



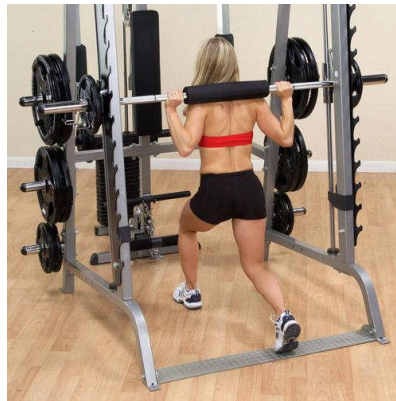
**Bench Press**



**Lat Pulldown**



**Leg Extension**



**Lunge**



**PecFly**



**Preacher Curl**