Super Soft Heel Protector



- Universally sized heel protector designed for treatment and prevention of heel pressure sores
- Open heel design effectively eliminates heel pressure by suspending the heel in the air and also promotes faster healing
- Ultra soft, open weave fabric with pillow style cushioning which minimizes shearing and friction
- Extended height prevents sheets and blankets from contacting the toes
- Reduces risk of plantar flexion (foot drop)

- Easy to apply with adjustable straps for custom fit
- DVT compatible
- Meets CA 117 flammability standards
- Universally sized for either foot







Bilateral Anti-Rotation Gripper™

Re-Order#	Description	Warranty	Case Qty
503410	Heel Protector	6 mo.	Ea.
503420	Heel Protector w/ Bilateral Anti-Rotation Gripper	6 mo.	Ea.
503430	Bilateral Anti-Rotation Gripper - 11 3/8" x 8" x 3 1/2"	6 mo.	Ea.

Purpose

Comfortable support for the prevention and healing therapy of heel pressure ulcers, deep tissue injury and plantar flexion contracture.

Easy to Use

- Ankle/Instep
 - 1. Place patient's foot inside the Heel Protector. Make certain that the heel is suspended over the air cavity (Fig. 1).
 - 2. Make sure toes are facing upward (Fig. 2, on back), see toe label. Fig. 1
 - 3. Thread the Velcro® strap through the web loop near the toes and secure the closure (Fig. 3, on back).



Easy to Use (cont.)

- 4. Thread the ankle strap through the web loop near the ankle and secure closure (Fig. 3).
- 5. Velcro® closures should be snug but not tight.
- If using the Bilateral Anti-Rotation Gripper, place foot with Heel Protector into Bilateral Anti-Rotation Gripper.

 Bilateral Anti-Rotation Gripper prevents rotation in either direction (Fig. 4).

 The Bilateral Anti-Rotation Gripper will release from the boot when the

boot is lifted out of the Bilateral Anti-Rotation Gripper.

• As may be required by the caregiver, a knee elevator (ReOrder# 555040) can be used as shown in *Fig. 5* to relax the pressure on the knee and spine.



- 1. Use on bedridden patients only.
- 2. Do not allow patient to walk or stand on the floor while wearing the protector.
- 3. Have medical professional remove heel protector periodically to inspect skin.
- 4. Do not over tighten straps.
- 5. Assure that the foot is placed in the protector so that the heel is off-loaded.
- 6. When used with the Deep Vein Thrombosis (DVT) device, assure that the tubing is not in contact with the skin and the air flow is not compromised.
- 7. Periodically inspect the heel.

Easy Care

Clean heel protector with germicidal cleaning solution or soap and water. If necessary, launder at temperatures below 180°F (82°C). Dry at the low setting. Do not use bleach directly on the fabric. Be sure to connect straps to Velcro® closure before laundering.



Fig. 2



