

Congratulations! You are now the owner of a Jeanie Rub® massager. The Jeanie Rub® massager has been the industry leader in electric massagers since 1966 when it was first introduced into the market by the original manufacturer, Morfam, Inc. Today, the Jeanie Rub® massager is manufactured by Core Products International, Inc., the industry leader in orthopedic and comfort care products. We are dedicated to providing you the highest-quality Jeanie Rub® massager to make your life more comfortable.

Thank you for your purchase of the Jeanie Rub® massager. We hope that it gives you years of comfortable massage therapy. If at any time you have questions regarding the use of your massager, or if you just want to tell us how the Jeanie Rub® has made your life more comfortable, please give our Customer Service Department a call. We want to hear from you!

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# IMPORTANT SAFETY INSTRUCTIONS

**SAVE THESE INSTRUCTIONS** To reduce the risk of fire, burns, electric shock or injury, please read this manual and all instructions prior to using the massager.



**WARNING:** USE CAUTION WHEN WEARING LOOSE CLOTHING OR JEWELRY WHILE OPERATING YOUR MASSAGER. LONG HAIR MUST NOT COME IN CONTACT WITH THE MASSAGER WHILE OPERATING. LOOSE CLOTHING, JEWELRY, AND HAIR CAN POTENTIALLY GET CAUGHT IN THE MOVING PARTS OF YOUR MASSAGER.

1. Use this massager only for its intended use as described in this manual.
2. Close supervision is necessary when the massager is used by, on or near children, disabled persons or those who cannot tolerate vibration.
3. Never leave massager unattended while plugged into an electrical outlet.
4. Use only attachments or accessories recommended by the manufacturer.
5. Connect this massager to a properly grounded electrical outlet only. SEE GROUNDING INSTRUCTIONS in this manual.
6. Do not operate if power supply cord has been damaged or the massager is not functioning properly.
7. Do not use massager if it has fallen into water. Do not touch. Unplug immediately.
8. Do not drop or insert foreign objects into the massager.
9. Unplug massager when not in use or when taking massager accessories on or off.
10. Do not operate massager under a blanket or where air openings can become blocked.
11. Keep all air openings free of lint, hair and other debris.
12. Keep massager away from heated surfaces.
13. Do not operate massager where aerosol (spray) products are in-use or where oxygen is being administered.
14. After massager has been turned off, allow adequate time for it to cool down before storing.
15. Do not use for more than 20 minutes at a time or with excessive pressure to avoid overheating.
16. Do not carry the appliance by supply cord or use cord by handle.
17. Do not use outdoors.
18. Do not use while bathing or in a shower.

## GROUNDING INSTRUCTIONS

This product is for use on a 120VAC 60Hz circuit and has a grounding plug. Grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This massager is equipped with a cord having an equipment-grounding conductor and a grounding plug. Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Do not modify the plug provided with the product. If it does not fit the outlet, have a proper outlet installed. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance to all local codes and ordinances. No adapter should be used with this massager.

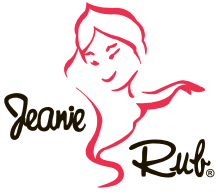
## OPERATING INSTRUCTIONS

1. Plug electric cord into outlet.
2. Turn massager on. For the Jeannie Rub® single speed model, flip the toggle switch. For the Jeannie Rub® variable speed model, turn the dial to a medium operating range.
3. Place massager in contact with the body.
4. Stop the massager by flipping the toggle switch on the single speed model. For the variable speed model, turn dial to the off position.

### **IF MASSAGER FAILS TO START**

*Each massager has been individually and carefully inspected at the factory. Should your massager fail to start upon being turned on for the first time out of the box, contact Customer Service at Core Products at 800-365-3047 for a simple remedy to assist proper massager operation.*

SAVE THESE INSTRUCTIONS



## USING YOUR JEANIE RUB®

The Jeanie Rub® massager by Core Products is the ideal choice for your massage therapy needs. "Making your life more comfortable" is our motto and pledge to you. Because the Jeanie Rub® massager can be used safely anywhere on the body, you can feel its therapeutic and pleasurable effects from head to toe, comfortably. Follow these simple guidelines to ensure that the Jeanie Rub® massager will enhance your personal comfort and quality of life.

