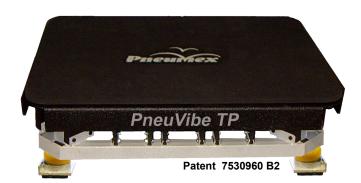


## PneuVibe TriPlanar has redefined whole body vibration!

## HIGHEST QUALITY IN THE INDUSTRY

- Simultaneous Hi/Low dual frequency 4hz-10 to 6ohz
- Destabilization all planes
  - Side to Side 4 to 22 mm
  - Vertical 2 to 4 mm,
  - Front to Back 4 to 22 mm
- 32 x 40 platform 10-60 Hz
- 1.8 to 3.2 G forces
- Max weight 1200 lbs-designed to support Olympic lifting and plyometric training
- Hi-Lo Amplitude plus mechanical override



The PneuVibe TriPlanar whole body vibration is a safe, effective therapy proven to improve circulation and restore function.

## **TriPlanar Destabilization**

- Improved bone density
- Improved balance
- Improve muscle strength and performance
- Increase flexibility and range of motion
- Enhance critical blood flow
- Increase metabolism
- Increase serotonin



The **PneuVibe TriPlanar** is an industrial platform designed to withstand the abuse of professional athletes. The unit is made of industrial steel, has the largest surface area of any vibration plate on the market. The **PneuVibe TriPlanar** is designed to allow Olympic style lifting and plyometrics, however; it is just as effective for core strengthening.



Dimensions	Capacity	Weight	Speed
32" X 40"	1200 lbs	230lbs.	10- 60 MHz

"My work outs on a traditional ProVibe are 25% to 35% more difficult than ground base workouts. Using the PneuVibe TriPlanar it increases the challenge 25% to 35% above using our ProVibe." **Kyle Perry** 

"Vibration is the most exciting tool I have found in 25 years. They are in use all day for everything from massage and joint stabilization to training and strengthening for athletes."

Don Gale PT

"The PneuVibe **TriPlanar** is the only platform that allows for Olympic lifts and plyometric training with loads up to 1200 lbs." **Coach Satini** 

"After 27 years as a Power Lifter competing Nationally & Internationally I started training on the PneuVibe Pro. At 44 years old, I set State Nation records in 3 weight classes, ranging from 132lbs to 165lbs. As far as I know I am the 1st person to exceed 10 times my body weight in competition: squats 573lbs, bench 341 lbs & 529lbs dead lift. Thank you Pneumex and Weber State University for allowing me to train on this leading edge equipment". David Edmondson

Vibration Studies on the Web www.pneumex.com