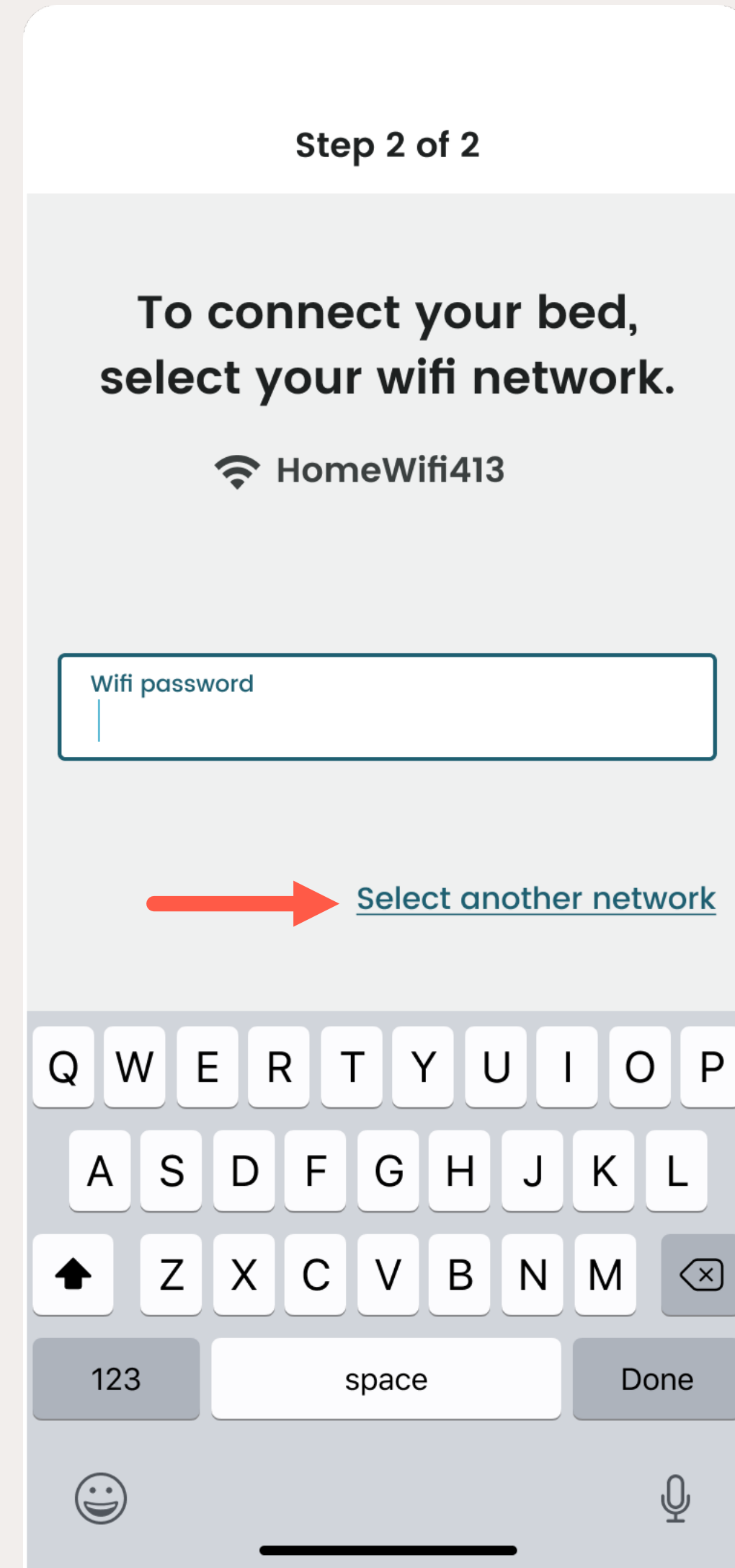


CONNECT TO YOUR WIFI

After you scan the QR code you must enter your Wi-Fi password to complete the connection to your Dawn House bed.

The app will ask for the Wi-Fi password that you are currently connected to.

Please make sure to connect to the Wi-Fi network with the strongest signal in your bedroom. To change the network, tap the “Select another network” link to choose another.



SIGN IN & FACEID

THERE ARE SEVERAL WAYS TO SIGN IN:

1. Email and password
2. Facebook, Google or Apple ID
3. FaceID (iOS users only)

SIGN IN WITH EMAIL ADDRESS

When you open the Dawn House app, use your email and password to sign in.

If you check the box for “Remember Me” you will stay logged in for your future visits and skip the sign in process.

If you have recently updated your app, you may see the Create Account screen. Click the link “Already have an account? Sign In” to be taken to the main Sign In screen.

DAWN HOUSE

Email

Password

Remember me

Sign in

Use FaceID to Sign In

[Forgot your password?](#)

[Create an account](#)

Sign In with Facebook

Sign In with Google

DAWN HOUSE

Email
marie.smith@gmail.com

Password
●●●●●●●●●●

Remember me

Sign in

Use FaceID to Sign In

[Forgot your password?](#)

[Create an account](#)

DAWN HOUSE

Create Account

Start customizing your bed within minutes for free.

Sign up with Email

or

Continue with Facebook

Continue with Google

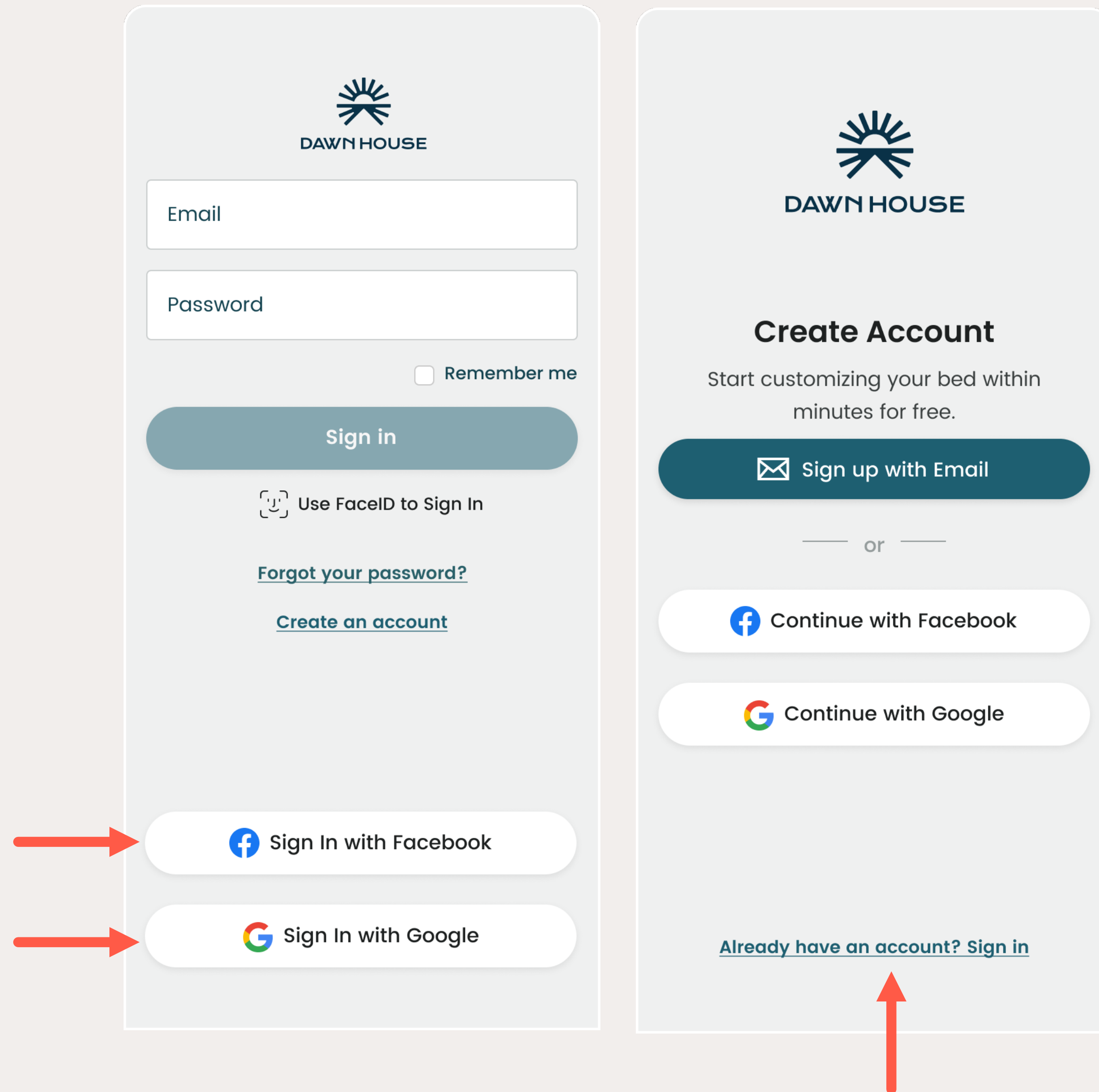
[Already have an account? Sign in](#)

SIGN IN WITH FACEBOOK OR GOOGLE

When you open the Dawn House app, you can select the icon to sign in with Facebook or Google.

You will be automatically directed to your home page after your account has been authenticated.

If you have recently updated your app, you may see the Create Account screen. Click the link “Already have an account? Sign In” to be taken to the main Sign In screen.

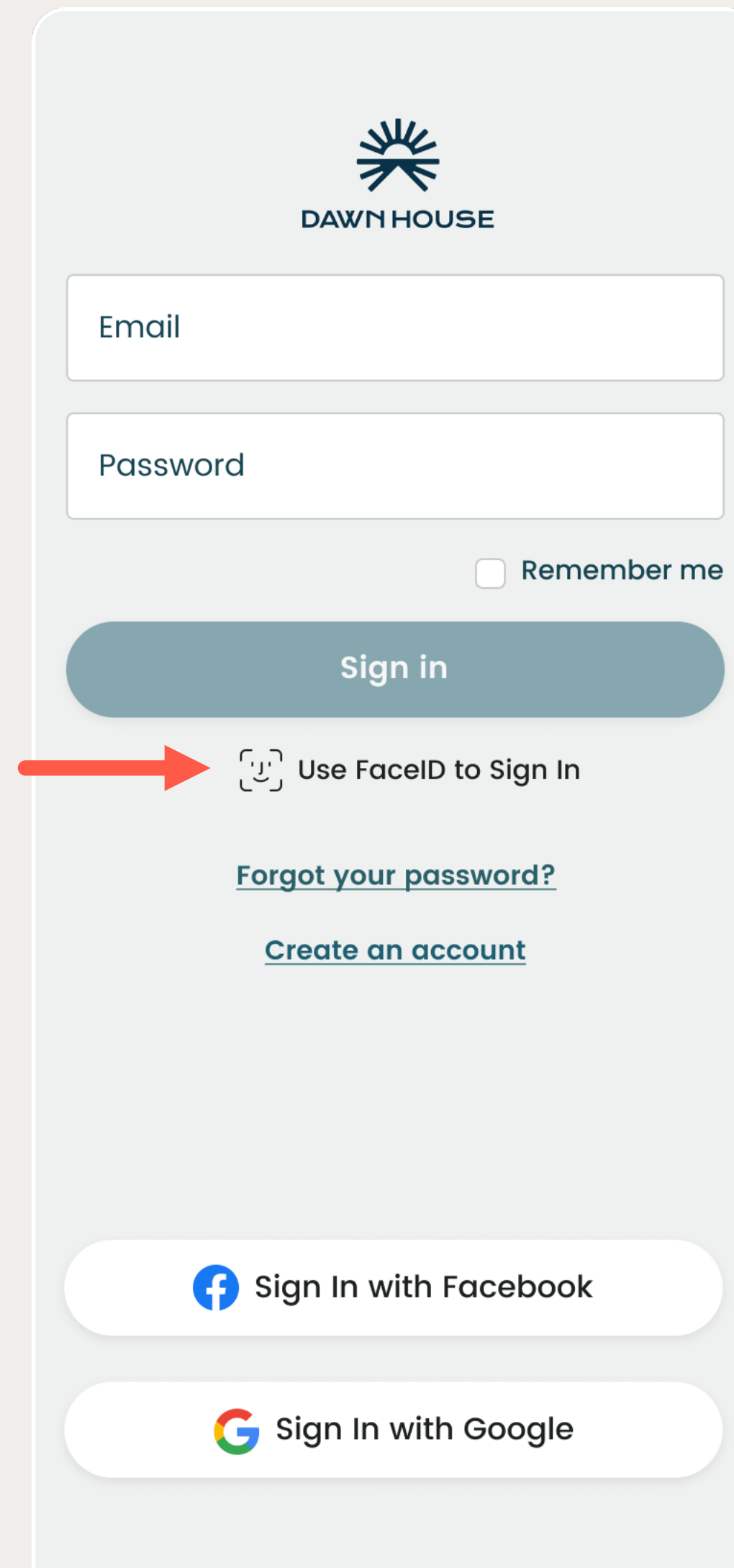


SIGN IN WITH FACEID

You can also choose to sign in with FaceID. Select the link “Use FaceID to Sign In.”

It will open the FaceID prompt where you can grant permission and sign in.

On future visits when you have enabled FaceID, you will be automatically logged in.



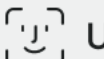
DAWN HOUSE

Email

Password


Remember me


Sign in

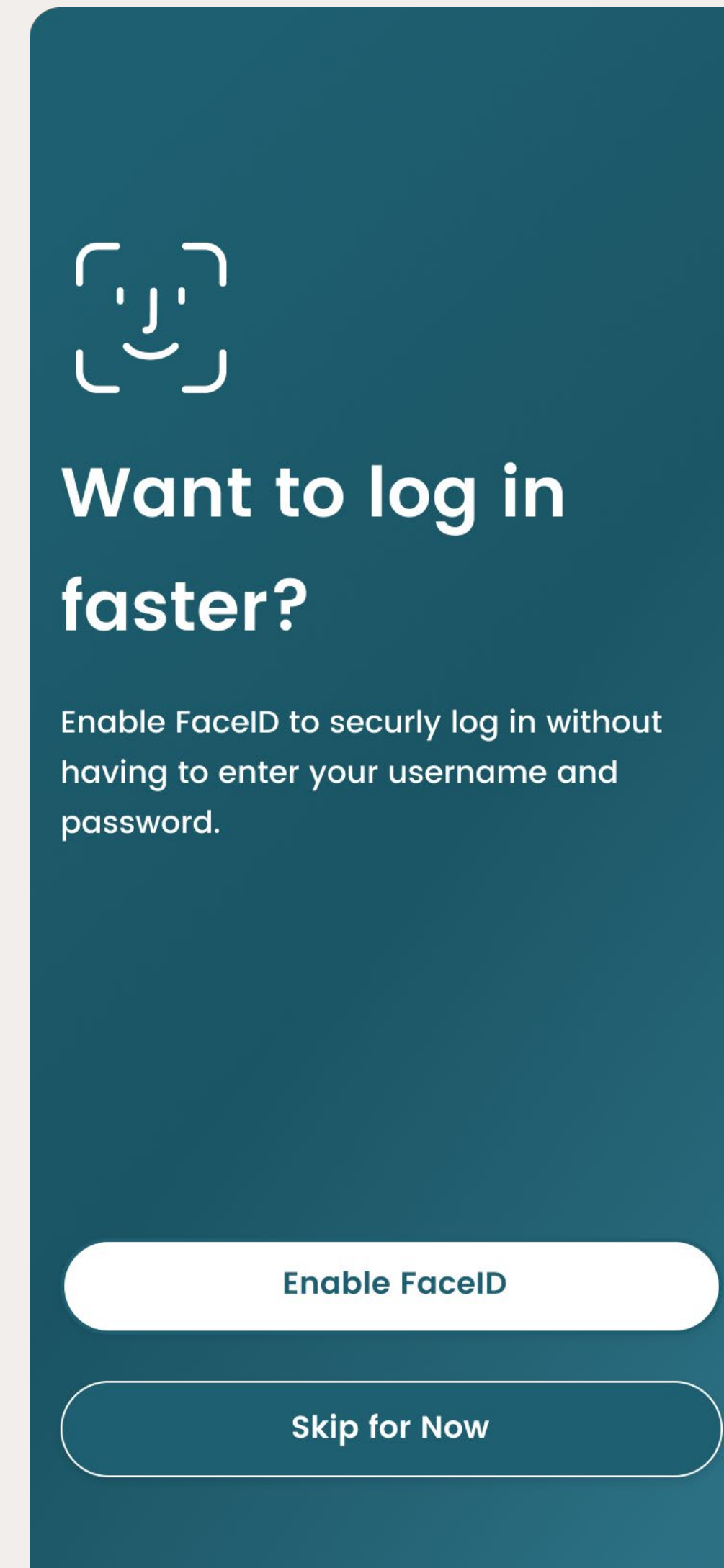
 Use FaceID to Sign In


[Forgot your password?](#)

[Create an account](#)

 Sign In with Facebook

 Sign In with Google



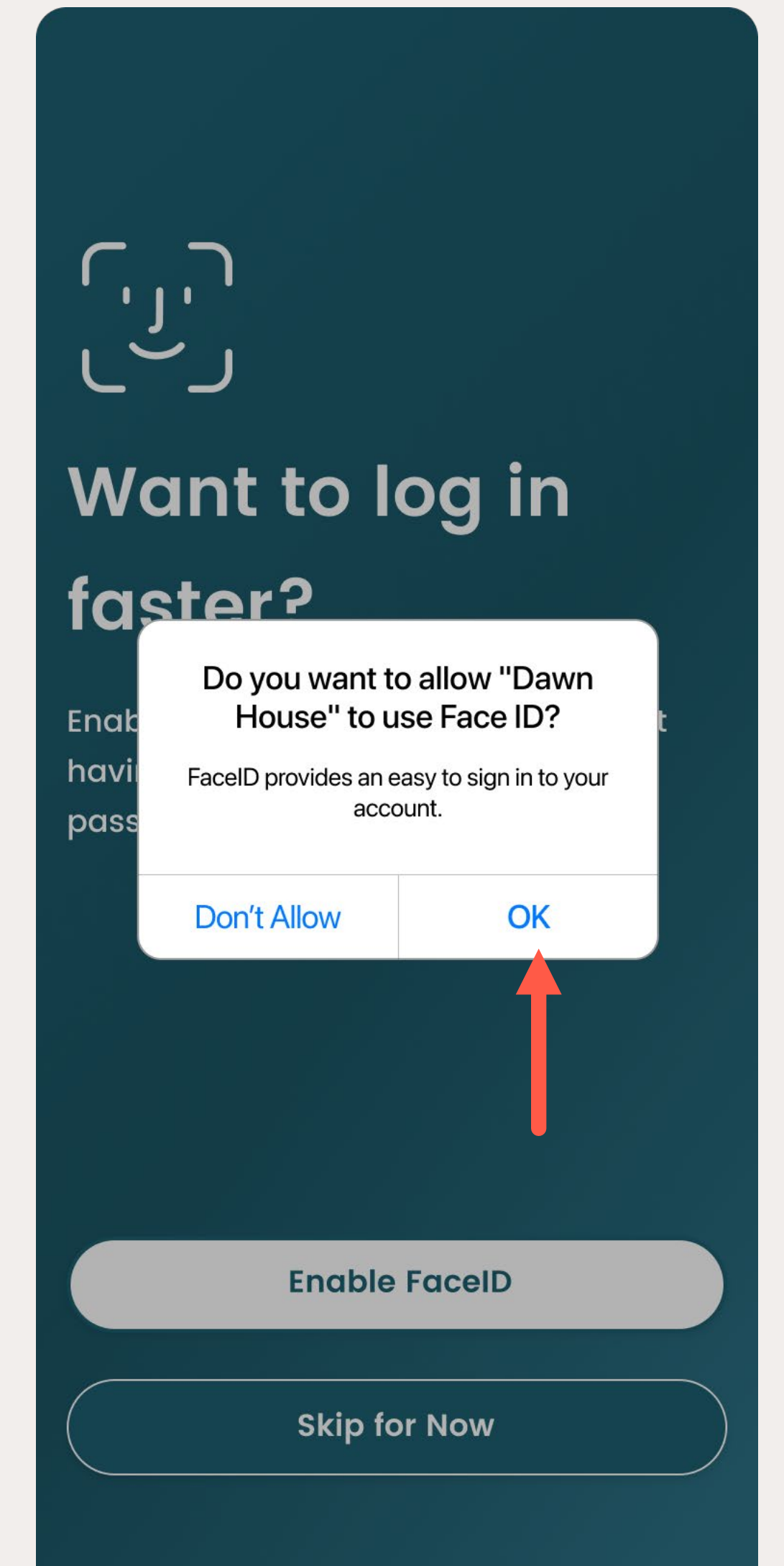



Want to log in faster?

