



iReliev[®]

Shiatsu Neck & Back Massager



Model # MA-4040

Instruction Manual



Thank you for purchasing our Shiatsu Neck & Back Massager!

Please read this manual carefully before use to ensure proper operation. Please keep this manual in a safe place for future reference.

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CONTRAINDICATIONS

Before operating please read this instruction manual carefully. Please pay attention to the important safety warnings and keep this manual for future use.

- Please do not use it on bare skin.
- Please do not use on sensitive skin areas, areas of the body that are inflamed, areas with open sores or wounds, or areas of the body with poor circulation.
- Please do not use massage apparatus or electric blanket and other therapeutic equipment at the same time to avoid reducing or damaging the massage effect.
- Please do not use it during the menstrual cycle.
- Please do not use this device for the head and chest.
- Continuous massage of the same part of the body for more than 5 minutes may cause excessive stimulation and lead to adverse effects.
- Do not use it on patients with malignant tumors, heart disease, and other acute diseases.
- Consult your Doctor before using medicine or if you have an existing medical condition.
- Consult your Doctor for use if you have implanted electronic devices, hemorrhagic diseases, allergic constitution, high blood pressure, etc.
- Do not use this product if you feel unwell or are pregnant.

The advised use time is 15 minutes. Please take 20 to 30-minute breaks between sessions or use.

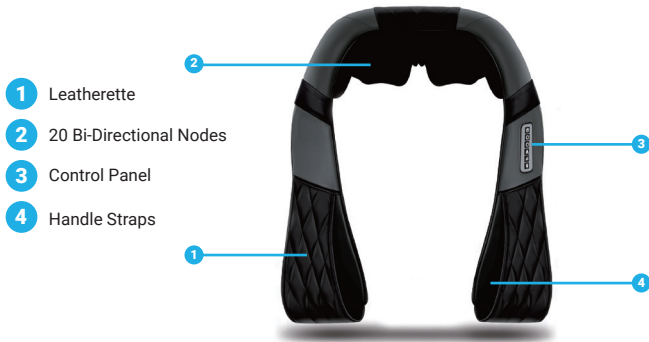
- Extensive use could lead to heating. If the product becomes too warm, discontinue use and allow the device to cool for 15 minutes before operating.
- This device is a personal health care product and cannot be used as an agent for medicine, as a treatment for any diagnosis or condition. This device is not considered medical equipment.
- Please be aware that the friction of the rolling shiatsu massage combined with the heat function can intensify the sensation of heat.
- Wearing baggy or non smooth materials while using the massager can increase your risk for burns related to friction. Tighter fitting clothes are ideal for use with massager.
- If you are prone to heat sensitivity or are insensitive to heat or have limited temperature perception, use the heat function with extreme caution. Use a towel, blanket, or other fabric made from nonflammable materials between you and the device to reduce your body's exposure to heat.

Consult with your doctor before using this massager if you have a serious medical condition such as heart disease, rheumatism, osteoporosis, high blood pressure, or various skin diseases or if you may be pregnant, if you have a pacemaker, artificial limb, or pins or screws inside any area of your body.

SAFETY WARNINGS

- ! **Dangerous:** In order to reduce the risk of electric shock please pull out the cord after use or before cleaning the device.
 - ! **Warning:** In order to reduce the risk of fire, burns, or other injury to others please keep this manual for future use.
- Use only with a 110 voltage power cord.
 - Do not use if the power cord becomes wet or damaged as this may cause electric shock or permanent damage to the device.
 - Please do not uninstall any spare parts of the device as to avoid a shortage in the circuitry or any other damage to the device.
 - Please do not use this device without the cover or if the outer cover becomes worn or damaged in any way.
 - Disconnect the cord and turn off the power when not in use or while installing or uninstalling.
 - Please do not put the device next to pillows or blankets to avoid overheating, causing a fire, electric shock, or burns.
 - Please do not attempt to take apart or substitute original parts from the manufacturer.
 - Discontinue use if the following problems occur: Power cord becomes wet or damaged, abnormal operation, if massager has fallen on the ground or been immersed into water.
 - Do not drag the massager by the power cord
Please keep the power cord a safe distance from heat.
 - Do not insert or drop objects into any openings of the device.
Do not use spray products to clean the device.
 - To power down, please turn off the device with the button on the control panel (⏻) and then pull the cord out.
 - For adult use only. Supervise children which are in the presence of the device to ensure their safety.

PRODUCT OVERVIEW



Product Name	Shiatsu Neck & Back Massager
Model Number	MA-4040
Rated Voltage	DC 12V \equiv
Rated Power	24W
Rated Time	15 Min
Quantity	1
Packing Size	153.5 x 67 x 83 in
Execution Standard	GB4706.1-2005 GB4706.10-2008

OPERATING INSTRUCTIONS

Preparation before use:

First check whether the adapter power cord and plug are intact and undamaged, then put the product on the shoulder, insert the DC plug on the left side of the guard hand to the adapter and connect it to the power supply.

Power Button:

Press the power button to start massage function. The device then enters the automatic mode. Press the power button a second time to shut the device down.

Direction Button:

After turning on, press the direction button to exit the automatic function. Press the forward button (kneading mode switches to positive kneading).

Auto Button:

After pressing the auto button, the massage will start auto mode. This mode massages forward 1 minute and will then reverse for 1 minute.

Intensity Button:

After turning on, the automatic mode defaults to medium intensity. The first time you press this button the gear switches to the lowest setting. Press the intensity button again to switch to the stronger setting.

Heating Button:

Press this button in the massage state to turn on the heating function. Press the heat button again to turn this feature off.

CONTROL PANEL OVERVIEW



Power Button



Forward Button



Reverse Button



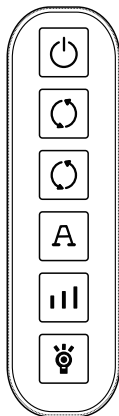
Auto Button



Intensity Button



Heating Button



MAINTENANCE AND CLEANING

- Daily cleaning should be wiped with neutral detergent and soft cloth. No corrosive detergent should be used.
- Do not use any sharp objects to cut the surface of the device.
- Do not press the device buttons with too much force.
- Operating strictly according to the instructions. Incorrect methods may lead to permanent or severe damage of the unit or harm to oneself.

TROUBLESHOOTING

Problem	Possible Causes/Treatment
Not working at all	Check all connections are secure and undamaged.
Suddenly stops at run time	Check the power plug; Re-press the power button to start the massage; 15 minutes have elapsed since the automatic timing device was locked; If the overheating protection device starts, please turn off the main power supply and pull out the power cord to rest the machine for more than 20 minutes and wait for the massager to cool down. If the problem still exists, please discontinue use and contact customer service.