

Mode	Prog. #	Treatment Time (min) and On/Off Time	Pulse Rate (Hz)	Pulse Width (us)	Remark	
TENS	01	Default: 30, Adjustable: (5-90)		100	150	Gate Control
	02			60	200	Gate Control
	03			15	260	Low Frequency
	04			2-60	260-160	Modulation
	05			10-60	200	Modulation
	06			6-50	200	Modulation
	U1			Default: 50, Adjustable:(2-100)	Default: 180, Adjustable:(100-300)	Gate Control
	U2			Default: 60, Adjustable:(2-100)	Default: 160-260, Adjustable:(100-300)	Modulation
	U3			Default: 60, Adjustable:(2-100)	Default: 260, Adjustable:(100-300)	Modulation
EMS	01	Default: 30, Adjustable: (5-90)	Continuous Output	4	200	Active Recovery
	02		On time: 10 sec (ramp up: 2 sec; ramp down: 2 sec). Off time: 1 sec.	20	200	Build Endurance
	03		On time: 9 sec (ramp up: 2 sec; ramp down: 2 sec). Off time: 4 sec.	50	200	Muscle Strengthening
	04		On time: 8 sec (ramp up: 2 sec; ramp down: 2 sec). Off time: 8 sec.	60	200	Muscle Strengthening
	05		On time: 6 sec (ramp up: 2 sec; ramp down: 2 sec). Off time: 6 sec.	50	200	Muscle Strengthening
	U1		Continuous Output	Default: 5, Adjust.:(2-100)	Default: 300, Adjustable:(100-300)	Active Recovery
	U2		On time: 9 sec (ramp up: 2 sec; ramp down: 2 sec). Off time: 10	Default: 60, Adjust.:(20-100)	Default: 200, Adjustable:(100-300)	Muscle Strengthening
	U3		On time: 10 sec (ramp up: 2 sec; ramp down: 2 sec). Off time: 10	Default: 70, Adjust.:(20-100)	Default: 200, Adjustable:(100-300)	Muscle Strengthening
Massage	01	30		8	300	Continuous
	02			100	220	Continuous
	03			28-45	120-250	Knead
	04			25-80	120-250	Rub
	05			50-100	100-240	Tap