Enable FaceID to securely log in without having to enter your username and password.

Enable FaceID

Skip for Now





Want to log in faster?

Do you want to allow "Dawn House" to use Face ID?

FaceID provides an easy to sign in to your account.

Don't Allow OK

Enable FaceID

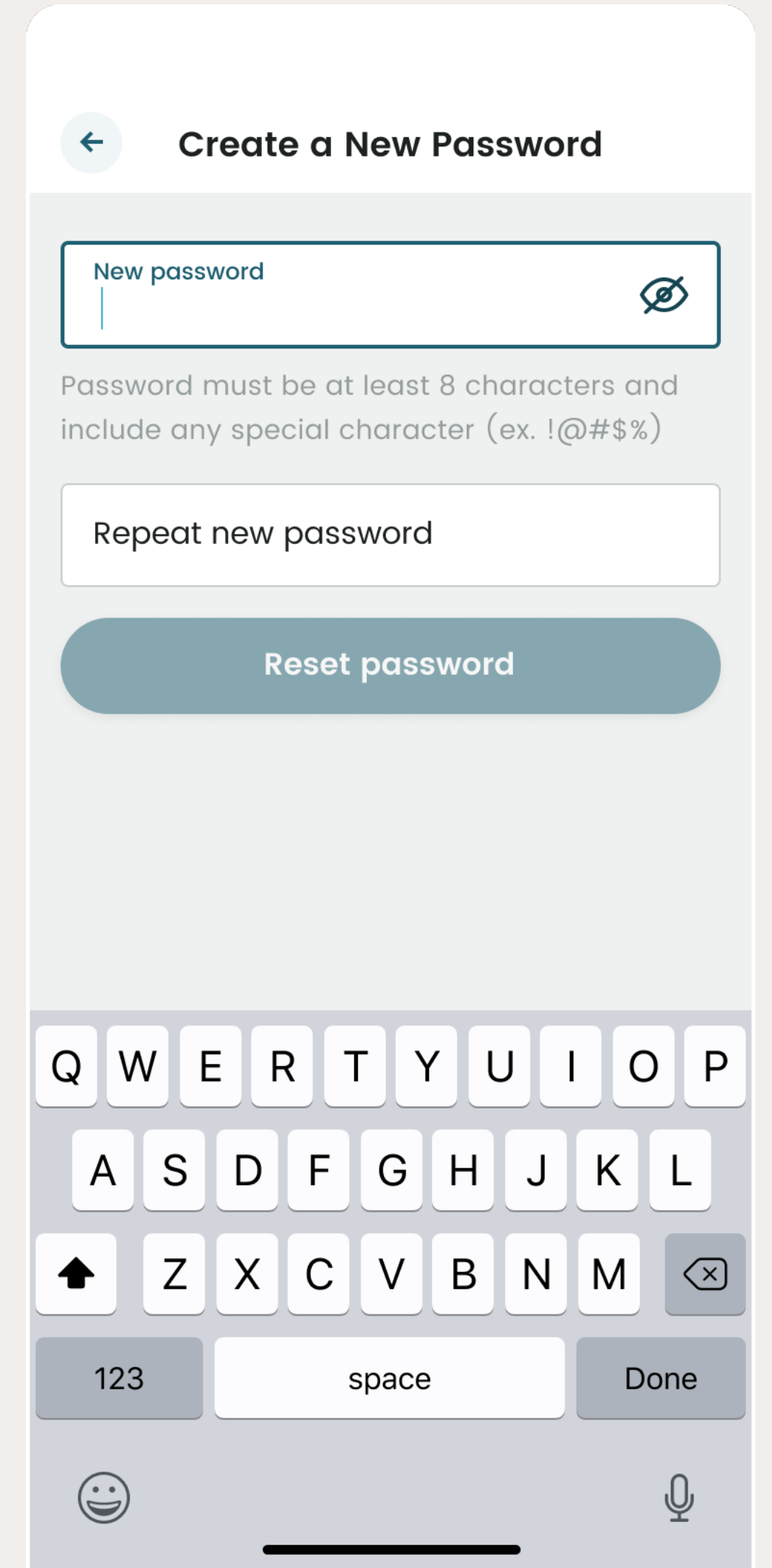
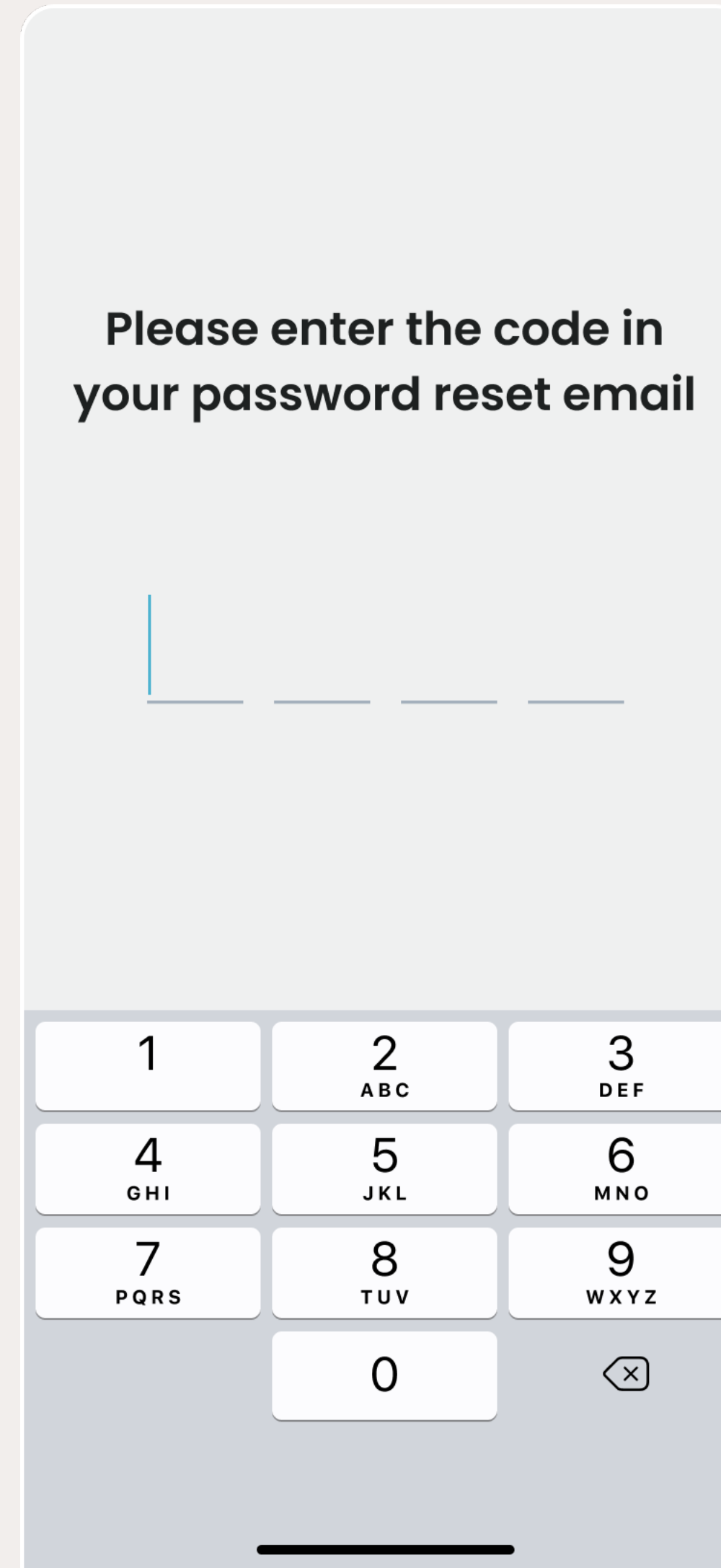
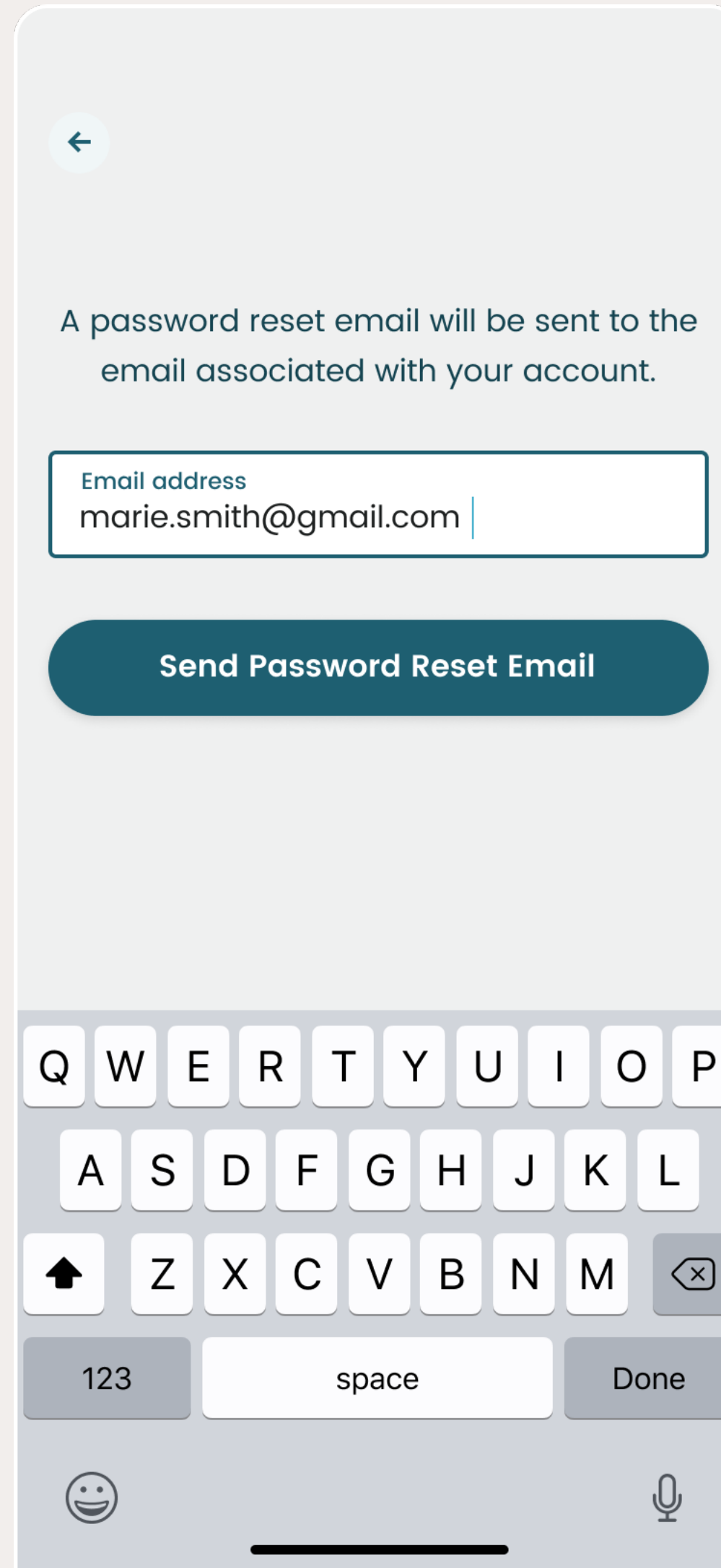
Skip for Now

RESET YOUR PASSWORD

Your password is reset through your email address. If you are having trouble, please contact info@dawnhouseliving.com.

RESET YOUR PASSWORD

1. Click the “Forgot your password?” link to open to start the forgot password process.
2. Enter your email address and Dawn House will send a verification code to your email.
3. Enter the verification code and you will be prompted to create a new password. Your new password must be at least 8 characters and include any special character (ex. !@\$%).



IN—APP REMOTE

You can operate your Dawn House bed with the physical remote or the in-app remote.

Please note: You must use your physical remote to set bed presets.

ACCESS YOUR REMOTE

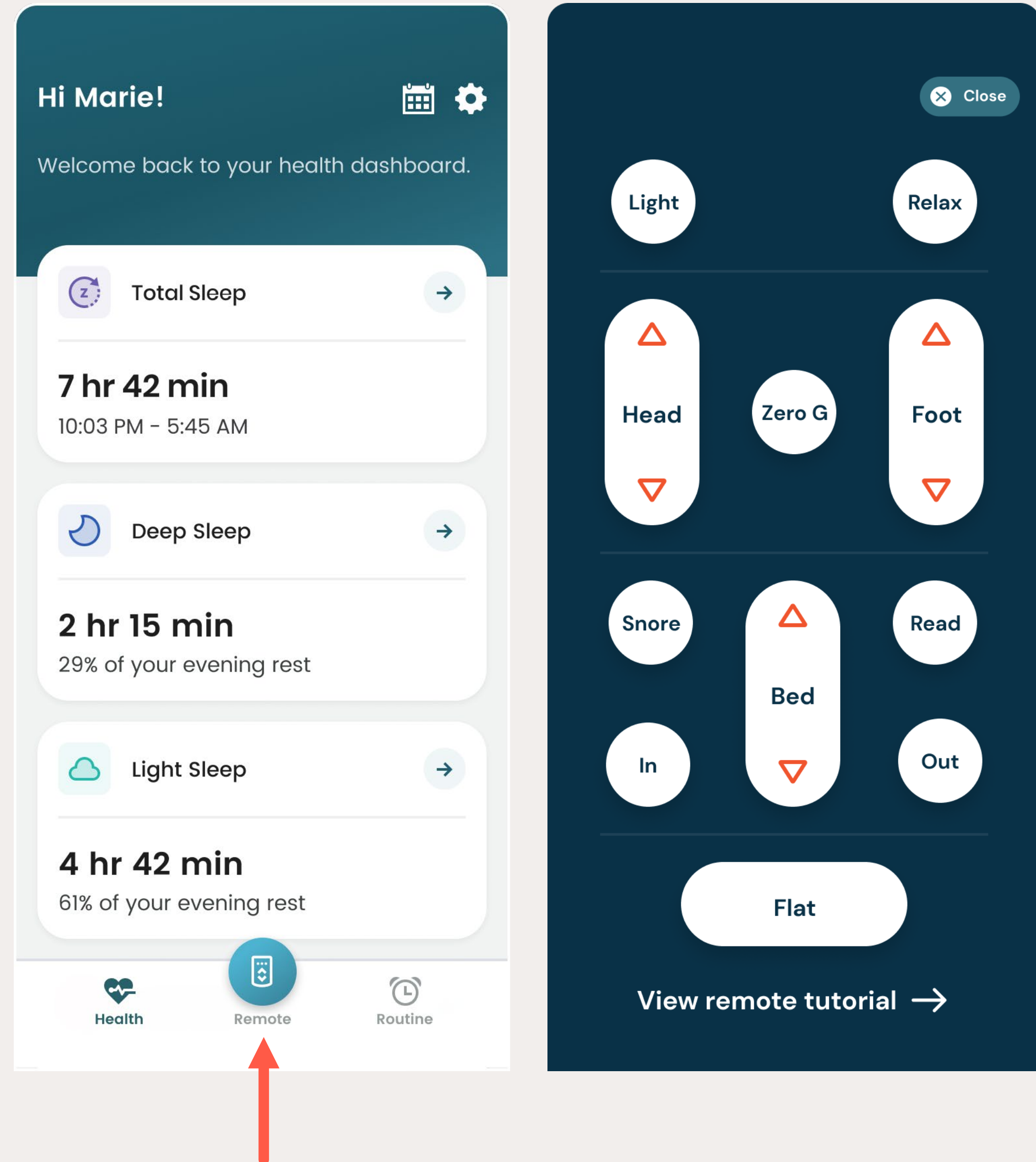
Tap the blue circle button in the bottom navigation to open the in-app remote. This will enable you to control your bed from your phone.

