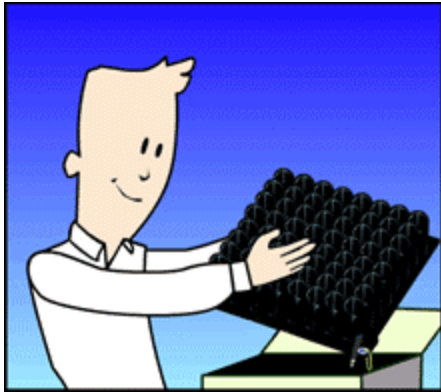




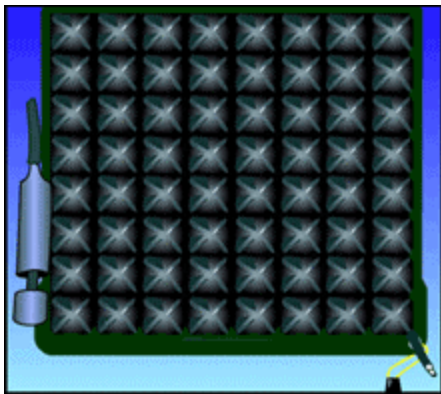
INSTRUCTIONS FOR ADJUSTMENT

# ROHO® Cushion



## STEP 1: Remove Product from Packaging

Congratulations. You now own a ROHO cushioning product designed and manufactured so you can achieve the highest possible level of performance and personal satisfaction.

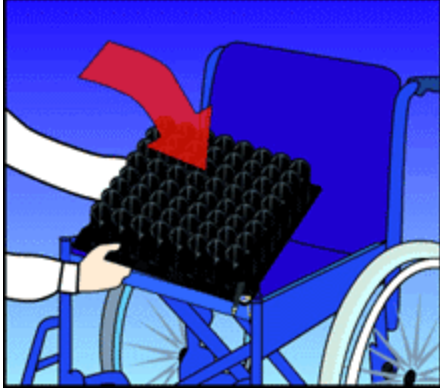


## STEP 2: Check Items

Your product should have come with the cushion, cover, manual, and hand-operated air pump.

NOTE: Cover (included) is recommended for use, but omitted from these instructions for graphic presentation. Please use the yellow rope handle to lift and carry your cushion.

## ROHO CUSHION ADJUSTMENT INSTRUCTIONS



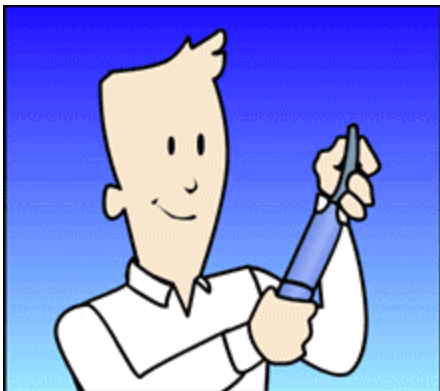
### STEP 3: Place the Product

Place your ROHO cushion on the chair, making sure it is centered and right side up, with the air valve in the front left corner.



### STEP 4: Open the Air Valve

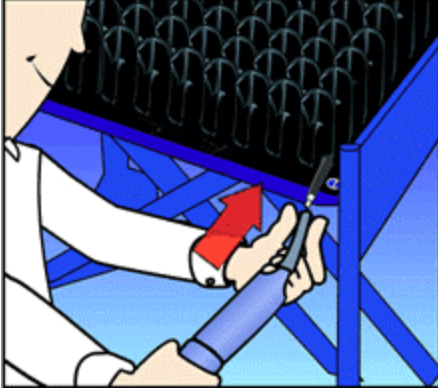
Turn valve counter-clockwise to open.



### STEP 5: Get Pump

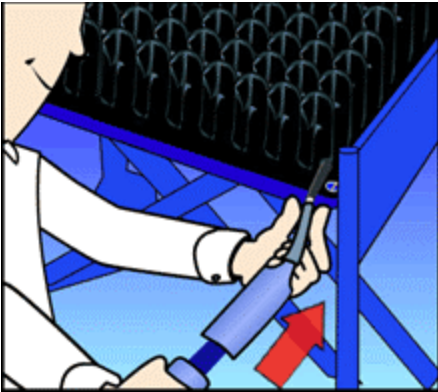
The pump has a flexible rubber hose.

## ROHO CUSHION ADJUSTMENT INSTRUCTIONS



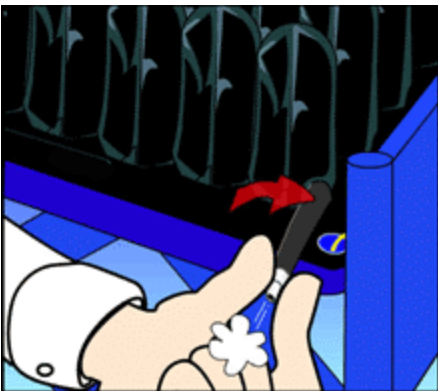
### STEP 6: Fit Pump Hose Over Valve

Slide the collar of the pump over the valve.



### STEP 7: Pump Air Into Cushion

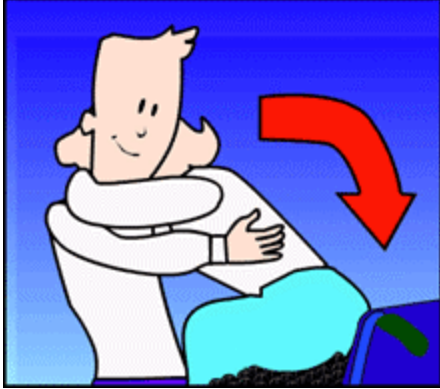
Inflate cushion until it begins to slightly arch upward.



