## ShotBlocker® User Instructions

- 1. Select the injection site and prep the skin as usual.
- Hold ShotBlocker so that the blunt contact points touch the patient's skin at the injection site.
- 3. Press ShotBlocker FIRMLY against the skin. (A)
  DO NOT MOVE OR REMOVE SHOTBLOCKER UNTIL
  THE INJECTION HAS BEEN COMPLETED.
- 4. Immediately administer the injection in the usual manner through or near the central opening of ShotBlocker. For subcutaneous injections, angle the needle as needed to give the injection. (B) IF MORE THAN 20 SECONDS ELAPSE BETWEEN THE PLACEMENT OF SHOTBLOCKER AND THE INJECTION, COMPLETELY REMOVE SHOTBLOCKER FROM THE SKIN. REPEAT THE PROCESS BEGINNING WITH STEP 2.
- After you have completed the injection and withdrawn the needle, remove and discard ShotBlocker.







## Helpful Hints When Using ShotBlocker®

- Explain how the ShotBlocker will use the distraction technique to hide the pain.
- Calm patients by letting them feel the device and demonstrate how it works.
- Have the patient look away while you perform the injection.
- Press the ShotBlocker firmly onto the patient making sure the contact points touch the skin. (This creates the necessary sensation for ShotBlocker to be effective)

- Best results are achieved when performed on children ages 4 and up.
- ShotBlocker significantly reduces the pain and discomfort associated with routine injections 80% of the time. (Maumee Pediatric Associates, 2002)
- The ShotBlocker does not eliminate the sting from medications but blocks the pain of the needle poke.