Here you can use the in-app remote to operate your bed. To close the remote, select the “Close” button in the top right.

For more help, you can open the in-app remote tutorial from the link “View remote tutorial →”

Or if you prefer, you can reference the One Page Remote Cheat Sheet that came with your bed, or view the full Remote User Guide below:

www.dawnhouse.com/linkhere



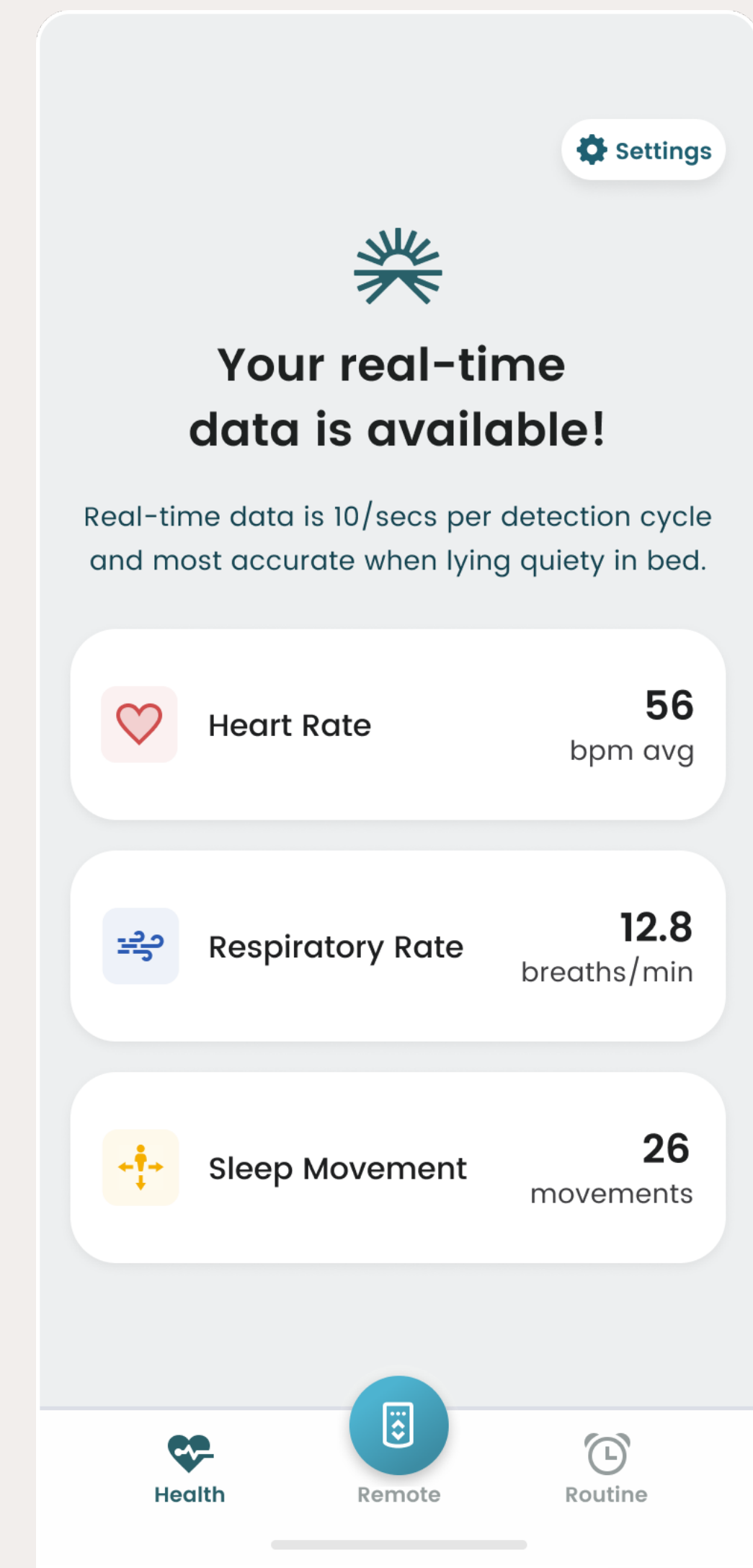
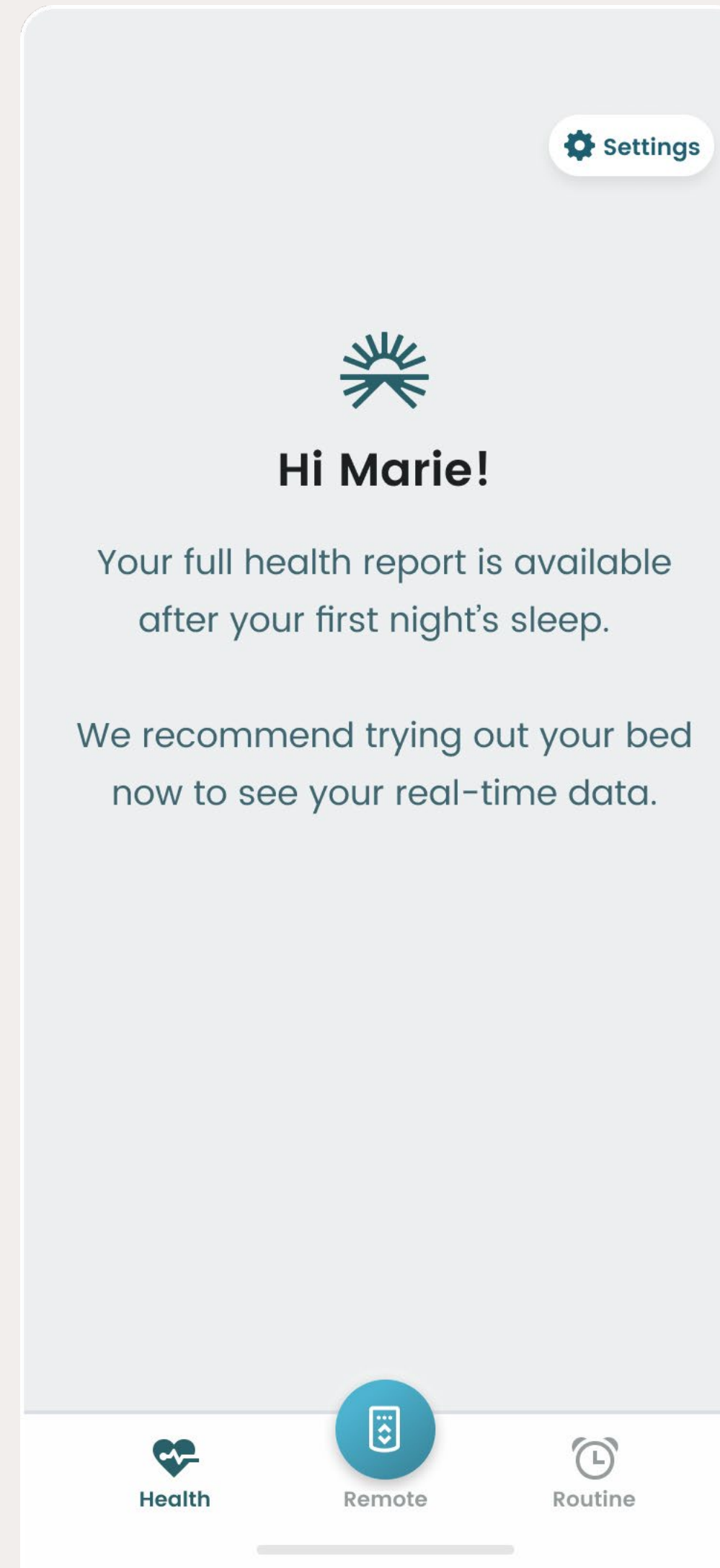
HEALTH HOME SCREEN

Once you into log into the Dawn House app, you will be automatically redirected to the Health Home Screen. Your view here will change with each night of rest.

YOUR HEALTH HOME SCREEN: FIRST VISIT

When you first set up the Dawn House app you can lay down and test out your bed and see the real-time data metrics for your heart and respiratory rate.

Your health dashboard will grow and change as additional data points are collected.

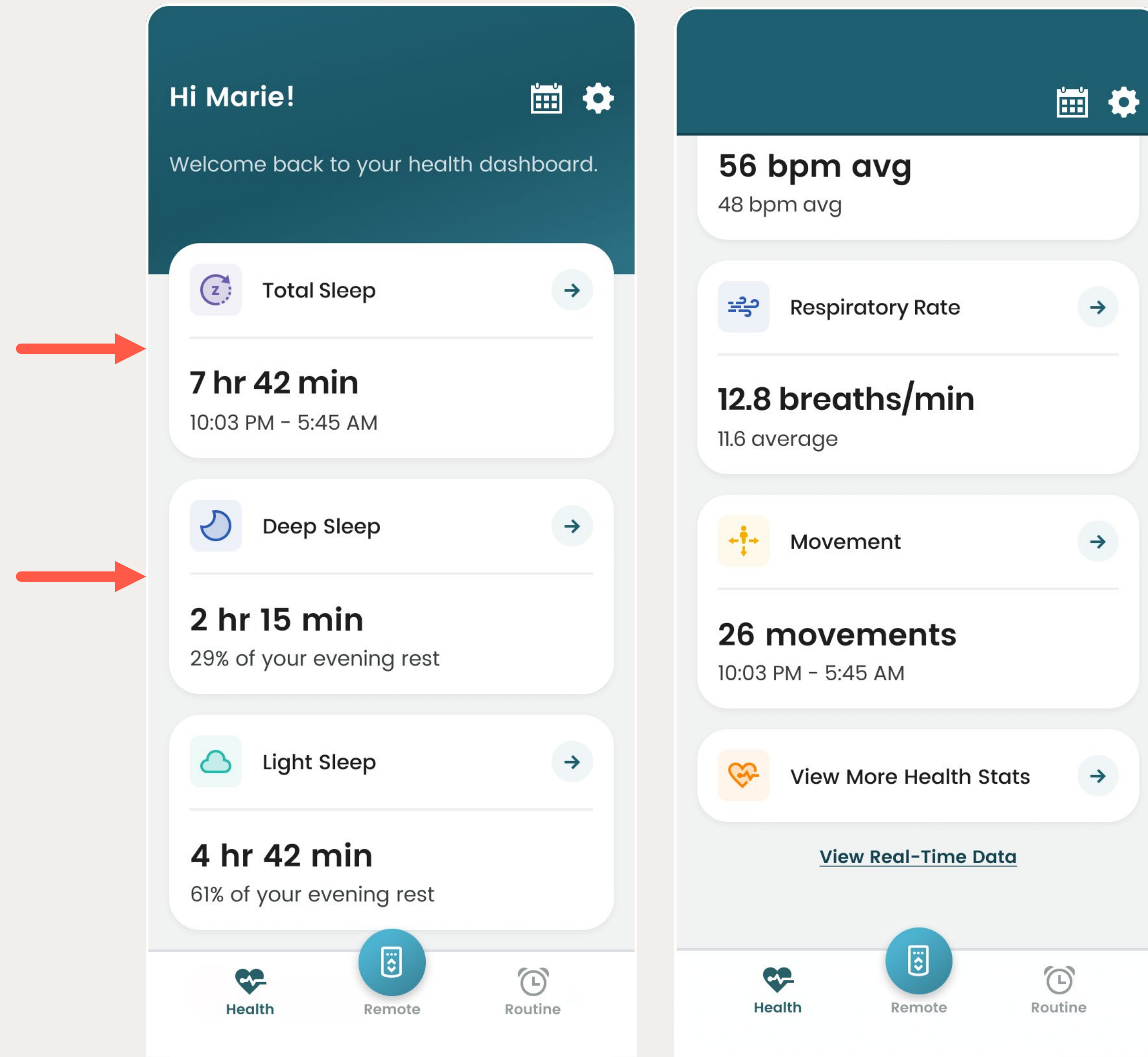


YOUR HEALTH HOME SCREEN: SLEEP REPORT

Your Dawn House Bed includes state-of-the-art in-home wellness monitoring that measures key aspects of your sleep cycle and other important.

After your first evening's rest, your sleep report will be generated. With time, you be able to identify patterns and help manage your health.

Click on any health card to see more details about this specific health metric.

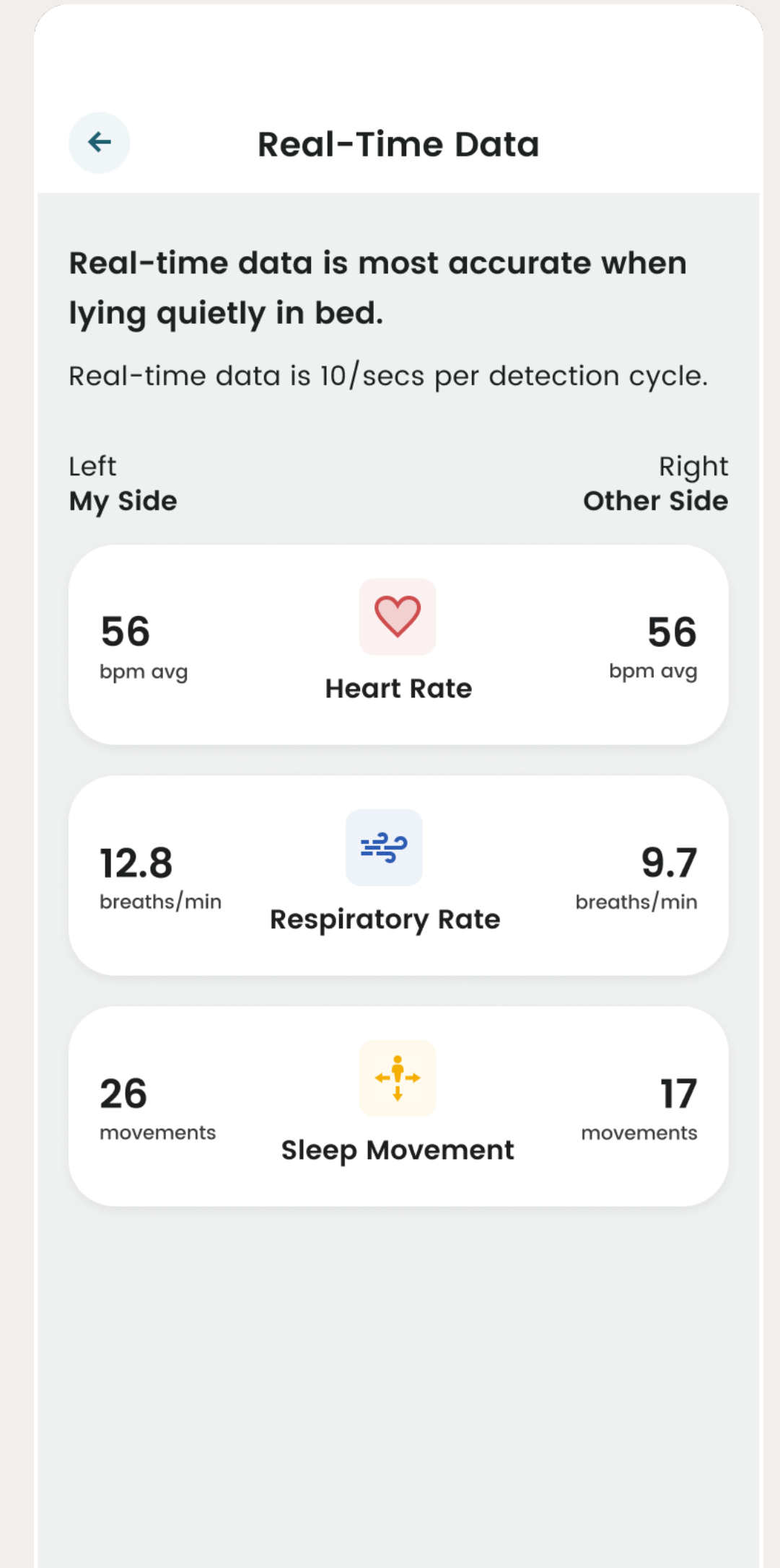
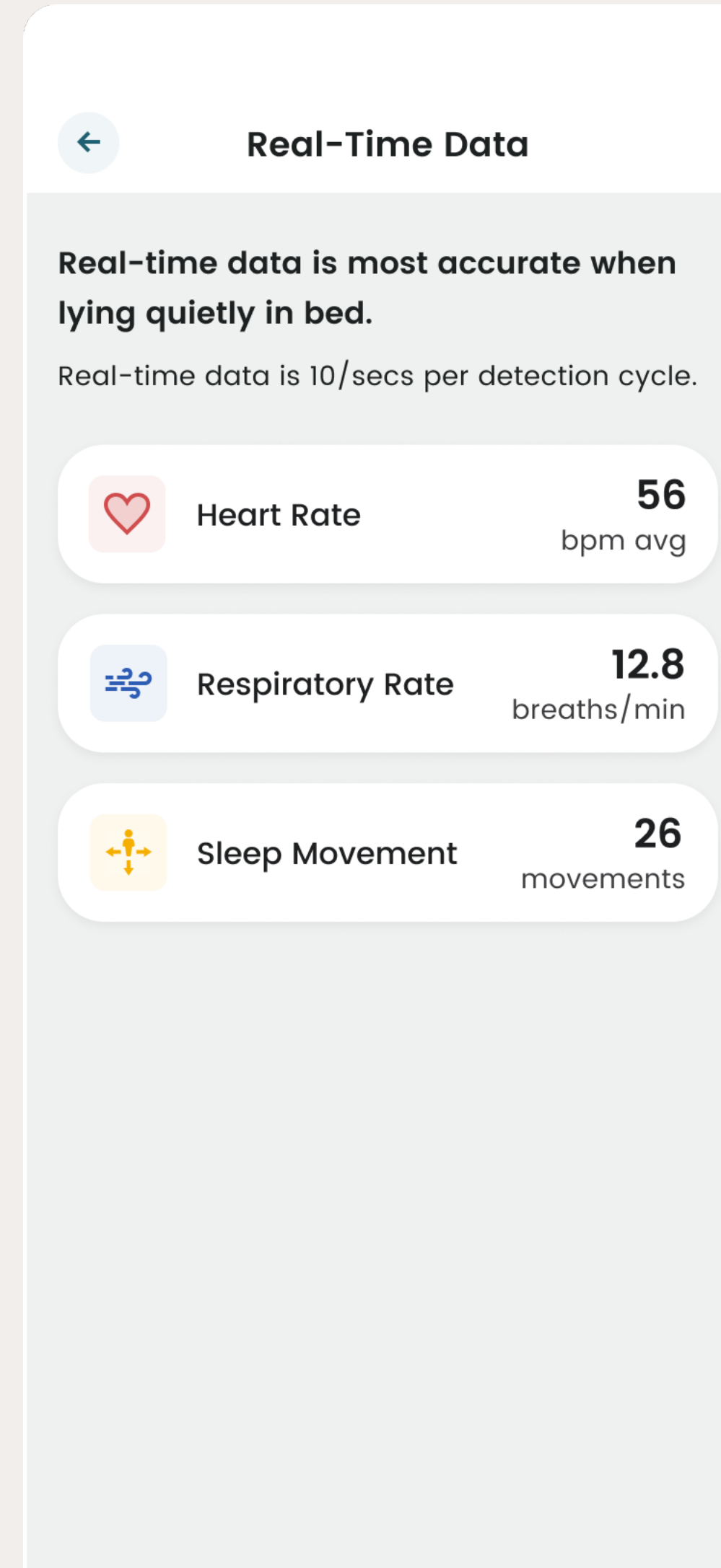
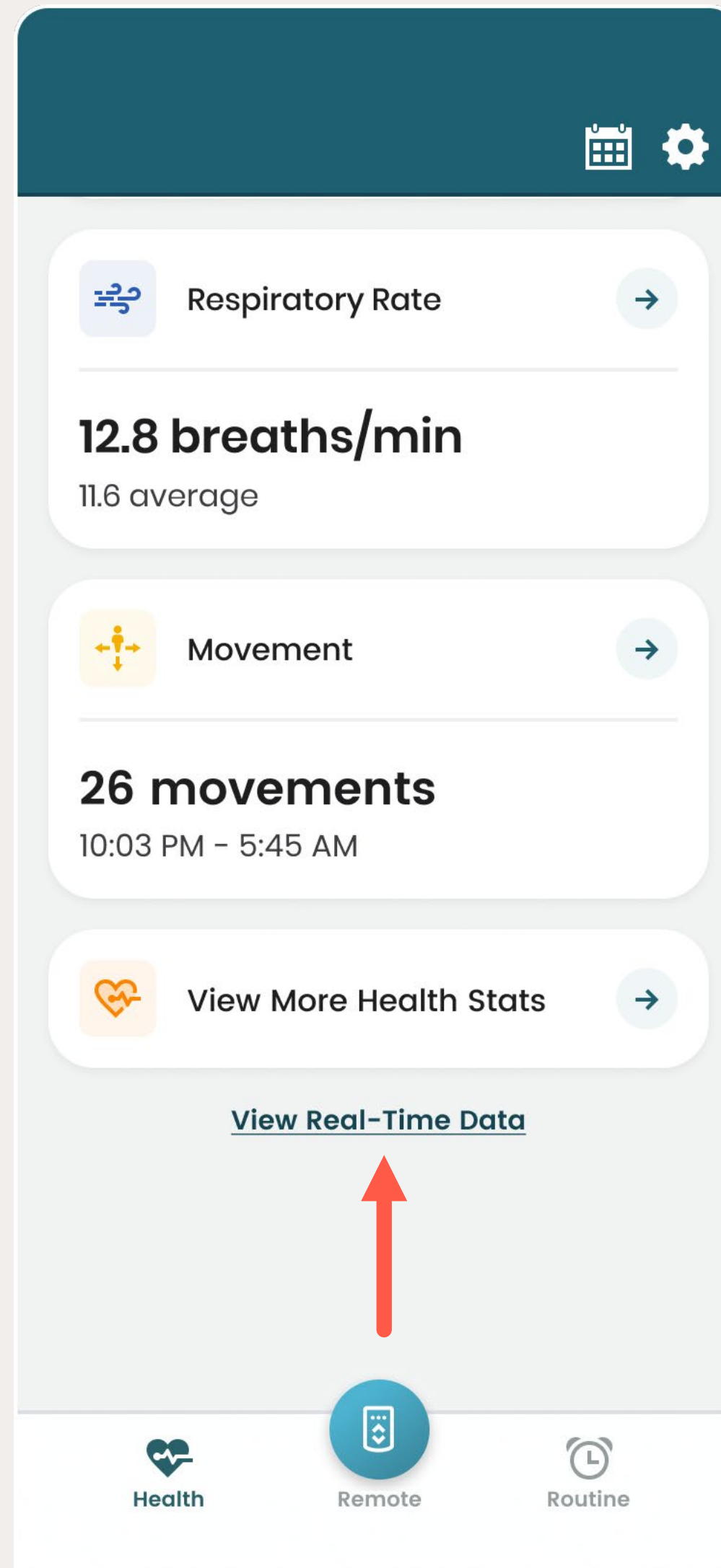


