

SAFETYSURE® SUPER SLIDE™

The SSS Slide makes transferring patients between two different surfaces a simple and safe procedure. As an added benefit, the SSS Slide can be separated and used as either a handled mobility sheet or transfer slide. This makes the SSS Slide one of the most versatile transfer devices available.

MTS MEDICAL SUPPLY
Making Your Life Easier

SuperSlide - Transferring Patient



Figure 1



Figure 2

When transferring a patient from one surface to another, position the handled mobility sheet of the SSS Slide under the patient (figure 1). When placing the sheet make sure that the slide is positioned in the direction of the transfer. Next, position the patient on the center of the mobility sheet and spread the slide in the direction of the transfer (figure 2).



Figure 3



Figure 4

Begin the transfer by pulling the patient towards you using the handles of the sheet portion of the SSS Slide (figure 3). The frictionless inner surface of the slide makes the transfer easy while reducing strain on the caregivers back. After the transfer is completed (figure 4), use the handles of the mobility sheet to roll the patient and remove the SSS Slide.

Mobility Sheet - Moving up in bed



Figure 5



Figure 6

There are many ways to boost a patient further up in bed. If the patient is not too heavy, the caregiver can perform a solo boost (figure 5). For heavier patients, an assistant is needed. Stand on opposite sides of the bed to complete the procedure. It is helpful if the patient can push with their legs (figure 6). Take care not to pull so hard that the patient's head bumps against the headboard.

Mobility Sheet - Turning in Bed



Figure 7



Figure 8

There are many ways to turn a patient in bed. If there are two caregivers (figure 7), they can stand on the same side or opposite sides of the bed. In the case of a light or active patient, only one caregiver is needed (figure 8). Turning is generally accomplished in two stages: place the mobility sheet on the bed and slide the patient on to the sheet. Lift and turn the patient using the handles on the mobility sheet. After the turn has been completed, remove the mobility sheet and place a positioning cushion.

Mobility Sheet - Lifting from Floor to the Bed



Figure 9



Figure 10



Figure 11

If the patient is heavy or tall, it is recommended that two mobility sheets be used. Overlap the Mobility Sheets at the patients midsection, leaving six handgrips available for the lift.

Transfer Slide - Moving in Bed



Figure 12

The transfer slide portion of the SSS Slide is best used with patients that have limited mobility and can help in the transfer process. The frictionless inner surface of the slide permits a smooth and safe transfer. To boost a patient in bed, place the slide under the patients shoulders and buttocks. Have the patient raise their knees and have them push up towards the head of the bed while the caregiver pulls up from the patients shoulders (figure 12). After the boost has been completed, remove the transfer slide. **When using the slide portion of the SSS Slide make sure that the Velcro® tabs are placed on the surface of the bed, not the side that the patient lays on. This will eliminate the patients clothing or hair sticking to the Velcro tabs.**



Figure 13

The slide can also be used to assist in the independent and dependent turning of a patient. With the slide placed under the patients midsection, they can use the bed rails to move sideways or turn (figure 13). The caregiver can assist the patient in moving by placing their hands on the patients hips and then sliding the patient sideways on the bed. Remove the transfer slide after the desired movement has been accomplished.

Instructions for Cleaning

Hand wipe with disinfectant. To machine wash, remove the plastic insert from the Mobility Sheet and wash in mild detergent. If washing the mobility sheet separate from the slide, fold sheet and slide and attach the two Velcro strips together. This keeps lint from accumulating in the Velcro. Tumble dry in mild temperature or air dry.


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Professional Series