

# Sensory Pillow



Re-Order Number	Descriptions	Size	Units
914582	Small - Four Fabrics	14" x 13.5" x 5"	Each
914584	Large - Four Fabrics	20" x 116" x 5"	Each

## Purpose

The brain seeks information primarily by directing individuals to look, listen, smell, touch and taste. It is important to note that the experience of any event is almost always multi-modal involving the sensory and motor systems (Freeman, 1991, Thelen & Smith 2000). It has been found that therapeutic touch (Krieger, 1997) is effective in decreasing anxiety. These multimodal pillows address sight and touch and are effective in reducing anxiety, boredom and serve as a tool in helping develop the sense of touch.

## Easy to Use

These sensory pillows should be placed on the persons lap or convenient surface. The individual should be encouraged to feel the four surfaces and identify the feel. Once the correct sensations are identified it is recommended that similar surfaces of other products be compared with the pillow.

## Easy Care

The Sensory Pillow cover can be laundered. Remove outer cover, wash at temperatures not to exceed 180°F (82°C). Air dry cover. If any rips in the material are observed, this product should be discarded.