YOUR HEALTH HOME SCREEN: REAL-TIME DATA

Scroll to the bottom of your sleep report and select the link for “View Real-Time Data.”

If you are seated on your bed, you will see the real-time metrics for your heart and respiratory rate.

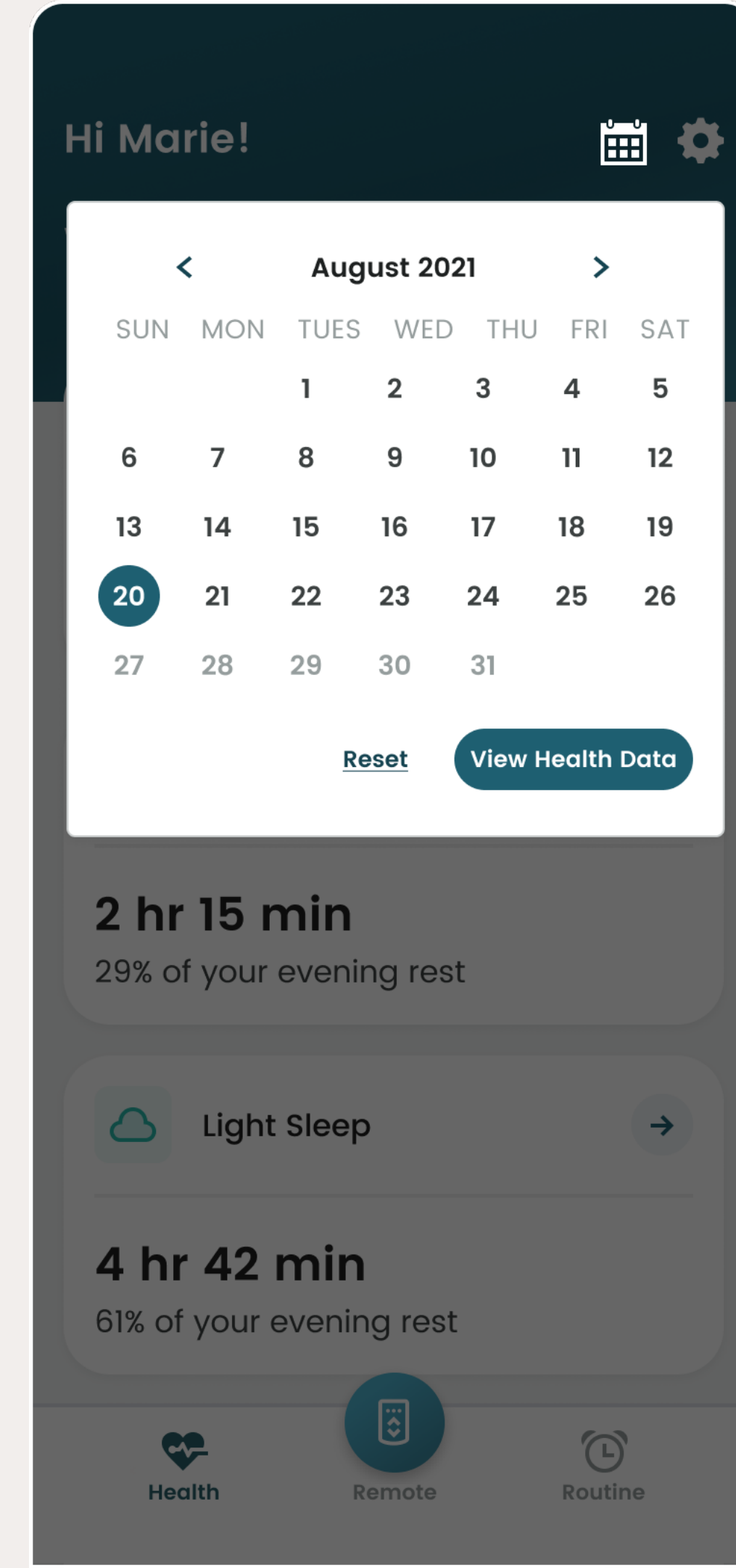
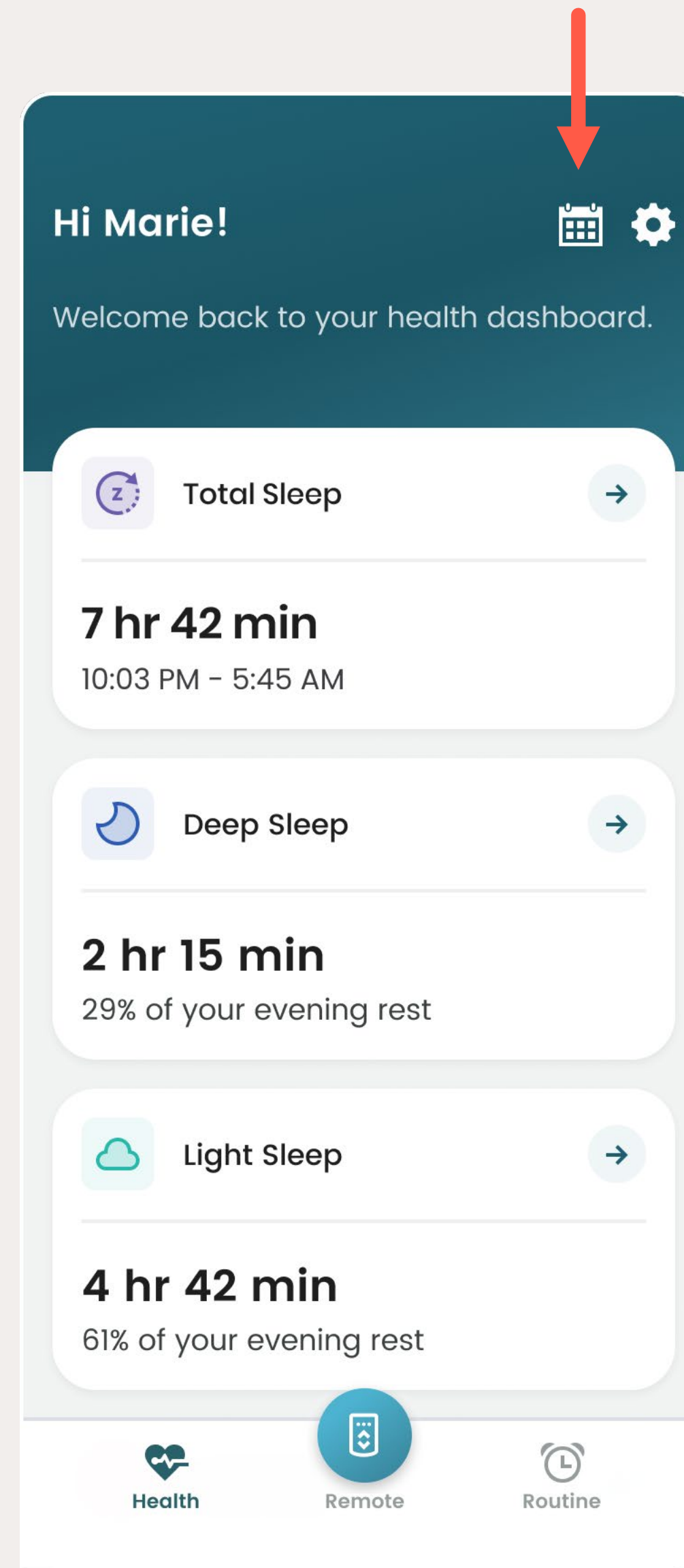
If your bed has only been authorized to you, you will only see your real-time metrics. If your bed has been authorized to your partner, you will see real-time data for both of you.



CALENDAR: VIEW PAST HEALTH METRICS

To view historical Sleep Reports, click the Calendar icon in the top right of the main Health Home screen.

This will open the calendar view. Use the < > arrows to navigate through the dates to select another date you will like to view data for. Then select “View Health Data.”



HEALTH DATA

The Dawn House app gives you access to vital health indicators generated while you rest. Each morning you will be able to access a Sleep Report sharing information about your sleep quality and duration, heart rate, respiratory rate, and more.

To access, tap on any of the white cards from the main Health Home Screen.

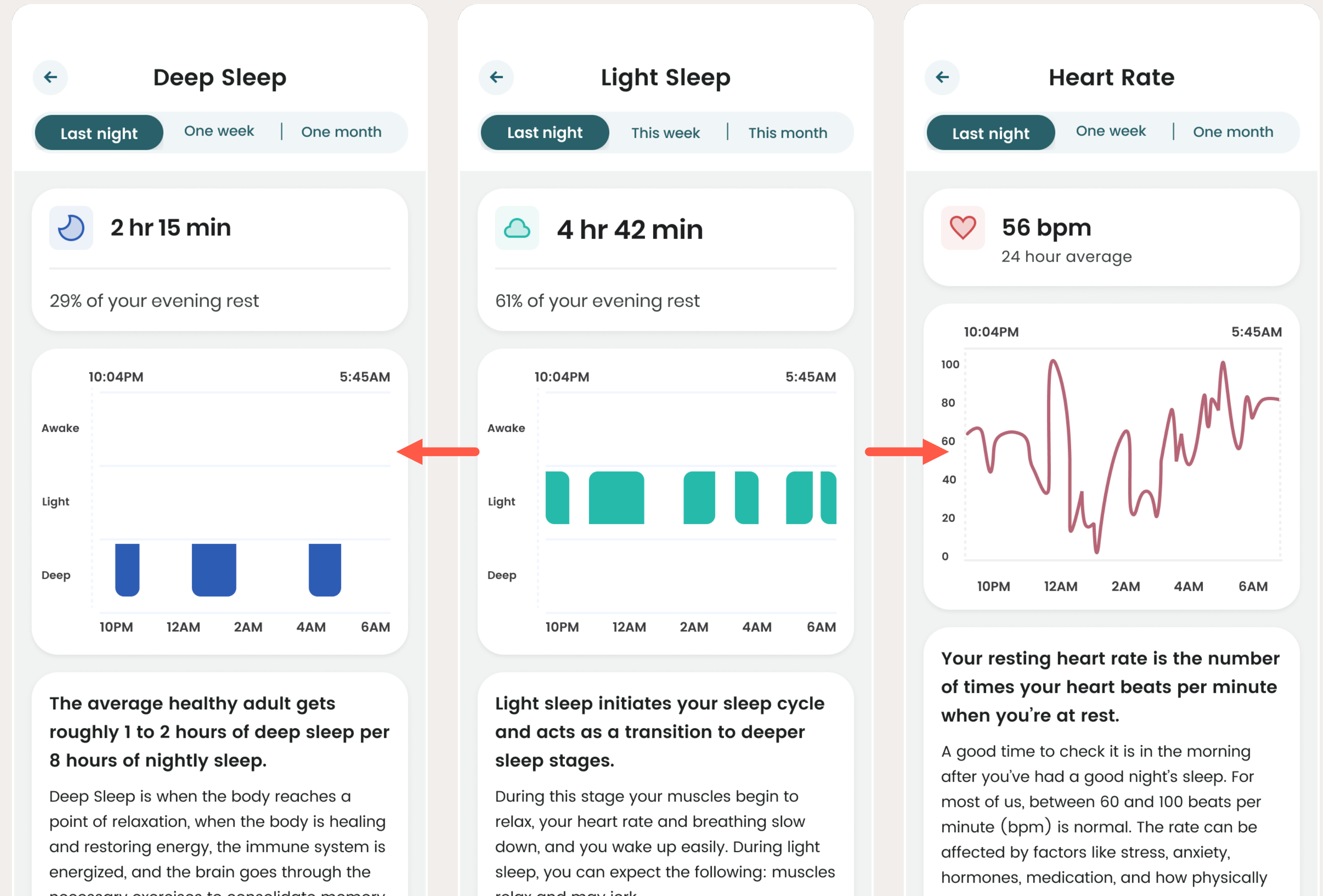
HEALTH

DATA POINTS

Your health data includes:

- Total, Deep & Light Sleep
- Heart Rate
- Respiratory Rate
- Snoring
- Movement
- More Health Stats

To navigate between your health data, swipe the screen left or right.



