AMTRYKE LLC Spacer Block Assembly Part# 30-0154

Contents: Pedal Block(s), 3" wide adhesive back loop

- 1) Remove heal strap from pedal.
- 2) Remove paper backing from 3" wide loop.
- 3) Place adhesive loop onto footplate so that it is flush with front edge of pedal.
- 4) Install heal strap through slotted holes located on the bottom of the footplate.
- 5) Spacer blocks can now be added by placing the opposite side down onto the footplate.

NOTE: if adding foot cups do the following only after you have followed the above instructions.

- 1) Thread the heal straps through the slotted holes of the foot cup.
- 2) Thread the toe straps through the slotted holes of the foot cup.
- 3) Remove any slack by pulling up on the straps until the foot cup is secure against the space block.