How does the Far Infrared Heating Lamp work?

The TDP Mineral lamp, also called FIM HeatingLamp, is different from the conventional heat lamps, infrared lamps and microwave therapeutic devices.

The FIM Healing Lamp features a round plate coated with a proprietary mineral clay formation consisting of 33 earth elements essential to the human body. When activated by the built-in electric heating element, this mineral plate emits a special band of far-infrared waves. As a result, the far-infrared waves are readily absorbed into your body.

As you know, warming an injured area or strained muscle, soaking in a hot bath can soothe away aches and pains. The opposite is true that cold temperatures can aggravate joint pain, arthritis, and other illnesses.

**TDP lamp is based on the traditional Chinese medicine theory.**

TDP lamps radiate electromagnetic frequencies that the healthy human body makes. A segment of this infrared spectrum comes from the sun, but some is blocked by the atmosphere. The purpose of the TDP lamp is to reproduce this radiant effect in a dramatically more powerful and reproducible manner. Infrared "light" is too low a frequency to be seen with your eyes, but you can feel it, as you can when you stand near a stove.

The heat TDP lamp penetrates into the body 2 to 3.5 inches. Additionally, it's providing the full infrared spectrum emitted by the human body, including the part that is filtered out of
sunshine by our atmosphere. Add to that the mineral plate excitation, and you have a very powerful tool for jump-starting the body's repair processes.

**What’s the Difference Between Infrared Red and TDP Lamp?**

The difference between simple infrared radiation and the TDP lamp, is that the TDP lamp incorporates a mineral plate that is heated to ionize the trace minerals. The human body relies on vitamins and minerals to repair and rebuild itself.

When your immune system is weakened or you are fatigued, stressed, or have taxed your body in some way, you need minerals to rebuild and repair your health. Key minerals essential to health are contained in the special mineral plate in the TDP lamp. In studies conducted in China and Korea, the TDP lamp has been clinically show to promote micro-circulation, that's the movement of blood in all the tiny spaces of your body so it can deliver nutrients, remove waste products, and send repair cells to do their work.

TDP lamps have been used with positive results as part of therapy for over 100 conditions, including, but not limited to: arthritis, joint pain, dermatitis, edema, swelling and skin conditions of all kinds, diarrhea, lower back pain, pneumonia, irregular menstruation, impotence, paralysis, infection, scars, cold and flu, angina, bone fractures, bruises, tumors, low metabolism, etc.

The simple mechanics of the TDP lamp's heating action in stimulating natural body processes can most likely help with
any condition where a boost in the body's repair process is beneficial. TDP Mineral Lamps use by by acupuncturists, chiropractors, and other natural health specialists Many acupuncturists, chiropractors, and other natural health specialists have recognized the therapeutic benefits of the mineral lamp.

The TDP lamp has been classified by the FDA in a group of radiant devices used for the temporary relief of chronic pain and arthritis. Americans are just starting to learn about the benefits of TDP mineral lamp therapy.

Try one yourself for what it would likely cost for you to visit a health practitioner three times.

**Increase your Chi or Life force with TDP Lamps**

Additionally, you may be familiar with the eastern medicine concept of Chi or Qi (Prana, Life Force, etc.), which is the energy that flows through living things. There are only a few ways to add Qi to the body: breathing, eating, moxibustion, an energetic healer, and the TDP Mineral Lamp. If your body is aging because you "burn the candle at both ends" or live with too much stress, you are depleting your Qi.

If eating and breathing isn't enough to keep you young and healthy, what else can you do? Well, you can go see your acupuncturist or shiatsu therapist. They may use moxa (a special mugwort herb that is burned), they may use their own hands, or they may use a TDP lamp.
If you can't afford to go to your practitioner regularly, and you don't want to start burning smelly herbs, the TDP lamp is your only mechanical device for restoring Qi to your body. It's not a replacement for a healthy lifestyle, but it is an economical way to take control of some of your health needs.

The far infrared energy, penetrates deeper into the human body. The cells in the human body have the highest penetration absorption efficiency.

The TDP Far Infrared healing lamp has a built-in timer for accurate treatment sessions. It is available in both desktop and floor standing versions.