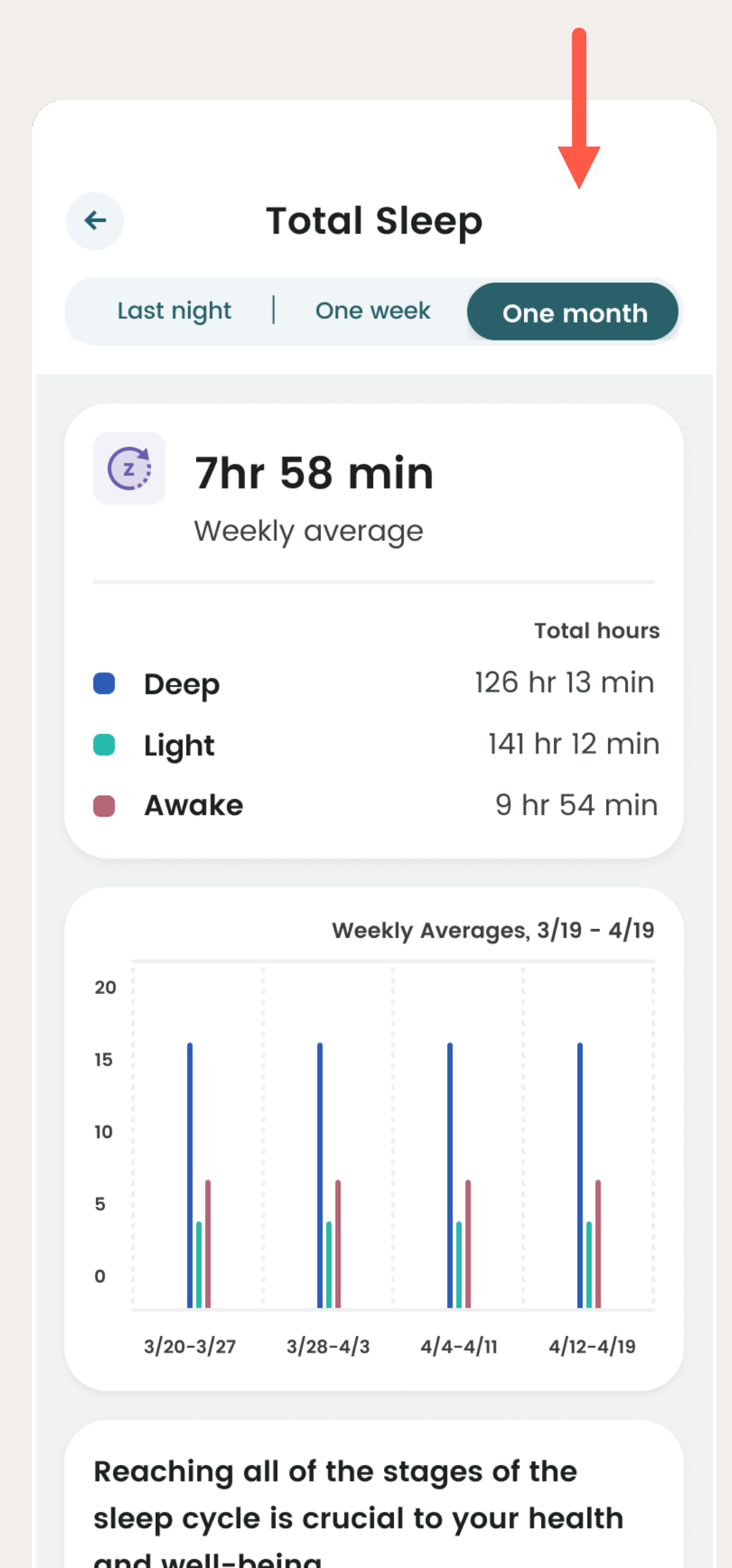
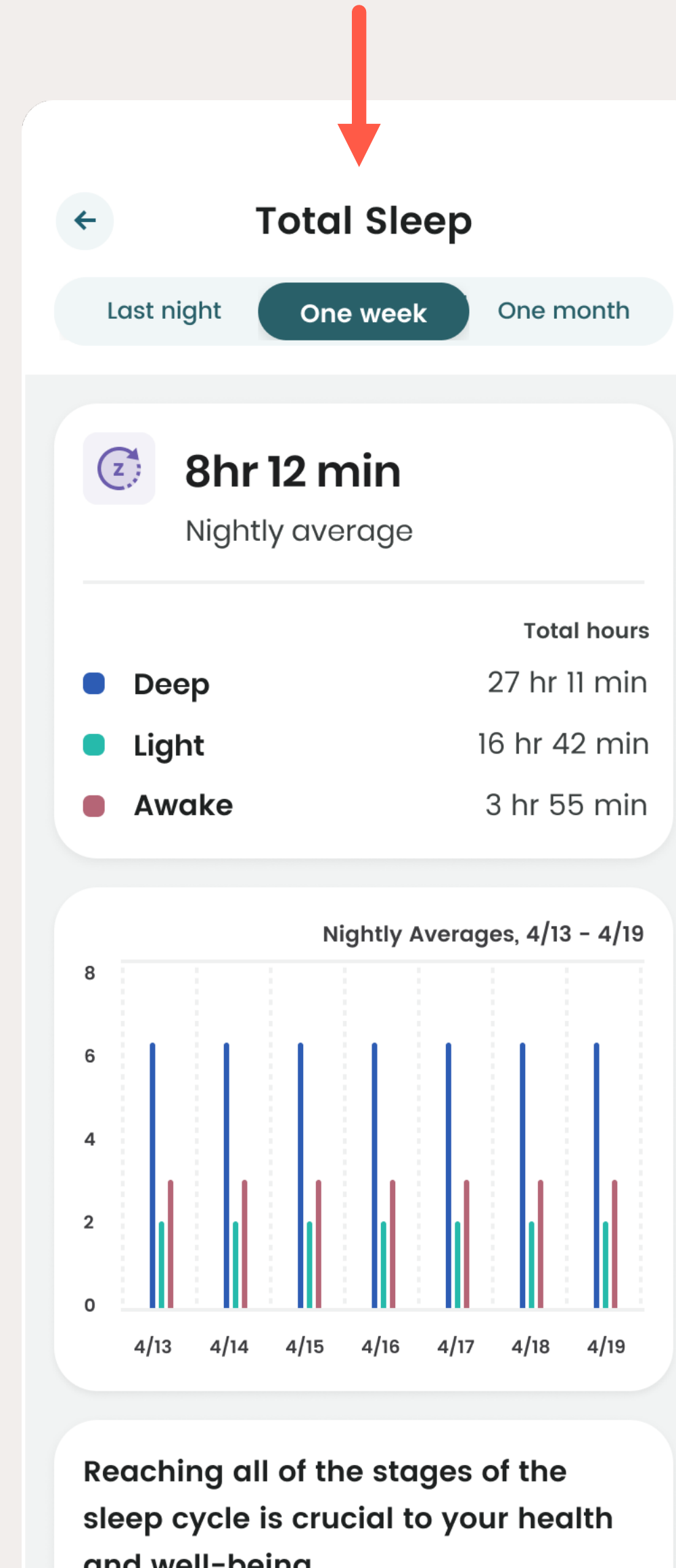
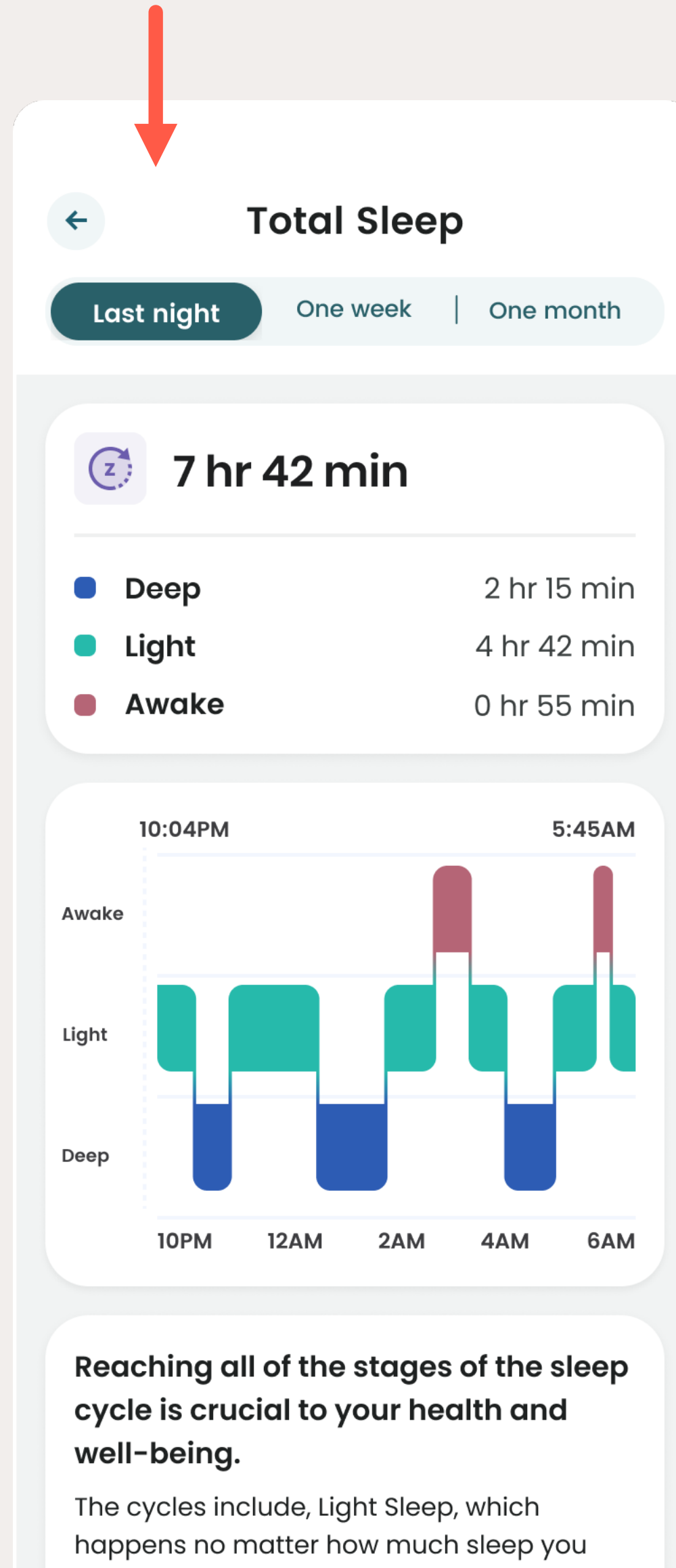
DAILY, WEEKLY & MONTHLY VIEWS

All of your important Sleep Report metrics are organized into weekly and monthly charts to make it easy to see trends and make adjustments as needed.

By default, you will see the Sleep Report metrics collected from the previous evening.

To view your weekly data trends, select “One Week.”

To view your monthly trends, select “One Month.”



ROUTINES

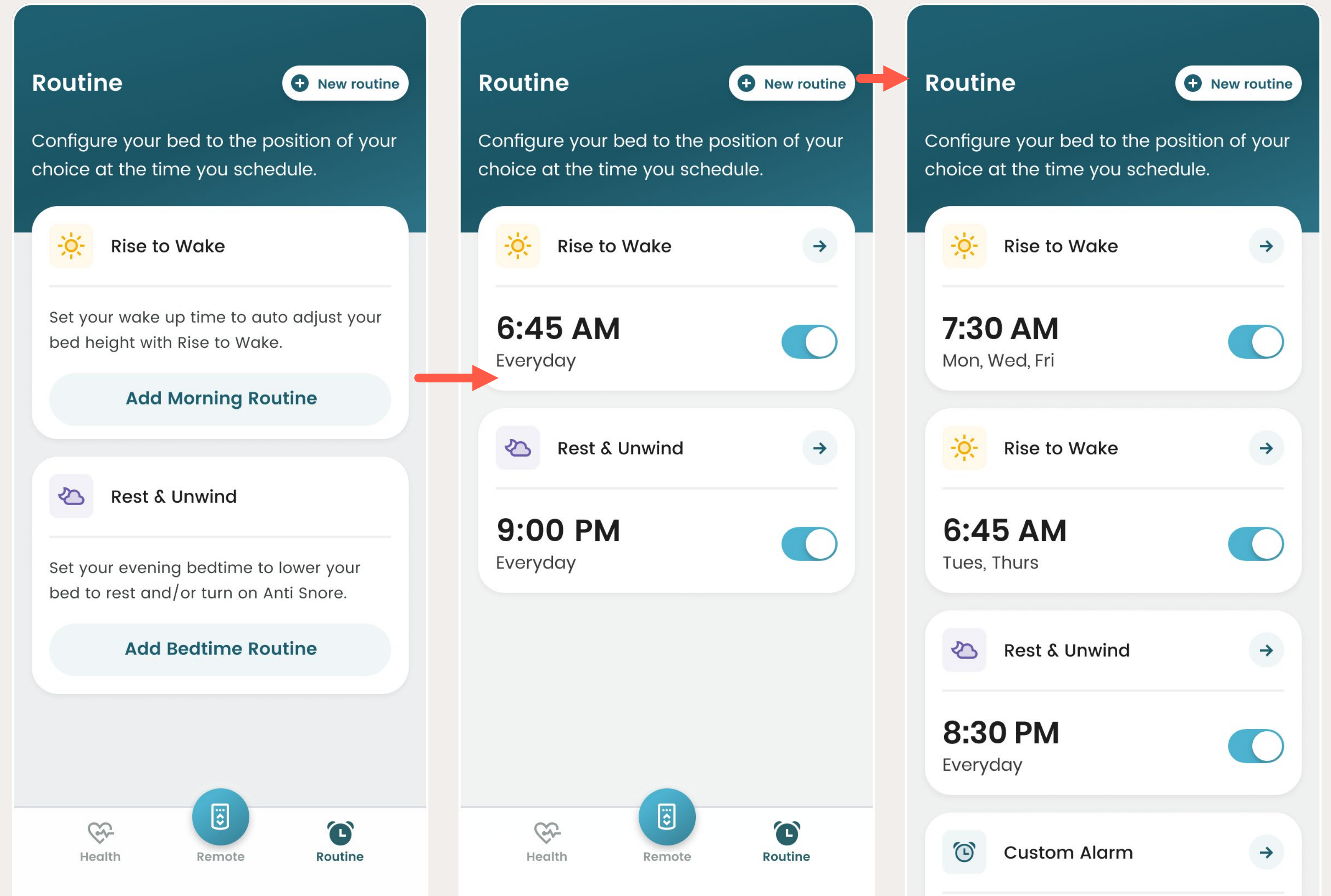
With the Dawn House app, you can set up the “Rise to Wake” morning routine or the “Rest & Unwind” evening routine. [More language here.](#)

YOUR ROUTINE HOME SCREEN

The Routine screen is accessed by selecting the clock icon in the bottom right of the navigation bar.

Here you can set up morning or evening routines for your Dawn House bed to automatically shift into the position of your choice at the time you schedule.

