

Body Solid Pro•Dual Leg Extension/Leg Curl Machine

Body-Solid is recognized worldwide as a leader in home gyms and commercial strength training equipment. Over 5 million customers are enjoying the results of strength training in their everyday lives. Our equipment is designed to fit a wide variety of lifestyles, space requirements and user sizes.

The Body-Solid Pro•Dual Leg Extension/Leg Curl Machine lets you double-up your efforts to build strong quads.

- Custom designed biomechanical seat with a 12-position adjustable back pad to properly align users of all sizes.
- Oversized 9" diameter self-adjusting leg pad provides comfort and proper alignment during both leg curls and leg extensions.
- Leg pad has 7 adjustments for both leg curls and leg extensions, providing a greater range of motion during either exercise.
- Pop-pin adjustable thigh hold-down pad comfortably secures user and helps provide support during exercise.
- Includes a 210 lb. weight stack with a 310 lb. weight stack option.
- Works as a modular component on the Pro •Dual 3-Stack and 4-Stack Gyms.