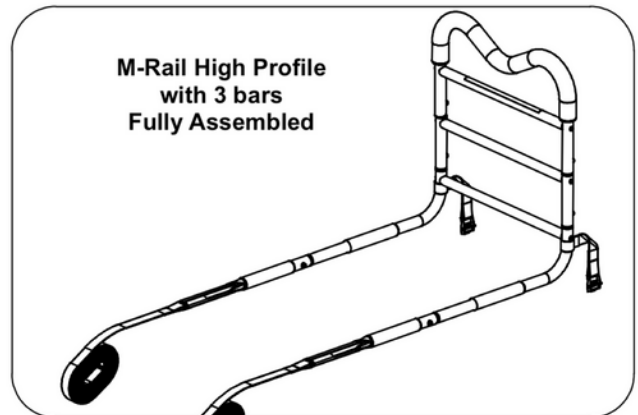
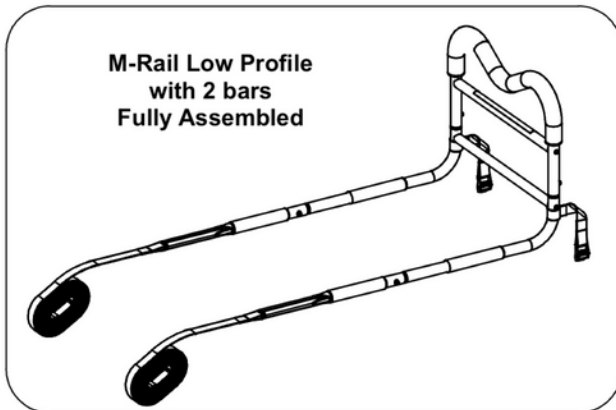


M-RAIL Model MR400

For BOX SPRING STYLE BEDS

ASSEMBLY INSTRUCTIONS

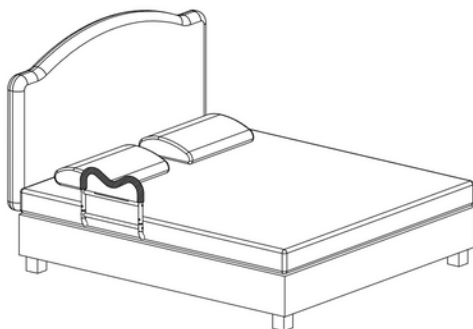


CAUTIONS and WARNINGS

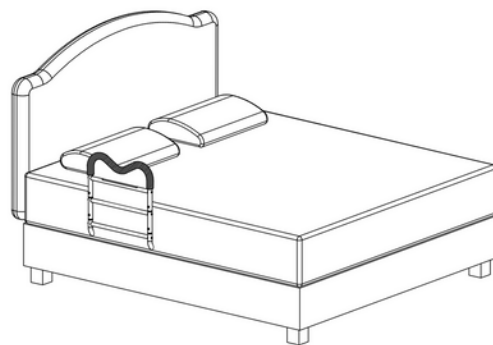
- Please read these instructions carefully before installing and using the M-Rail.
- Please read the Warning Labels attached to the M-Rail parts.
- The M-Rail is an assistive-balance handrail for beds.
- Narrow beds may tilt if the users full body weight is applied to the M-Rail handle.
- The M-Rail is suitable for people who weigh up to 300lbs (135kg) and is not intended to support the full weight of a person.
- Suitable for home style beds with a box spring.

WARNING: ENTRAPMENT BETWEEN AN ASSISTIVE BALANCE DEVICE AND A MATTRESS CAN BE A SERIOUS RISK AND POTENTIALLY LIFE THREATENING.

- Entrapment can occur when there is a gap between the side of the mattress.
- It is possible for a person's head, neck, arm(s), leg(s) or body to become wedged between the side of the mattress and the assistive handrail horizontal cross bars or vertical side bars.
- The mattress must be tight against the assistive handrail, with no gaps at all times.
- The horizontal cross bars must be used at all times.



Low Profile Mattress



High Profile Mattress

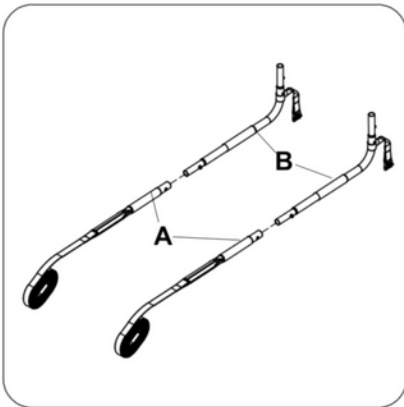
Caution:

- THE M-RAIL IS NOT TO BE USED AS A RESTRAINT and NOT TO BE USED TO PREVENT USERS FROM FALLING OUT OF BED.
- The M-Rail is NOT intended for people with poor mobility, or for people who are permanently bedridden. Extra safety measures and precautions must be used with higher risk patients.

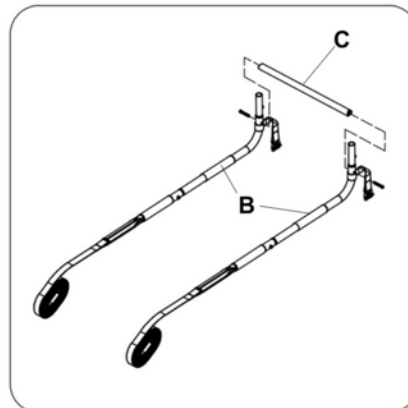
Preparing the M-Rail for assembly:

1. Open the carton and remove all parts. Remove the plastic coverings and dispose of safely away from children and infants.
2. The M-Rail can be used with either two (2) Cross Bars or three (3) Cross Bars. By choosing either the two (2) or three (3) Cross bar option, you can adjust the M-Rail height relative to the floor and to suit the user's preference. For thick mattresses we recommend that you use 3 Cross Bars. If you choose to use 2 Cross Bars, discard part D (H Bar).