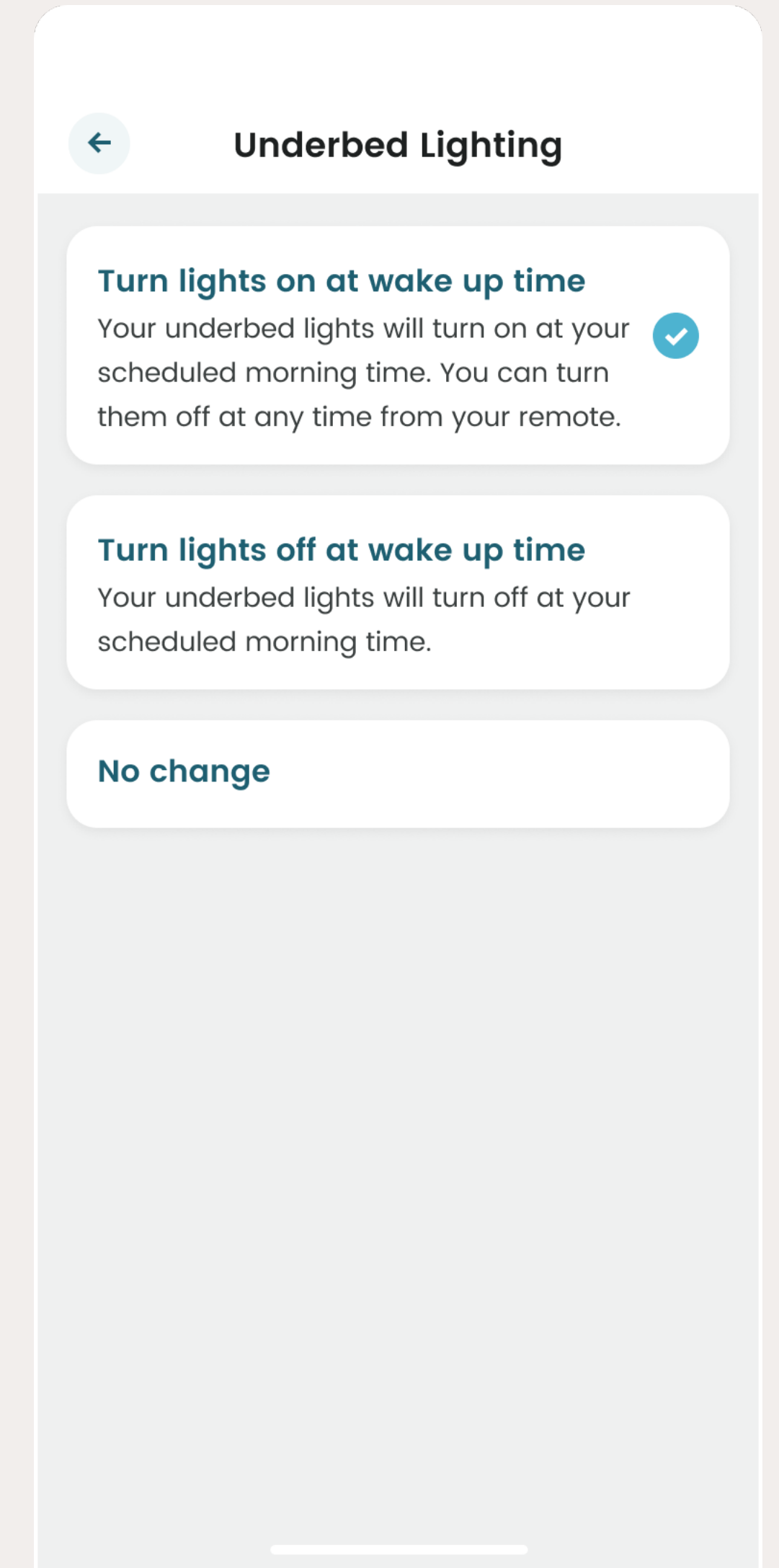
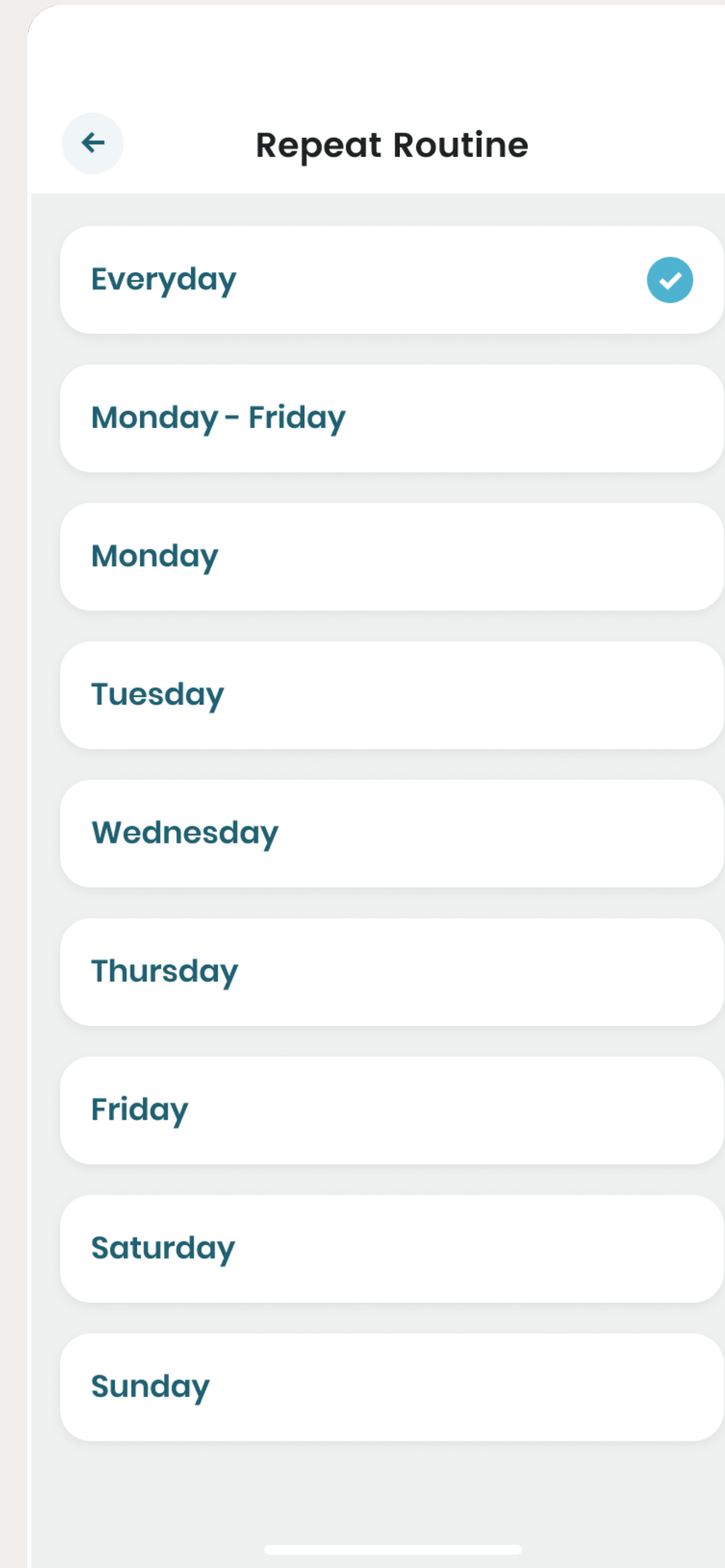
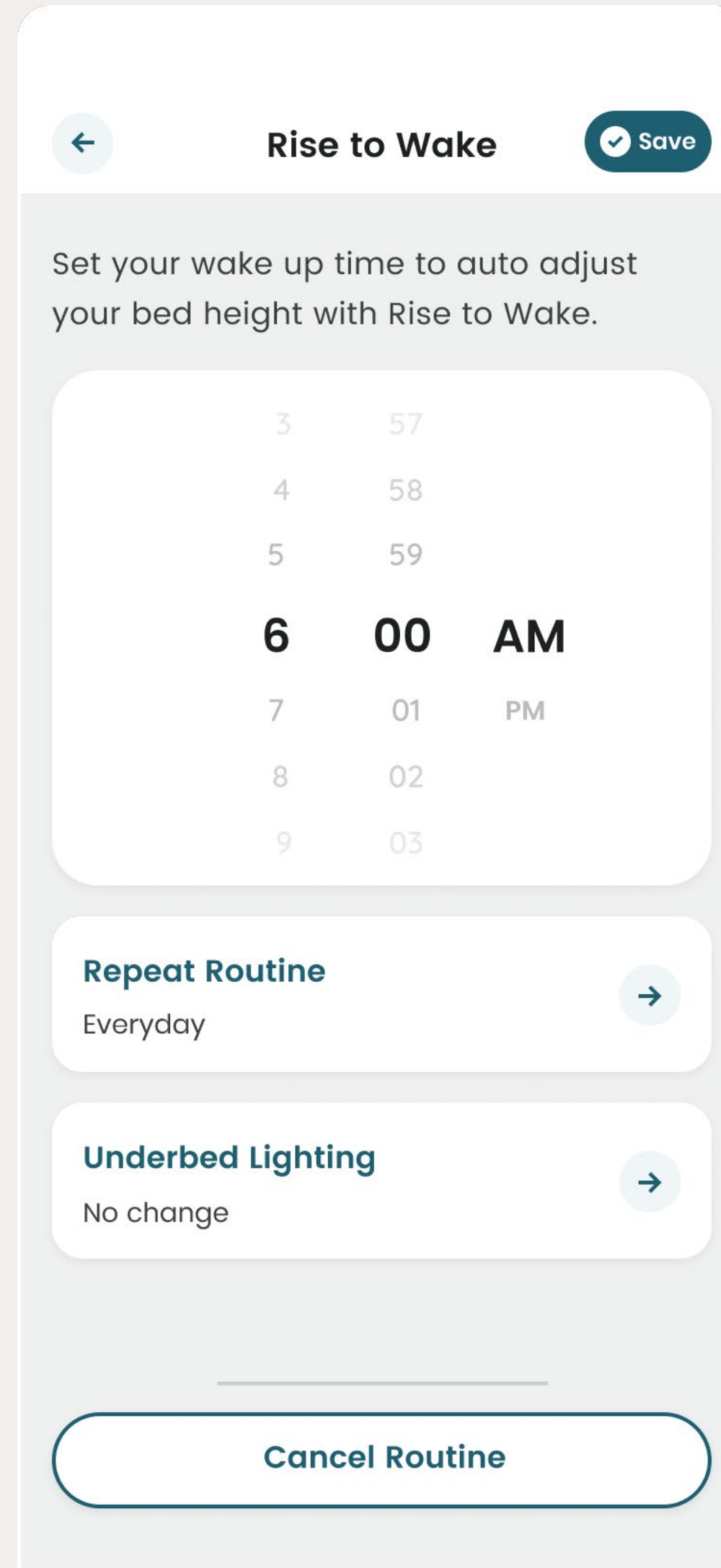
You can also turn on or off your underbed lighting at the scheduled time and auto correct your position when snoring is detected during sleep.



RISE TO WAKE

Whether you're up with the sun or like to sleep in, the Dawn House Bed can gently elevate your head at an appointed hour, easing you into your new day with "Rise to Wake". To set your routine:

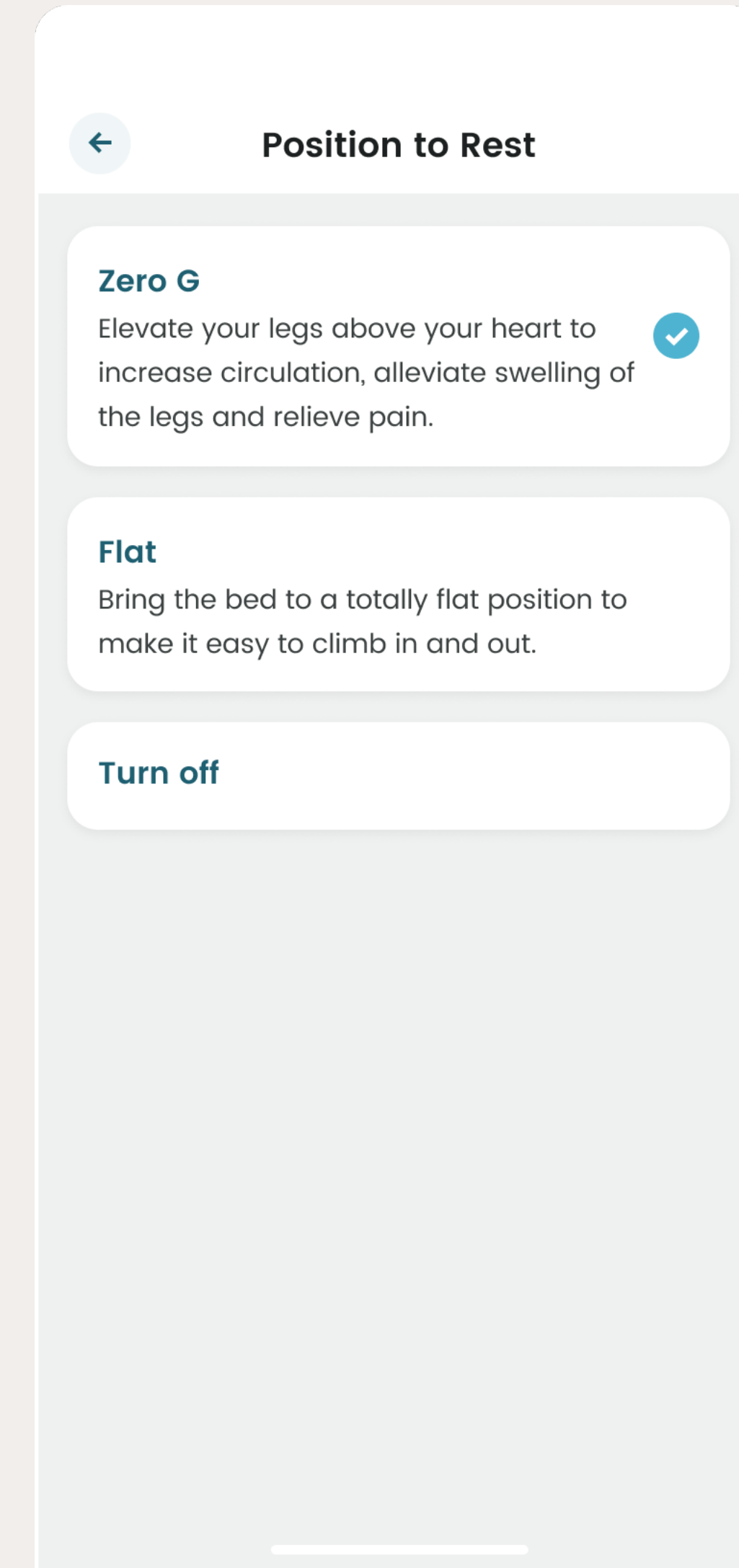
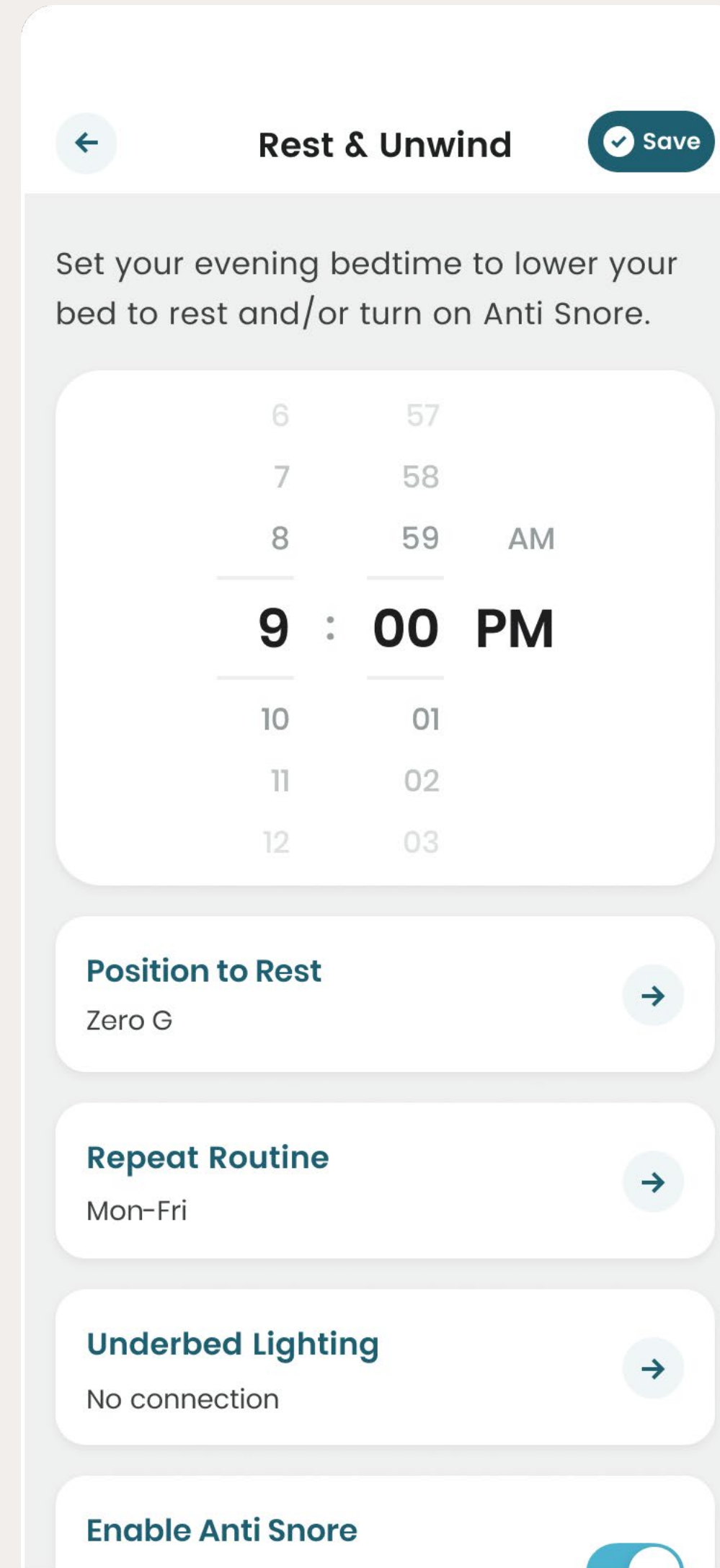
1. Set Your Wake Up Time: Use the timer wheel to select.
2. Set the Routine Frequency: Tap the "Repeat Routine" card to open and select how often you want to repeat this routine.
3. Turn Underbed Lighting On/Off: If you wish you can turn your underbed lighting on or off at the time of your routine. Select "No change" if you do not want to adjust the underbed lighting.



REST & UNWIND

Establish an evening routine with “Rest & Unwind.”
To set your routine:

1. Set Your Bedtime: Use the timer wheel to select.
2. Set Your Bed Position: Tap the “Position to Rest” card to set your bed position
3. Set the Routine Frequency: Tap the “Repeat Routine” card to open and select how often you want to repeat this routine.
4. Turn Underbed Lighting On/Off: Turn your underbed lighting on or off at the time of your routine. Select “No change” if you do not want to adjust the underbed lighting.
5. Enable Anti-Snore: Turn anti-snore on or off. When on, sophisticated sensors detect the onset of snoring and gently raise the head to promote more restful sleep.

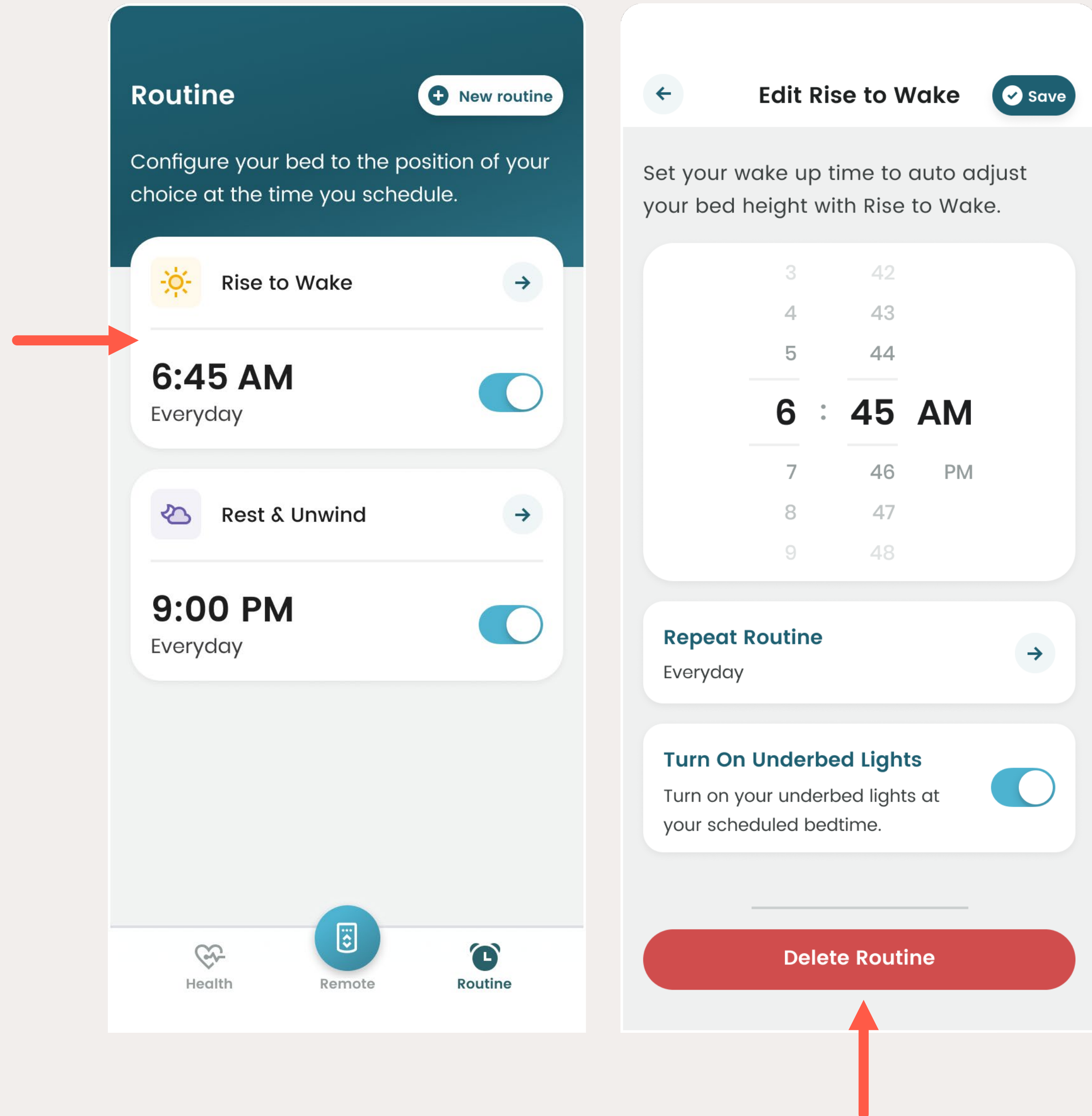


EDIT OR DELETE A ROUTINE

If you want to make changes or delete one of your routines, tap the routine card on the main page to open to the details.

