

Pro-Stat®: Concentrated Liquid Protein



| Indications | Recommended Product |
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| <ul style="list-style-type: none"> • Unintended Weight Loss >5% in 30 days • Protein Energy Malnutrition • Poor Appetite • Muscle Wasting (Cachexia, Anorexia, Cancer, AIDS, Sarcopenia) • Low Serum Proteins • Post Trauma • At Risk for Pressure Ulcers (Immobility, Incontinence, Co-Morbid Conditions, History of Pressure Ulcers) • Stage I and II Pressure Ulcers | <ul style="list-style-type: none"> • Pro-Stat® Sugar Free 64 • Pro-Stat® 101 • Pro-Stat® with Fiber • Pro-Stat® Profile |
| • Stage III and IV Pressure Ulcers | |
| • Wounds (Surgical, Diabetic, Venous Stasis Ulcers, Burns, Hard to Heal) | |
| • Renal Disease on Dialysis | |
| | <ul style="list-style-type: none"> • Pro-Stat® Advanced Wound Care (AWC) • Pro-Stat® Advanced Wound Care (AWC) • Pro-Stat® Renal Care High Fiber • Pro-Stat® Sugar Free 64 • Pro-Stat® 101 • Pro-Stat® Profile |

- Suggested Dosage (serving size = 1 oz, 30ml) : 1-3 servings per day.
- Actual Dosage: Determined by clinician based on condition, estimated need, and dietary intake.
- Administer orally or through feeding tube.

| Pro-Stat Formula | Key Nutrients per 30 ml |
|---------------------------------|--|
| Pro-Stat® Sugar Free 64 | 15 g protein, 72 kcal |
| Pro-Stat® Sugar Free with Fiber | 15 g protein, 5 g Fiber, 90 kcal |
| Pro-Stat® 101 | 15 g protein, 101 kcal |
| Pro-Stat® AWC | 17 g protein, 108 kcal, with added Arginine, Zinc, Vitamin C, & Citrulline |
| Pro-Stat® Renal Care High Fiber | 15 g protein, 5 g Fiber, 90 kcal |
| Pro-Stat® Profile | 11.3 g protein, 86 kcal |

Pro-Stat® Recommended Policy & Procedure

Policy:

The policy of this facility is to assure optimal nutrition for all residents/patients at all times. A concentrated protein supplement is provided when factors are present that may place residents at nutritional risk or when the following conditions exist: Pressure Ulcers, Significant Weight Loss, Pre and Post Surgery, Post Trauma, Malnutrition with Low Serum Proteins, Muscle Wasting/Cachexia, Bariatric Surgery and End Stage Renal Disease on Dialysis.

Procedure:

1. Each resident/patient is to be assessed and monitored for nutritional risk by the health care clinical team.
2. Existence of any of the following should be documented: Pressure Ulcers, Significant Weight Loss, Imminent or Recent Surgery, Recent Trauma, Malnutrition, Low Serum Proteins, Bariatric Surgery, End Stage Renal Disease on Dialysis.
3. Protein supplementation will be implemented as appropriate for conditions (see chart on reverse).
4. The recommended nutrition intervention will be communicated as appropriate to: nursing, food & nutrition services, physician, resident/family.
5. Administer Pro-Stat during med-pass, supplement pass, meal service or via feeding tube as indicated.
6. Label & date bottle upon opening, discard after 3 months opened.
7. Provide fluids to insure adequate hydration.
8. Document resident/patient intake per facility policy.
9. Record resident/patient response to intervention.
10. Reassess to determine continued level of intervention. If improvement or healing has occurred but one or more nutritional risk factors remain, consider ongoing supplementation for maintenance.

Administration to Enteral Tubes

1. Flush feeding tube with 30-60 ml water.
2. Measure and administer the proper dosage via syringe
3. Dilute Pro-Stat® (Pro-Stat Sugar Free 64, Pro-Stat 101, Pro-Stat Sugar Free with Fiber, Pro-Stat Profile, Pro-Stat Renal Care Sugar Free High Fiber, Pro-Stat AWC) with 30-60 ml water.
4. Administer Pro-Stat® as you would a medication, straight into the enteral tube.
5. Flush with 30-60 ml water.

NOTE:

- Do NOT add Pro-Stat® to an open or closed system of the tube feeding formula or into a container of enteral feeding.
- Do NOT add medications to Pro-Stat, even after dilution.