- Therapeutic benefits of the Jeanie Rub® massager can be attained in as little as five to ten minutes per affected area. Individual results may vary, depending upon your own use habits.
- Allow the massager to do the work. It is not necessary to press or bear down on the handles to achieve the massager's therapeutic benefits.
- When using the Jeanie Rub® variable speed massager, find a speed that is most comfortable for you. Using lower speeds ensures a more soothing massage while using a higher speed will deliver a more invigorating one.

### Contraindications of Massage Therapy

If you have a particular medical condition(s) or if you have questions regarding the use of the Jeanie Rub® massager, Core Products recommends you consult with your preferred health care provider prior to use if you have any of the following:

1. *Acute inflammation or hemorrhaging areas*
2. *Skin lesions*
3. *Malignant lesions or tumors*
4. *Thrombophlebitis*
5. *Varicose Veins*
6. *Lung conditions such as tuberculosis, pneumothorax, tumors or diseases of the chest wall*



Chest

### Single Operation Uses



Hand



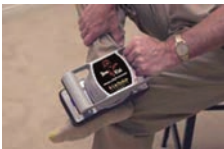
Leg



Knee



Elbow



Ankle/Foot



Knee with Sheepskin Pad Cover



Hip



# USING YOUR JEANIE RUB® MASSAGER



## DUAL OPERATION & ACCESSORY USE



Back Massage



Trigger Point Massage



Child Massage



Close-Control Spinal Massage



Adjustable Cuff for Pin-Point Massage

# PRODUCT INFORMATION



## Using Oils, Lotions or Creams

When using oils, lotions or creams with the Jeanie Rub® massager, Core Products recommends using a Sheepskin or Fleece Pad Cover to protect the vinyl massager pad. Because oils, lotions or creams can prematurely crack and erode the vinyl, using a pad cover will prolong the pad's life.

## Care of Pad

The pad on the Jeanie Rub Massager can be cleaned with a mild detergent. Use of too much alcohol on the pad may cause it to crack.

## Cooling the Massager after Use

Because the Jeanie Rub® massager is an electrical appliance, it can become warm to the touch while in use. Each massager has a built-in fan to keep the motor from overheating. However, when the massager is turned off, the fan no longer aids in keeping the motor cool and the massager may remain warm for a few minutes after use. Core Products recommends allowing the massager to cool to the surrounding air temperature or to the touch before storing the massager in its proper place.

## Special Motor Information: Jeanie Rub® Variable Speed Models

The universal motor found in the Jeanie Rub® variable speed model incorporates carbon brushes. When the massager is used extensively at very low rpm levels, carbon can build up inside the motor housing, decreasing the massager's effectiveness. Core Products recommends that after each low rpm usage, the massager is run for a few minutes at a higher rpm level to ensure the built-up carbon is cleaned from the motor housing. This will prolong the life of the carbon brushes and optimize the massager's use.



Jeanie Rub® Single Speed	Jeanie Rub® Variable Speed without Accessory Posts	Jeanie Rub® Variable Speed with Accessory Posts	Jeanie Rub® Single Speed 230v
Model #: PRO-3400	Model #: 3401	Model #: 3402	Model #: 3406
Heavy-duty shaded pole motor	Universal brush motor	Universal brush motor	Heavy-duty shaded pole motor
110-120 v / 60 Hz / 2.0 Amps	110-120 v / 60 Hz / 2 Amps	110-120 v / 60 Hz / 2 Amps	230 v / 50 Hz / 2 Amps
Operates at 3250 rpm	Operates at 1600-4600 rpm	Operates at 1600-4600 rpm	Operates at 3250 rpm
Toggle On/Off Switch	Rheostat rotary dial switch	Rheostat rotary dial switch	Toggle On/Off Switch
Without accessory posts	Without accessory posts	Accessory posts attached	Without accessory posts
7.2 lbs - 3.3 kg	6.05 lbs - 2.7 kg	6.9 lbs - 3.1 kg	7.2 lbs - 3.3 kg
All massagers feature all die-cast aluminum components with powder coated finish, unique four-point, orbital, oscillating massage therapy action and premium cushioned vinyl massager pad and 13-foot power supply cord with grounding pin. Each massager is hand-assembled in the United States according to CSA standards for safe consumer use.			

## Certified by the Canadian Standards Association

All Jeanie Rub® massagers are built to ANSI Standards and certified by the Canadian Standards Association. The CSA mark on your Jeanie Rub® massager ensures that it has been evaluated to meet or exceed the ANSI/UL/CSA consumer safety standards for use in the United States and Canada.