Here you can make changes then select the “Save” button.

To delete a routine, tap on the button for “Delete Routine.”



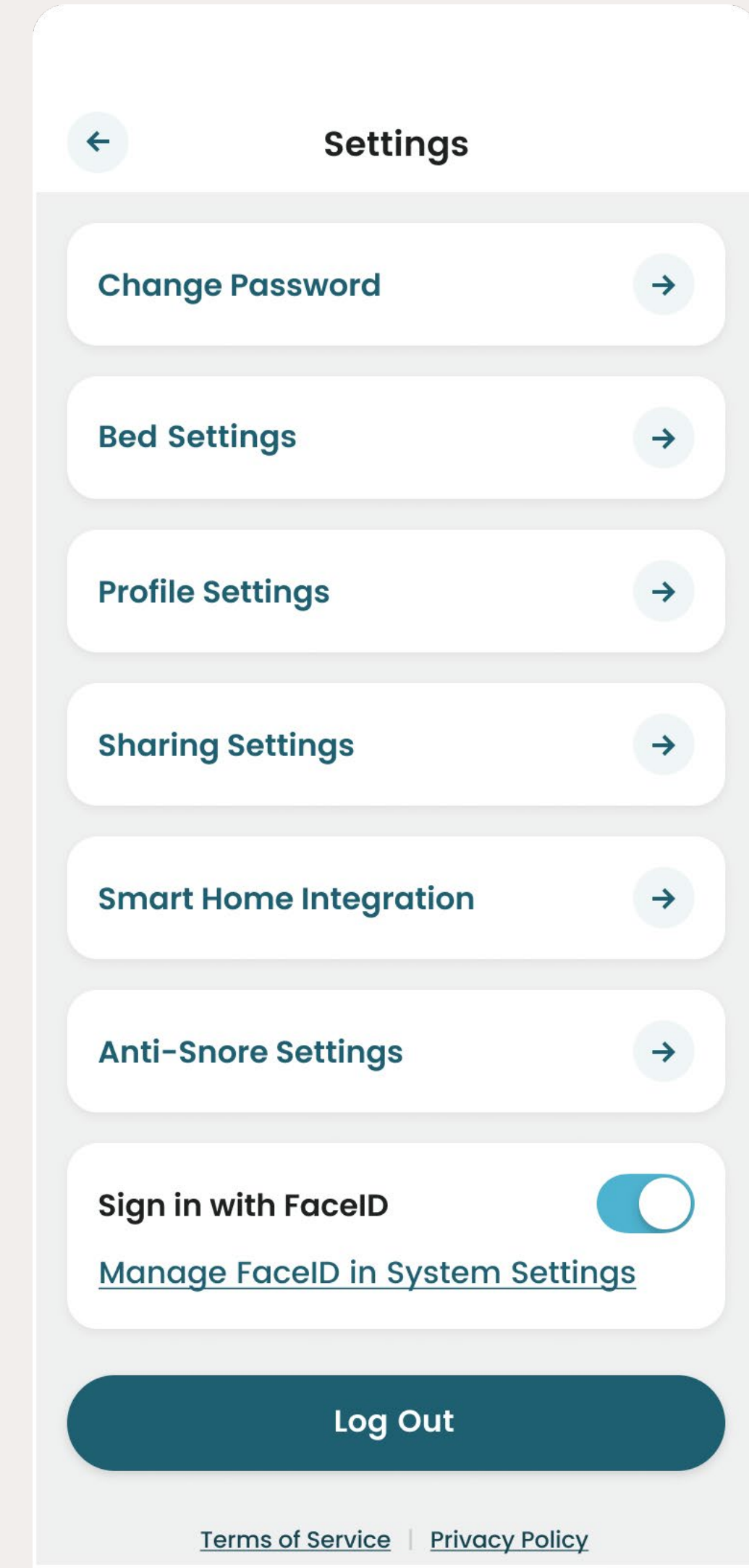
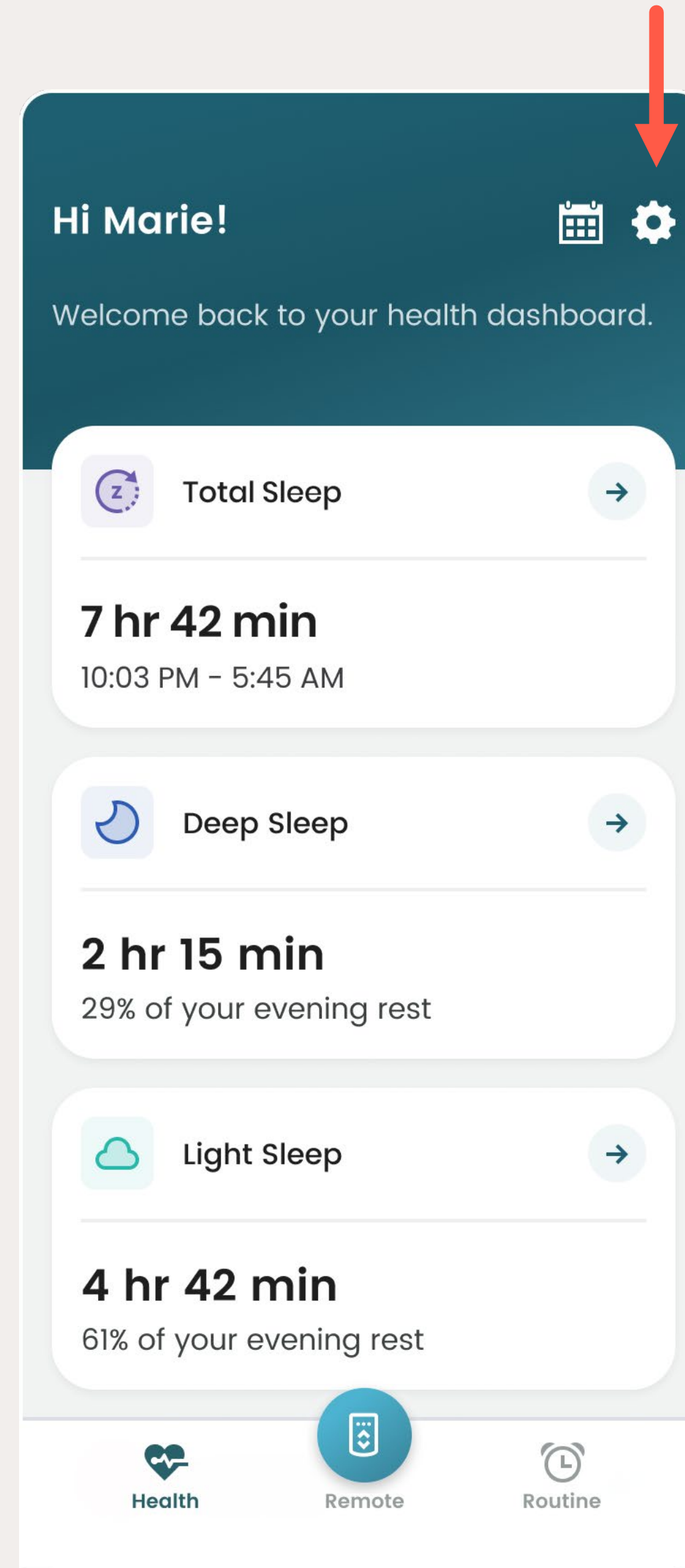
ACCOUNT & APP SETTINGS

You can make changes to your profile, review your bed connection and share your Sleep Report all from the Account Settings screen.

OPEN YOUR APP SETTINGS

Click the Settings gear icon on the home page to open the App Settings.

When your Dawn House smart bed is connected, you will see the full list of Settings. When your bed has not been connected, you will see a simplified list.



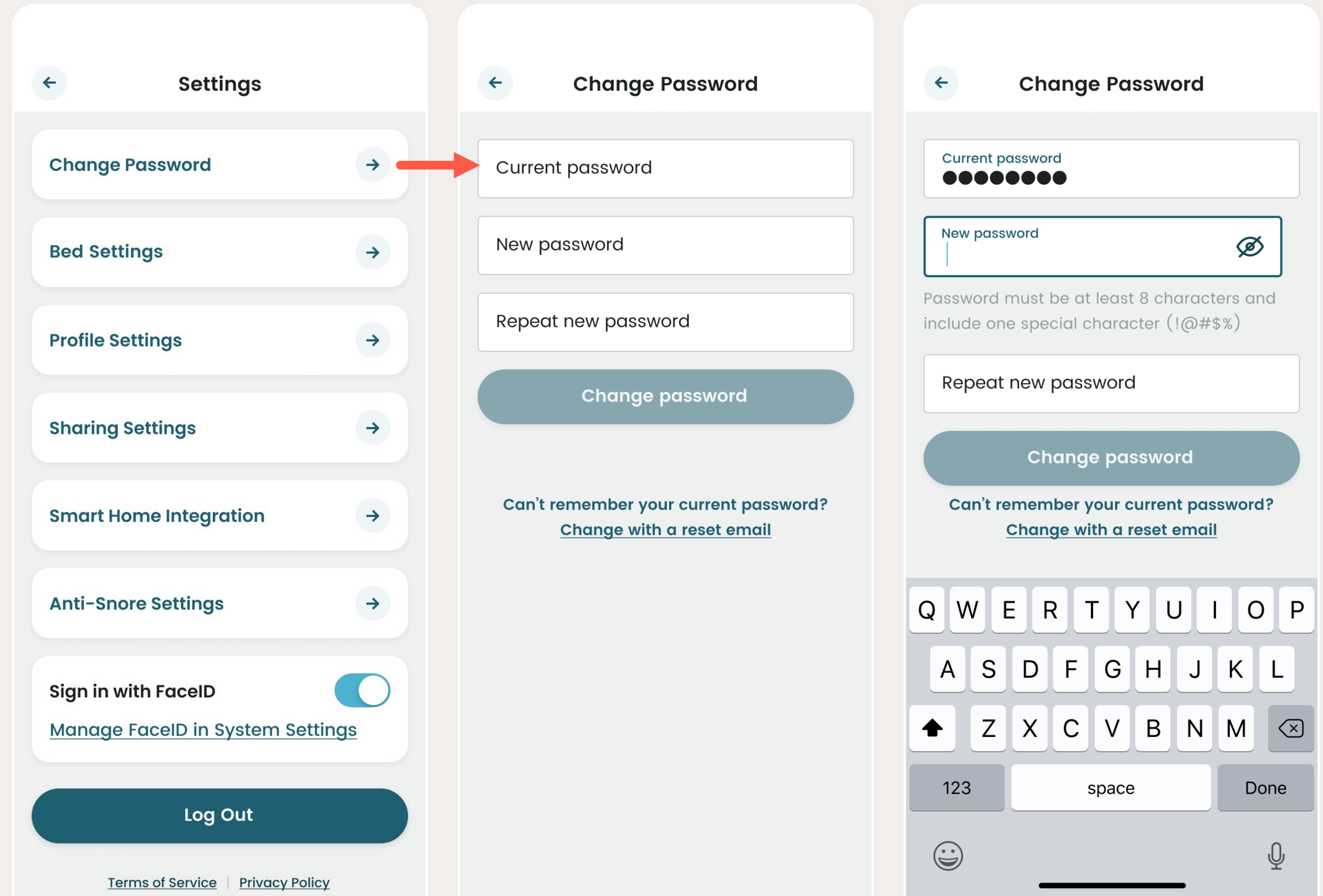
CHANGE YOUR PASSWORD

To change your password, tap the "Change Password" tile.

You will be prompted to enter your current password then provide a new password.

Your new password must be at least 8 characters and include any special character (ex. !@\$%).

If you are having trouble remembering your password, select the "Change with a reset email link."



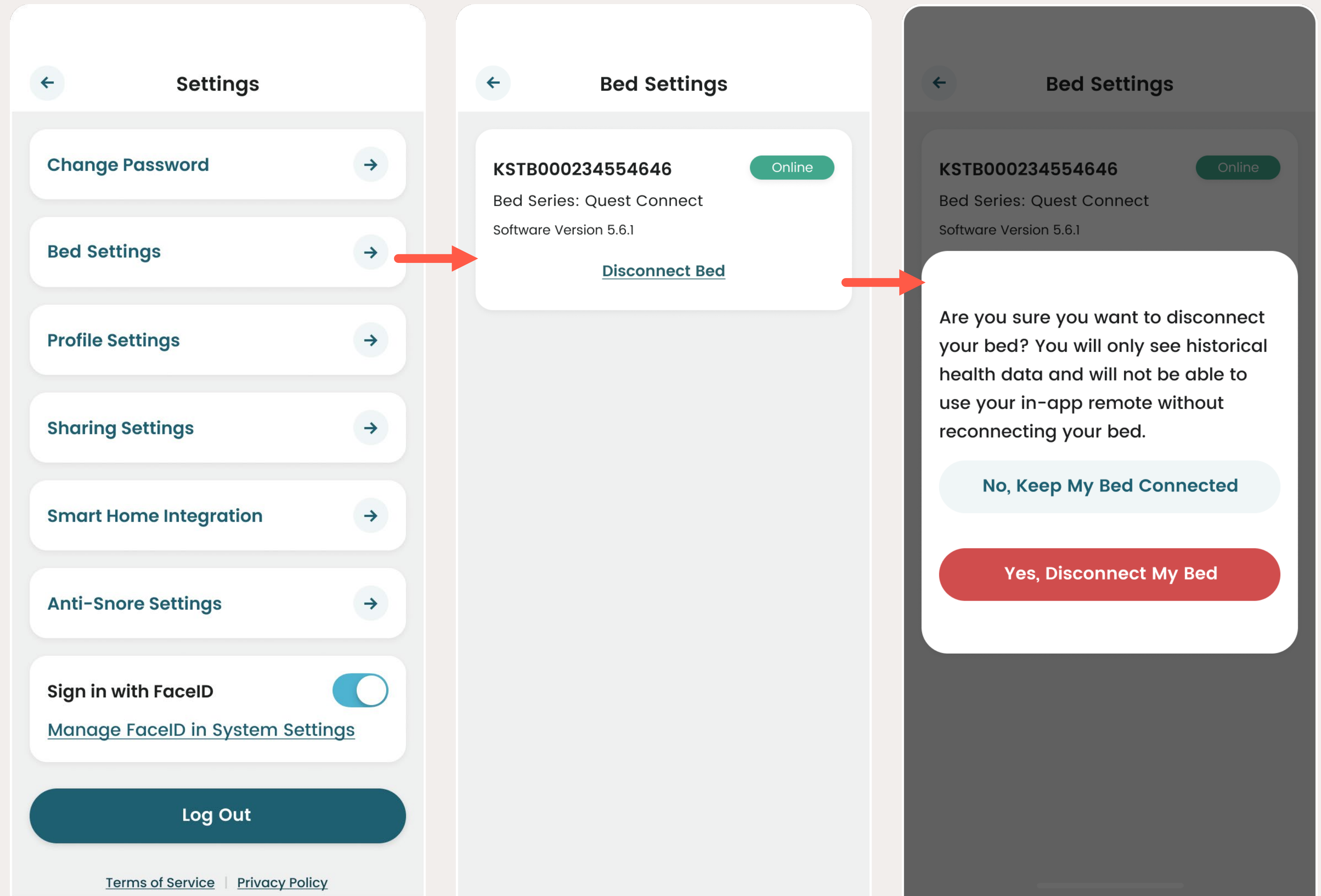
YOUR BED SETTINGS

The Bed Settings page displays details about the Dawn House smart bed your account is connected to.

Here you will find the device number, online or offline status and the bed type.

If you want to disconnect your bed from the app, select the link “Disconnect Bed.” You will see a confirmation.

You will be able to see historical data, but must reconnect your bed to see any new health data.

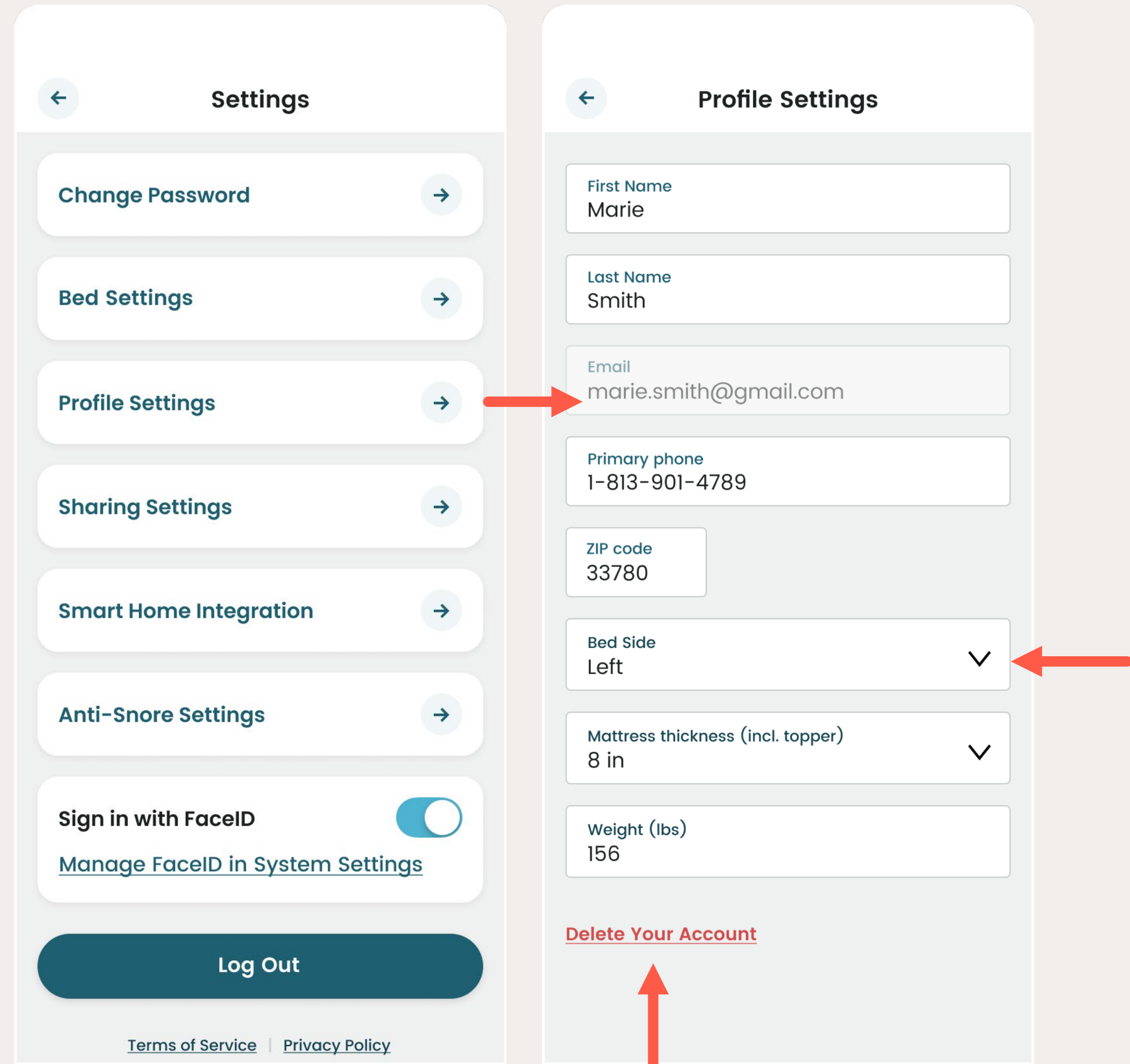


YOUR PROFILE SETTINGS

Your Profile Settings includes your basic personal information. You can update your name, phone number and ZIP code.

