



PRISM LIGHT POD  
NUTRITION - FITNESS - LIGHT

## Whole-Body Red Light Therapy

Clientele will benefit from full body rejuvenation with 15 minute Prism Light Pod sessions.



Relieve inflammation, stimulate collagen production, relieve sore muscles, aches and pains and enhance relaxation.

## Facial Treatments



Promote “Zero Downtime Recovery” from aesthetic services and facial treatments that cause redness and inflammation.

Prism Light Pod sessions will boost healthier, younger looking skin by reinforcing firmness, elasticity, smoothing wrinkles and cellulite, reduce the visibility of scarring from head to toe.

## Massage



Relieve soreness and inflammation in the area of focus. Improve healing throughout the body 4-10 times faster post massage.

## Body Treatments



Complement body treatments with Prism Light Pod sessions for full-body rejuvenation. Whole-body red light therapy sessions will increase circulation, reduce the appearance of cellulite, stimulate collagen production and open pores which allow moisturizers to penetrate deeper into the skin

## Touchless Menu

The six light therapy treatment settings allow you to implement a 100% unattended “Touchless” therapy which doesn’t require a technician to administer.

