Congratulations! You are now the owner of a Jeanie Rub® massager. The Jeanie Rub® massager has been the industry leader in electric massagers since 1966 when it was first introduced into the market by the original manufacturer, Morfam, Inc. Today, the Jeanie Rub® massager is manufactured by Core Products International, Inc., the industry leader in orthopedic and comfort care products. We are dedicated to providing you the highest-quality Jeanie Rub® massager to make your life more comfortable.

Thank you for your purchase of the Jeanie Rub® massager. We hope that it gives you years of comfortable massage therapy. If at any time you have questions regarding the use of your massager, or if you just want to tell us how the Jeanie Rub® has made your life more comfortable, please give our Customer Service Department a call. We want to hear from you!

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**OPERATING INSTRUCTIONS**

1. Plug electric cord into outlet.
2. Turn massager on. For the Jeanie Rub® single speed model, flip the toggle switch.
3. For the Jeanie Rub® variable speed model, turn the dial to a medium range operating speed.
4. Place massager in contact with the body.
5. Stop the massage by flipping the toggle switch on the single speed model. For the variable speed model, turn dial to the off position.

**IF MASSAGER FAILS TO START**

1. Plug electric cord into outlet.
2. Close supervision is necessary when the massager is used by, or near children, disabled persons or those who cannot tolerate vibrations.
3. Never leave massager unattended while plugged into an electrical outlet.
4. Use only attachments or accessories recommended by the manufacturer.
5. Disconnect the massager from a properly grounded electrical outlet only.
6. Do not operate massager under a blanket or where air openings can become blocked.
7. Keep all air openings free of lint, hair and other debris.
8. Keep massager away from heated surfaces.
9. Do not use massager when it has fallen into water. Do not touch. Unplug immediately.
10. Do not drop or insert foreign objects into the massager.
11. Do not operate massager under a blanket or where air openings can become blocked.
12. Keep all air openings free of lint, hair and other debris.
13. Keep massager away from heated surfaces.
14. Do not operate under electric shock. This massager is not intended to be used outdoors.
15. Do not operate for more than 20 minutes at a time or with excessive pressure to avoid overheating.
16. Do not base the appliance by supply cord or use cord by handle.
17. Do not unplug when operating.
18. Do not use while bathing or in the shower.

GROUNDS INSTRUCTIONS

This product is for use on a 120vAC 60Hz circuit and has a grounding plug. Grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This massager is equipped with a cord having an equipment-grounding conductor and a grounding plug. Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Do not modify the plug provided with the product. If it does not fit the outlet, have a proper outlet installed. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance to all local codes and ordinances. No adapter should be used with this massager.

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The Jeanie Rub® massager by Core Products is the ideal choice for your massage therapy needs. “Making your life more comfortable” is our motto and pledge to you. Because the Jeanie Rub® massager can be used safely anywhere on the body, you can feel its therapeutic and pleasurable effects from head to toe, comfortably. Follow these simple guidelines to ensure that the Jeanie Rub® massager will enhance your personal comfort and quality of life.

- Therapeutic benefits of the Jeanie Rub® massager can be attained in as little as five to ten minutes per affected area. Individual results may vary, depending upon your own use habits.
- Allow the massager to do the work. It is not necessary to press or bear down on the handles to achieve the massager’s therapeutic benefits.
- When using the Jeanie Rub® variable speed massager, find a speed that is most comfortable for you. Using lower speeds ensures a more soothing massage while using a higher speed will deliver a more invigorating one.

Contraindications of Massage Therapy
If you have a particular medical condition(s) or if you have questions regarding the use of the Jeanie Rub® massager, Core Products recommends you consult with your preferred health care provider prior to use if you have any of the following:

1. Acute inflammation or hemorrhaging areas
2. Skin lesions
3. Malignant lesions or tumors
4. Thrombophlebitis
5. Varicose Veins
6. Lung conditions such as tuberculosis, pneumothorax, tumors or diseases of the chest wall

DUAL OPERATION & ACCESSORY USE

Single Operation Uses

- Chest
- Hand
- Leg
- Knee
- Elbow
- Ankle/Foot
- Knee with Sheepskin Pad Cover
- Hip

Adjustable Cuff for Pin-Point Massage

DUAL OPERATION & ACCESSORY USE

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DUAL OPERATION & ACCESSORY USE

Back Massage
Trigger Point Massage
Child Massage
Close-Control Spinal Massage
Adjustable Cuff for Pin-Point Massage

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DUAL OPERATION & ACCESSORY USE

Back Massage
Trigger Point Massage
Child Massage
Close-Control Spinal Massage
Adjustable Cuff for Pin-Point Massage
IMPORTANT SAFETY INSTRUCTIONS

SAVE THESE INSTRUCTIONS To reduce the risk of fire, burns, electric shock or injury, please read this manual and all instructions prior to using the massager.

WARNING: USE CAUTION WHEN WEARING LOOSE CLOTHING OR JEWELRY WHILE OPERATING YOUR MASSAGER. LONG HAIR MUST NOT COME IN CONTACT WITH THE MASSAGER WHILE OPERATING. LOOSE CLOTHING, JEWELRY, AND HAIR CAN POTENTIALLY GET CAUGHT IN THE MOVING PARTS OF YOUR MASSAGER.

1. Use this massager only for its intended use as described in this manual.
2. Close supervision is necessary when the massager is used by, or near children, disabled persons or those who cannot tolerate vibration.
3. Never leave massager unattended while plugged into an electrical outlet.
4. Use only attachments or accessories recommended by the manufacturer.
5. Connect this massager to a properly grounded electrical outlet only.
6. Do not cover massager while using.
7. Do not use massager if it has fallen into water. Do not touch. Unplug immediately.
8. Do not insert foreign objects into the massager.
9. Do not operate massager under a blanket or where air openings can become blocked.
10. Do not operate massager under a blanket or where air openings can become blocked.
11. Keep all air openings free of lint, hair and other debris.
12. Keep massager away from heated surfaces.
13. Do not operate massager where aerosol (spray) products are in use or where oxygen is being administered.
14. After massager has been turned off, allow adequate time for it to cool down before storing.
15. Do not use for more than 20 minutes at a time, take a 10 minute break between uses.
16. Do not use while bathing or in or near a shower.

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1. Plug electric cord into outlet.
2. Turn massager on. For the Jeanie Rub® single speed model, flip the toggle switch.
3. Place massager in contact with the body.
4. For the Jeanie Rub® variable speed model, turn the toggle switch to a medium or lower speed.
5. Place massager in contact with the body.
6. Stop the massager by flipping the toggle switch to the single speed mode. For the variable speed model, turn dial to the off position.

IF MASSAGER FAILS TO START

Each massager has been individually and carefully inspected at the factory. If your massager fails to start upon being turned on for the first time out of the box, contact Customer Service at Core Products at 800-365-3047 for a simple remedy to assist in proper massager operation.

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