It is essential that the app reflects the side of the bed you currently sleep on. Select the form field for “Bed Side” to open the dropdown and change your side if you are now sleeping on the other side of the bed than specified in the app.

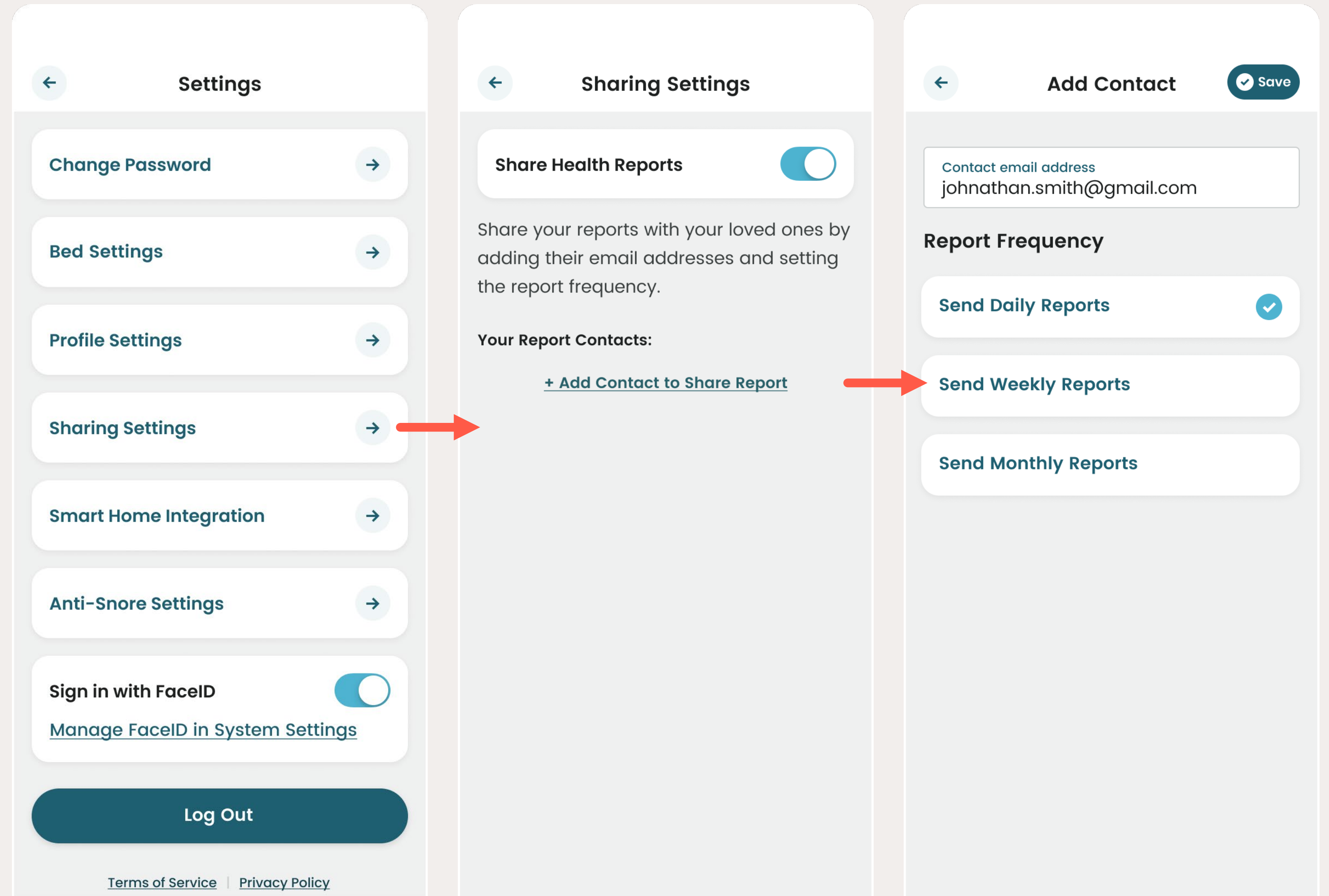
When you tap "Delete Your Account", you will be redirected to the Dawn House website to remove your account.



SHARING SETTINGS

On the Sharing Settings page, you can add contacts allowing you to share your health report.

Define the Report Frequency and Dawn House will send report sharing emails to the contacts you set according to your settings.

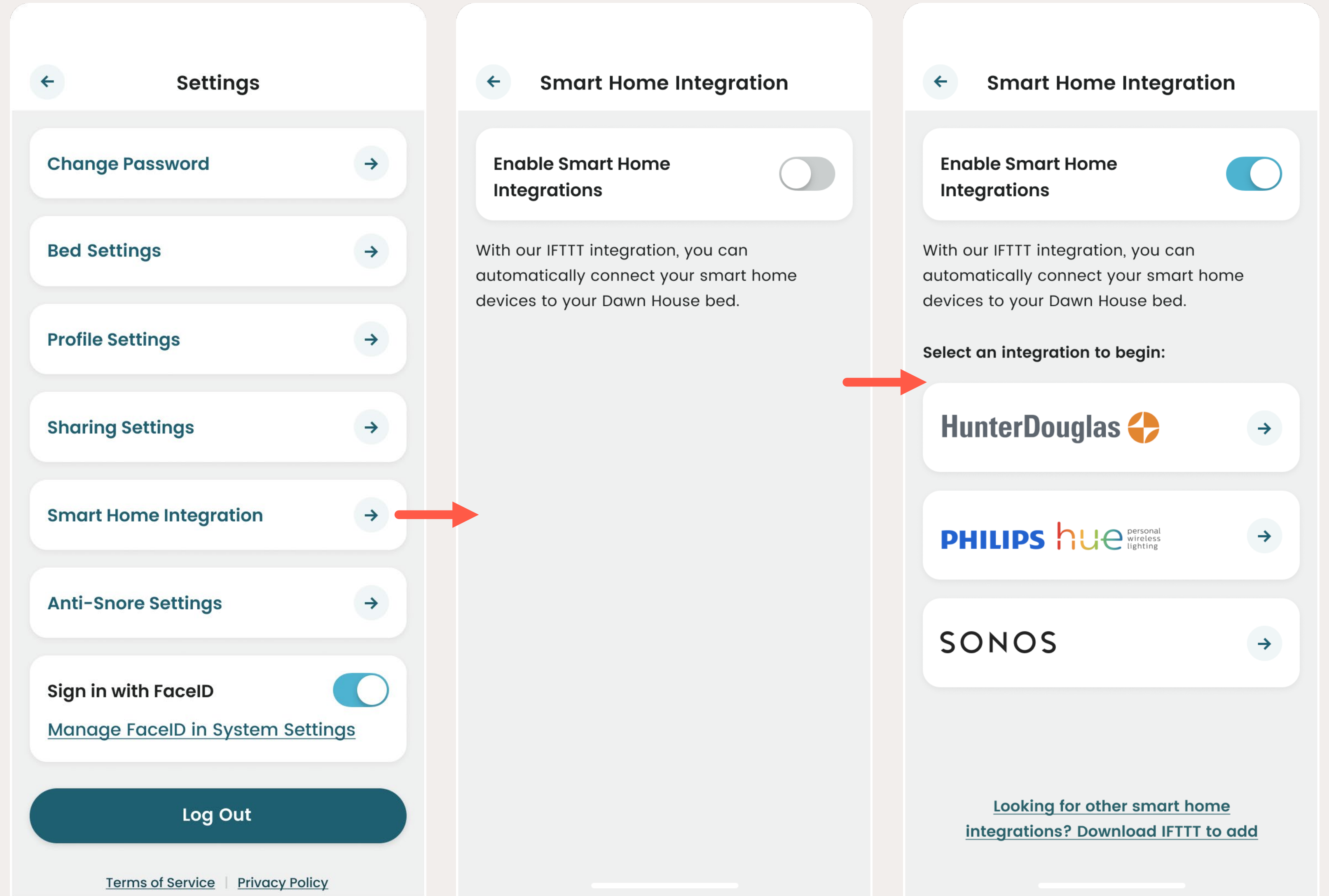


SMART HOME INTEGRATION

The Smart Home interface provides a way to connect smart home devices. You will be asked to create an IFTTT account.

Download the IFTTT app for more integrations:

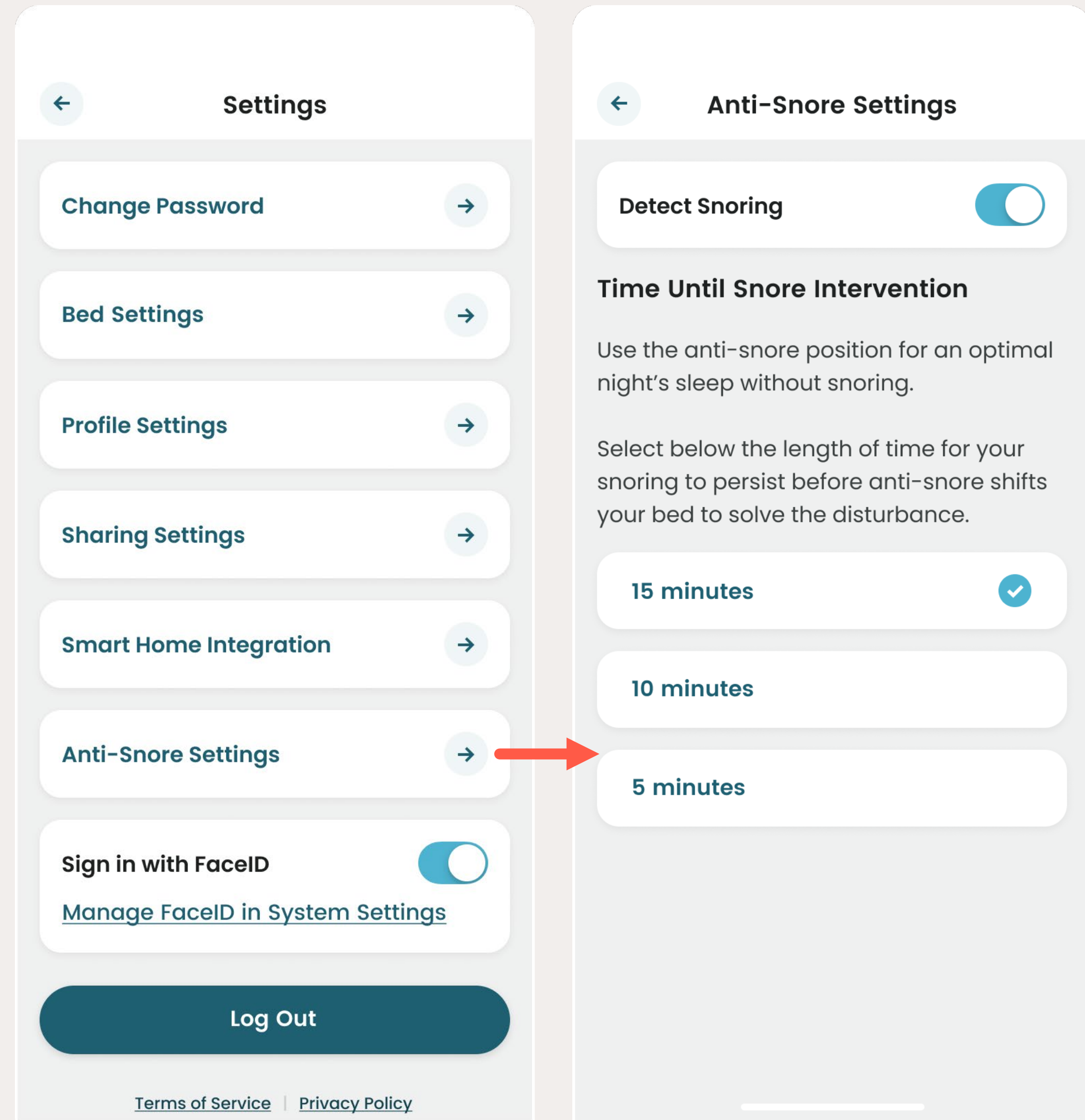
www.link.com/linkhere



ANTI-SNORE SETTINGS

Choose for your Dawn House bed to be auto adjusted when snoring is detected.

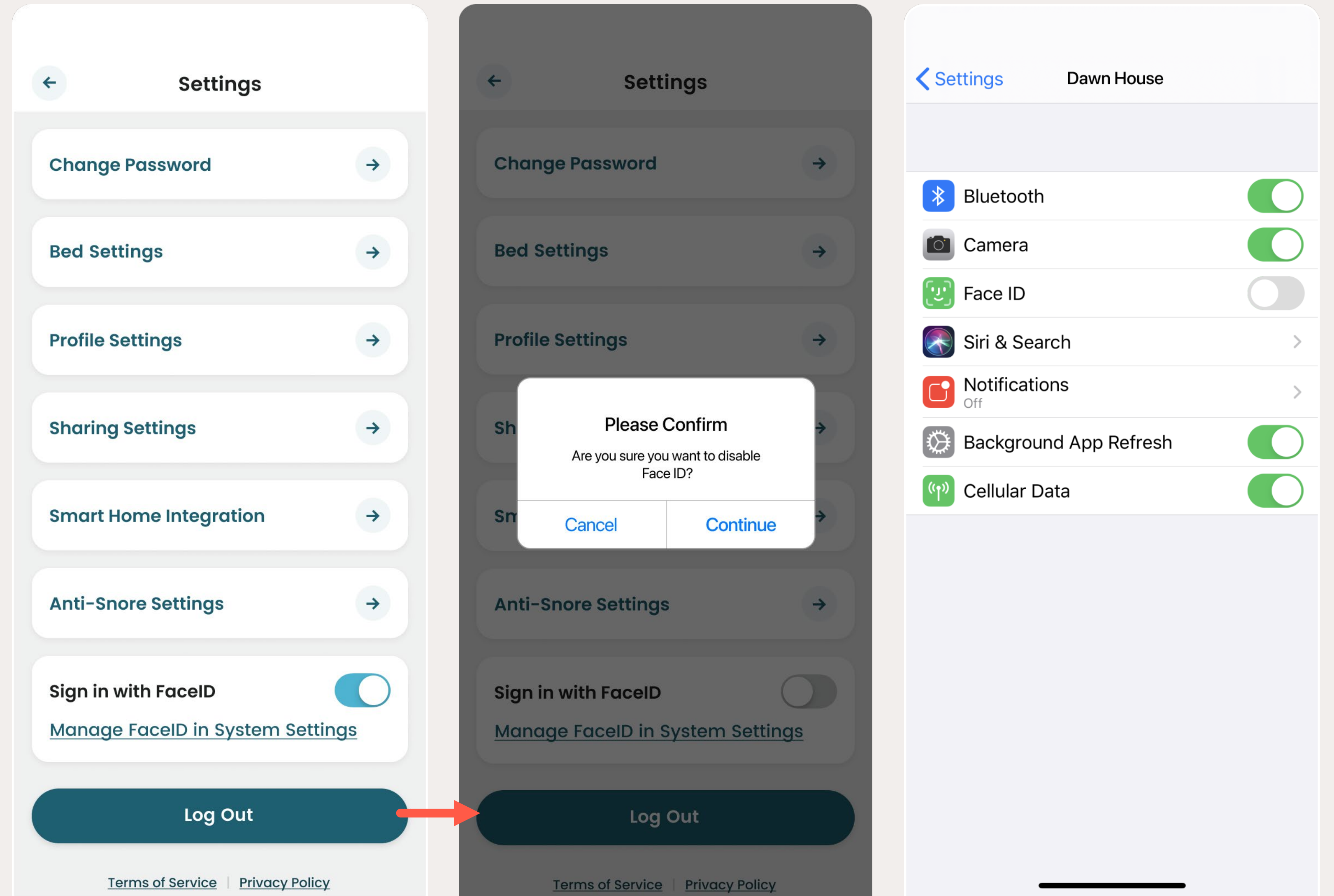
- 5 times: Bed adjustment will be triggered when the snoring frequency reaches 5 times
- 10 times: Triggered when the snoring frequency reaches 10 times
- 15 times: Triggered when the snoring frequency reaches 15 times



FACEID SETTINGS

You can log into the Dawn House app by using FaceID. This is authorized from the main Log In screen, but you can also turn FaceID on or off from the main App Settings screen.

If the toggle is in blue, FaceID is enabled. If the toggle is in grey, tap to enable FaceID. You will be prompted to enable the authorization and if needed, you will be linked to your Phone settings to confirm.



LOG OUT OF DAWN HOUSE

Click "Log Out" to log out of Dawn House.

You will need to re-enter your credentials or login in via FaceID to log back into the app.

