## Intensive Therapeutics, Inc. HeelZup® Heel Elevating Cushion Instruction Sheet

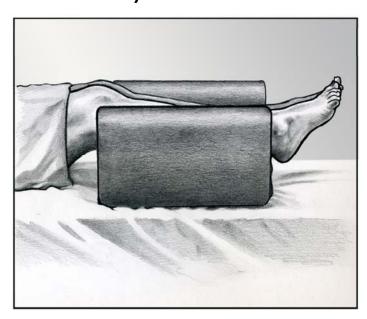


U.S. Patent # 6,634,045 Other Patents Pending

Gently raise both legs of the patient and place the HeelZup® Cushion under the legs with both heels fully suspended

## Please be sure to avoid placing the cushion directly behind the knees.





You may place a reusable incontinence pad or an empty pillow case on the calf bed of the disposable, bare foam version of the HeelZup® Cushion to protect the foam from soils and moisture.

For more leg elevation or to enhance patient comfort you may place a pillow on top of the HeelZup® Cushion. The raised borders will hold the pillow in place, preventing lateral movement. Always inspect for skin integrity every two hours.

To clean Reusable HeelZup® Cushions, wipe down the moisture-proof nylon cover with any properly diluted disinfectant solution according to manufacturer's instructions. You may also use a 10:1 bleach water solution. Allow to air dry before using. **Do not launder the cover or place it in a dryer**.