

Quick Start
Instruction Manual

Steady-3



 Steadywear.

Stedi-3 parts:



How to wear:

1. Turn the device upside down. Unfasten the strap, and loosen it as far as it will go.



How to wear:

2. Orient the device such that the button is facing away from you.

Left hand unit



Right hand unit



How to wear:

3. Slide your hand into the device such that your thumb is in between the straps that are closer together.



How to wear:

4. Pull the end of the strap to tighten the device, then fasten the strap in place.



How to Wash/Clean:

Use a wet wipe to clean the strap, bottom pad and stabilizer as needed.

Using the button:

Press the button to activate the enhanced mode. Press the stabilizer down to return to the standard mode until it clicks.

Standard mode



Ideal for everyday use, providing effective stabilization in most situations.

Enhanced mode



Increases stabilization strength and offers greater resistance, providing additional support for tasks requiring enhanced steadiness.

You can switch between Standard and Enhanced Mode at any time, depending on your needs.

Now you're ready to try it

Take a few deep breaths—relax your hands and shoulders. Anxiety can sometimes make tremors feel worse, so start in a quiet space where you feel comfortable.

For your first experience, simply wear the glove and get used to how it feels. Rest your hand on your lap or hold a familiar object like a phone or remote.

When ready, try a simple movement—picking up a light object, holding a cup, or using a utensil. Switch between Standard and Enhanced Mode to see what works best.

Give yourself time. Your hand may need a little while to adjust. Try using Steadi-3 for two weeks and notice when tasks start feeling easier.

No rush—just take it one step at a time.

Important Safety Information

- Beware of magnetic interference. The Steadi-3 stabilizer unit contains magnets. If you are undergoing an MRI, have a cardiac pacemaker, or other implantable medical electronic devices, please consult your healthcare provider prior to using the glove. The Steadi-3 is a class 1 medical device that is FDA registered and has received a medical device establishment license from Health Canada.
- Do not expose to flammable gas and high temperatures. Keep away from sources of ignition and direct heat, such as microwaves and ovens.
- Keep away from water. Do not immerse in, or expose to, excess water while handling. Failure to keep the product in a minimally wet environment may result in damage to the product.

- **Do not use the glove:**

- while driving or operating any form of machinery
 - while operating sharp objects such as knives
 - while running, exercising, climbing stairs, or playing sports
 - in extreme weather conditions
 - while sleeping

Do not disassemble the stabilizer unit. Touching the product's internal parts could result in an injury. In the event of a malfunction, the product should be repaired only by Steadiwear Inc. technicians.

- **Travel friendly.** Steadi3 is safe for travel, and is classified as a Class 1 medical device. The device is battery-free and is activated upon sensing a tremor above 2 Hz. You will not require any special documentation.

- **Use product appropriately.** Use the product for the intended purpose only as described in the user manual.

External use only. Do not open the stabilizer or consume components.

Keep out of reach from children. Failure to adhere to this precaution can result in injury. Note that separate units of the glove can constitute a choking hazard. In such circumstances that a child does swallow any part of this product, immediately seek medical assistance.

Warranty disclaimer. Modification of the unit will void the warranty.

Once the product has been shipped for return, it can take up to 2 weeks to process your refund from the time your return arrives at our warehouse.

Liability disclaimer

- In cases where the glove is used improperly (i.e. while playing high impact sports), Steadiwear Inc. will not be held liable.
- The use of the product does not guarantee protection from any injury.
- The use of the product does not guarantee any enhanced level of athletics or physical performance.
- Consult your healthcare provider for any adverse medical reactions or conditions as well as any questions pertaining to how the product applies to specific medical conditions.