### STEP 8: Remove Pump and Close Valve

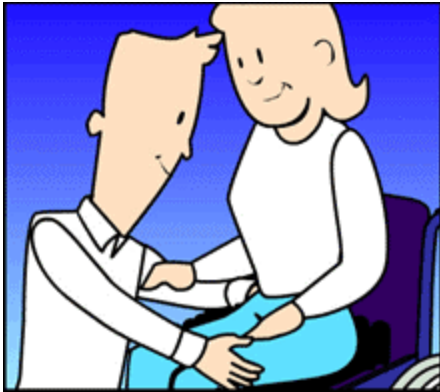
Remove the pump and quickly close the air valve by twisting in a clockwise direction. To avoid any loss of air, you may also close the air valve prior to removing the pump hose from the valve.

## ROHO CUSHION ADJUSTMENT INSTRUCTIONS



### STEP 9: Place Person On Chair

Gently place person on chair, making sure the ROHO cushion is centered underneath.



### STEP 10: Settle Person

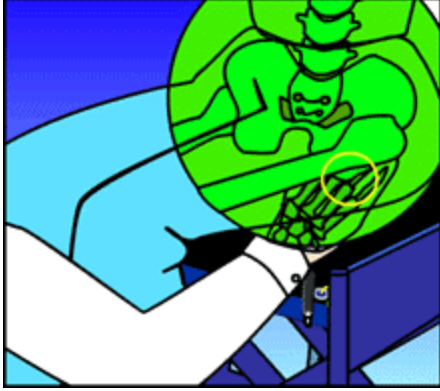
Place the individual on the cushion in his/her normal sitting position.



### STEP 11: Position Hand for Adjustment

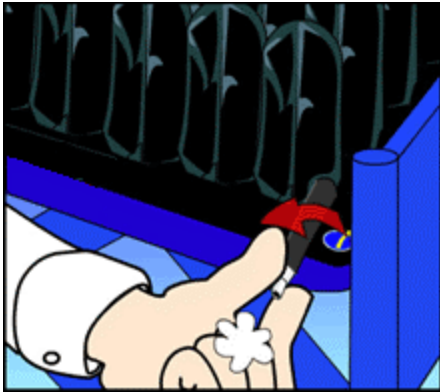
Slide your hand between the cushion surface and the person's bottom and feel for the lowest bony prominence.

## ROHO CUSHION ADJUSTMENT INSTRUCTIONS



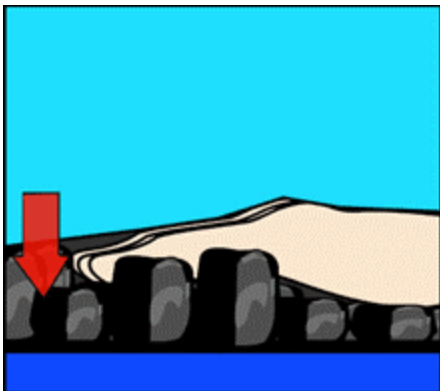
### STEP 12: Properly Position the Hand

Usually, the lowest bony area will be the ischial tuberosity or 'sit bones'. If you are not sure, lift the person's leg slightly and you should feel the bony area move in your hand.



### STEP 13: Begin Releasing Air

Rotate valve counter clockwise to begin letting out air, while keeping your hand under the person's sitting bones.



### STEP 14: Cushion Lowers

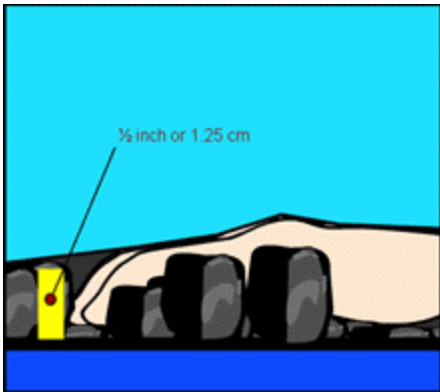
Allow cushion to lower until you can barely move your finger tips (approx. ½ inch or 1.25cm)

## ROHO CUSHION ADJUSTMENT INSTRUCTIONS



### STEP 15: Close Valve

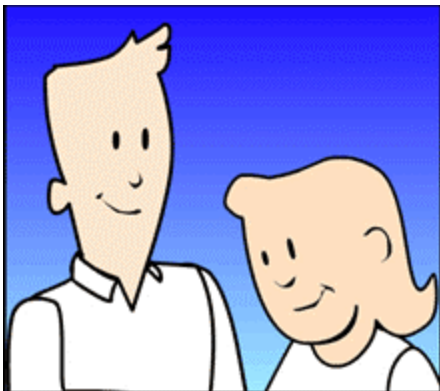
Rotate valve clockwise to close.



### STEP 16: Check Cushion Height

Wiggle fingers to make sure there is approximately 1/2 inch of air between person and bottom.

**Caution: Avoid 'bottoming out'.** The cushion is most effective when there is air between all parts of the person and the chair. If the person has bottomed out, please add air and repeat the process.



### CONGRATULATIONS!

You have now completed the adjustment process. Please be sure to check the cushion daily to ensure that you have not 'bottomed out', and to assure the cushion is properly adjusted. If you have additional questions, please feel free to call our Customer Service Department at 800-851-3449 or 618-277-9173. Thanks.