

TDP Mineral Lamp Instructions

How do I use or position the TDP lamp? The TDP mineral lamp head should be positioned 12-16 inches from the body area to be stimulated and the timer set for 20 to 40 minutes.

Prevent and control pain and stiffness, enhance well-being

Direct the TDP lamp on the trauma area at a distance of 25~30 cm for 20~40 minutes. Treatment is once a day and the course is 6 to 20 treatments.

Reduce joint pain and stiffness.

For treatment of more superficial discomfort, direct the healing lamp on the area from a distance of 25 to 30 cm, thirty minutes once a day. The treatment period is 7 days.



The treatment is pain free and relaxing.

The TDP healing lamp can be used to warm topical areas for surface distress, but also the lamp penetrates the skin helping to temporarily relieve muscle spasm, sprains and strains, and minor muscular back pain.

The manual timer of **TDP CQ-29** and **TDP CQ12B** can be both set to maximum of **60 minutes**.

The timer will sound when the time is up and also switch off the TDP healing lamp to ensure you receive accurate and regular treatment. You'll also never forget to turn off the TDP healing lamp as the timer is the only switch for the unit.

Extremely Safe with Protection cap



There is a protecting cap preventing contact with the heated mineral plate. The head of the TDP healing lamp has full tilting arms in order to place the head at the right angle and distance from the area being treated.

The Mineral Therapy head is fully replaceable and has a working life of 1000 - 1500 hours. Replacement heads are available from us.

The floor standing version of the TDP healing lamp features 5 wheels for easy movement allowing you to place the lamp at the perfect angle for treatment. The wheels also allow for easy storage of the healing lamp.