



## Dorsal Night Splint

Single Patient Use Only

Rx Only



### IMPORTANT INFORMATION

Please read carefully and completely before applying.

### INTENDED USE

Designed to support the affected foot in a controlled amount of dorsiflexion (foot pointed upward) or neutral position to promote the healing and relieve pain of the plantar fascia.

### INDICATIONS

Plantar fasciitis (inflammation of the thin layer of deep fibrous tissue that connects to the heel bone); Achilles tendonitis; Tendonitis; Drop foot; Post-static pain

### CONTRAINDICATIONS

Plantar flexion contractures greater than 10°;  
Severe spasticity

### WARNINGS

Do not walk or place weight on the foot while using this splint without consulting your physician. Non-skid tread on bottom allows for safe minimal ambulation when necessary. This product is not designed for walking outdoors or on slippery, uneven surfaces.

### PRECAUTIONS

Consult your medical professional immediately if you experience sensation changes, unusual reactions, swelling or prolonged pain while using this product. Use only as directed by your medical professional.

### DIRECTIONS FOR USE

1. Release hook closures on toe and calf straps.
2. Place foot into splint by sliding toes through elastic piece on the bottom (the rigid plastic body should be placed on top of the foot).
3. Secure toe strap using hook closures over the top of the foot.
4. Wrap calf strap behind the leg and secure snugly with hook closures.

### WASHING INSTRUCTIONS

Hand wash with mild detergent and cold water. Air dry.

