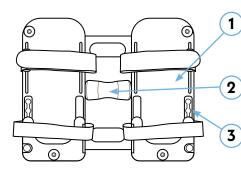


## ADVANCED ANKLE

## STRENGTHENING & RECOVERY

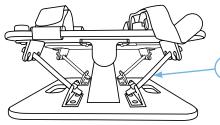
The Total Ankle Trainer is a new portable patented machine specifically designed to aid in strengthening and rehabilitation of the ankle. Ankle sprains, sports injuries, conditioning, drop foot, poor balance, stroke recovery, and pain management associated with Plantar Fascitis and many more conditions.



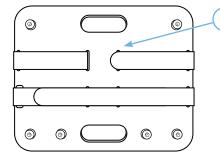
Dual Planterflexion and Dorsiflexion Pedals. Resistance training for 3 levels of resistance, 10 to 30 lbs of safe ascending resistance.

Foot Roller. Smooth contoured shape perfect for massaging the plantar fascia, bottoms of feet.

6 Levels of Dorsiflexion isolation on both pedals to focus on dosiflexion and adjust intensity. Important to address weakness typical in injured ankles or stroke recovery.



45° Degrees of movement. Can be adjusted from most seated heights for comfort and targeted movements including wheelchairs and hospital beds.



Active Assistance Supported Board. When flipped over dual straps and heel stops can provide self range of motion and active assist range of motion from the stronger ankle to promote strengthening of a weaker ankle.