For a stiff and sore neck, the magnet inside the neck traction device can improve blood flow in the affected area. This can assist in bringing more oxygen, nutrients, and endorphins in the painful area which can reduce inflammation and pain.

The theory behind magnet therapy is that magnets can affect red blood cells. Red blood cells contain iron so these red blood cells will respond to a magnetic field causing the cells to become more active. More active red blood cells use more oxygen thereby causing a more rapid healing. Although magnet therapy may help relieve pain and discomfort, a medical doctor should always be consulted before using any type of magnet therapy especially if you have a serious condition. If you have a pacemaker, you should not be using the Chisoft neck traction device with magnet.
If you have a pacemaker, you should not be using the Chisoft neck traction device with magnet.

**Who can benefit from ChiSoft II Neck Traction?**

This portable Air Neck Traction device has several built-in air chambers and provides an effective, gentle, even traction particularly suitable for office workers and people with whiplash. For the Air Traction Devices, use the inflation pump to slowly raise the pressure to a comfortable stretch. The traction allows the tight neck muscles to relax and relieve the pressure in the joints and nerves.

**Specifications - ChiSoft II Neck Traction Magnet**

- **Safety & Precautions**
  - Inner Diameter: *4.7 in (12 cm)*
  - Outer Diameter: *10 in (27cm)*
  - Neck Size: *11" to 19"*
  - Weight: *8.8oz (250 gram)*
  - Inflatable Layers: *3*
  - Magnets: *YES*
  - Adjustable Height: *YES*
  - Material: *Velour*
  - Max Rising High: *21cm / 8.3inch*
- Do not sleep with the Air Neck Traction
- Do no use as neck brace
- Do not use with acute neck strains or sprains.
- Do not use this neck traction device when you have a pacemaker
- Adjust the cushion vertically by blocking the upper layer to be inflated

**How To Use ChiSoft II Neck Traction Device with Magnets?**

Wrap the Chi Soft 2 around your neck and secure it with the Velcro strap. Squeeze the pump several times to inflate all three layers to begin the neck traction. As an option, you can prevent air from going into the top layer by pinching the blister on the tube after two layers are inflated. To deflate the neck traction device, simply turn the silver knob at the bottom of the pump.