



User manual Senso® Balance Bar

Congratulations!

You are now the owner of a Senso® Balance Bar, a product “made in Germany”. This sports tool was produced in compliance with valid EU norms. It is free of forbidden phthalates and heavy metals.

This tool is completing the Senso® Balance product family. A new feature is the improved contact with the ground. The air-filled Balance Bar. Ideal for building up your balance. With senso knobbs to improve perception. Available in 3 different colors. The air filling and the special Senso® knobbs ensure an ideal stimulation of the proprioceptive senses and are especially suitable for all stepping and walking exercises.

Ideal for perceptual training of children as well as adults.

Warning

- Avoid storage in direct sunlight or near heat sources, because otherwise the Senso® Balance Bar might deform
- Avoid contact with sharp and pointed objects (e.g. broken glass, pointed rocks in shoe soles) because they can damage the Senso® Balance Bar. Do not throw the Senso® Balance Bar!
- Use sport shoes, regular shoes or be barefoot while training on the Senso® Balance Bar
- Prior to any use, the Senso® Balance Bar should be checked for damage because otherwise a safe handling is not guaranteed
- The Senso® Balance Bar has to rest on a horizontal, stable and dry ground, to make sure, that the Senso® Balance Bar cannot slide away during the exercises.

Equipment details:

The Senso® Balance Bar is made of high-grade Ruton® with a needle valve.

Size: ca. 50 x 7,5 cm

Load: 200 kg

Care:

Use mild standard detergents and disinfectants. Dissolvers as well as acidic or corrosive cleansers can harm the material. The Senso® Balance Bar is waterproof

How to inflate:

The air filling of the Senso® Balance Bar can be regulated by using a standard needle pump (e.g. ball pump)

Therefore the Senso® Balance Bar is equipped with a needle valve.

Please perform changes to the air pressure inside the Senso® Balance Bar (inflation or bleeding) only, when the Senso® Balance bar has room temperature. Always moisten the needle before carefully inserting it into the valve.