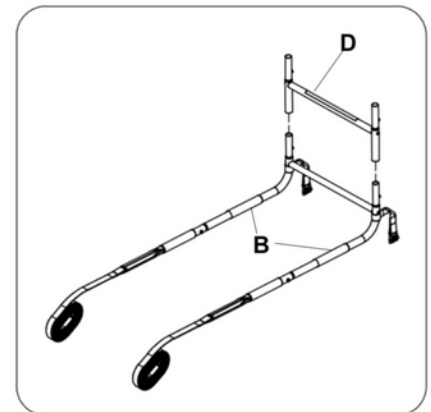
Assembling the M-Rail:



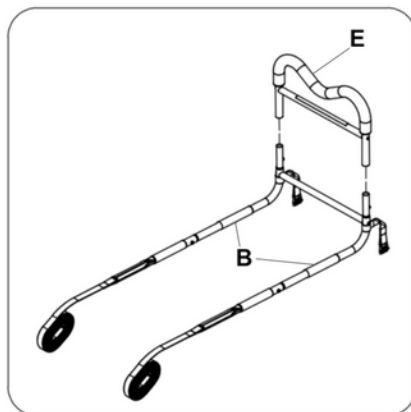
3. Snap-lock part A onto part B on both sides



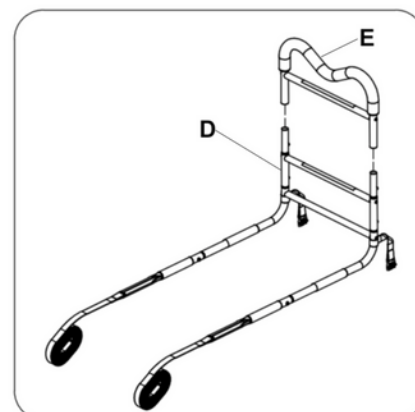
4. Screw part C onto parts B.
Leave screws loose



5. For High Profile snap-lock part D onto part B



6. For low Profile; snap-lock parts E onto part B



7. For high Profile snap-lock parts E onto part D

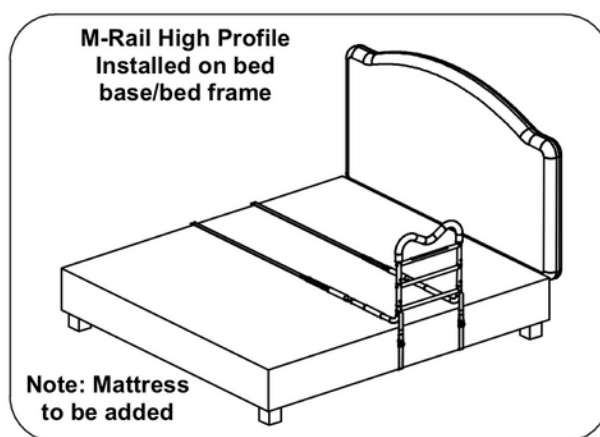
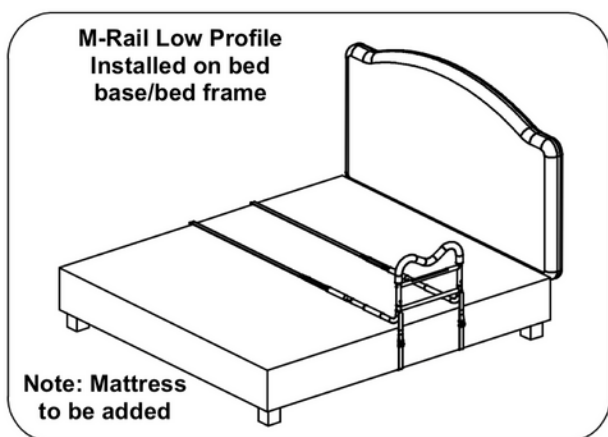
8. Tighten all screws

INSTALLER QUICK TIP:

If you have any difficulty assembling the parts and snap-locking them together, loosen the screws on one side of parts C and D using the hex key provided. After fully assembling, tighten all screws securely.

INSTALLER QUICK TIP:

You will find the installation easier if you remove the mattress.



- Slide the M-Rail between the Mattress and the bed base or frame support.
- Run the long straps on parts A across the base/bed frame and underneath, back to the M-Rail.
- Feed the straps through the buckles to the desired length and close buckles to secure straps. Do not tighten at this stage.
- Put the mattress back on the bed if you removed it.
- Position the M-Rail where it is most comfortable for use.
- Tighten the two straps securely against the base or bed frame.
- Loop and double tie the loose end of strap underneath the buckle. Cut off excess loose strap to prevent tripping hazards.

MR400 KIT CONTENTS:

- 2 – Parts A: Strap Tubes.
 - 2 – Parts B: Under Mattress Tubes.
 - 1 – Part C: Lower Cross Bar.
 - 1 – Part D: H-Bar Height Extension Assembly.
 - 1 – Part E: M-Rail Handrail.
- 2 – Long Screws for Part C.
1 – Hex Key.

