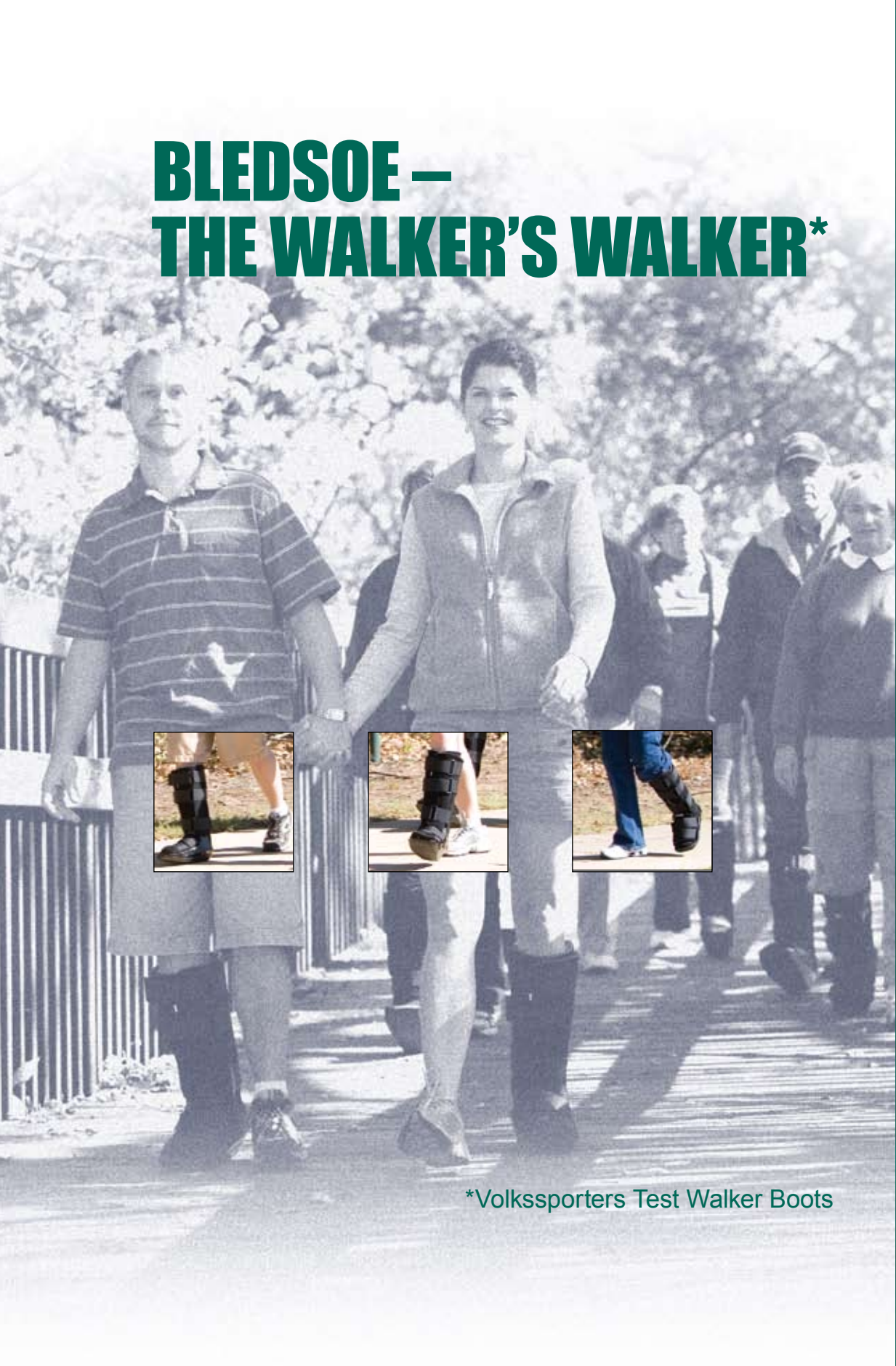


# BLED SOE – THE WALKER'S WALKER\*

WALKER BOOTS



\*Volkssporters Test Walker Boots





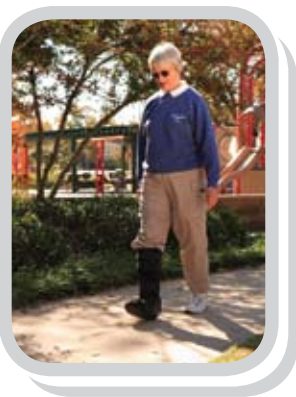
## Who Better to Test Walker Boots than a Serious Walker?

The Tarrant County Volkssport Walkers were perfect to evaluate boots. Volkssport is built around walking. Over 3,000 'Volksmarches' (non-competitive 10 kilometer walks) are held by the American Volkssport Association\* each year.

### **Volkssporters know something about walking.** **Comfort. Movement. Gait. Safety.**

We asked them to compare the leading walker boots. For the test, we created an obstacle course of barriers people face every day -- steps, hills, grass, ramps and more. Afterwards, they answered a questionnaire and discussed each of the boots.

### **In the end, they dubbed Bledsoe the 'Walker's Walker.'**



"The gait is smoother. The bottom is very round... goes forward instead of back like the other one did.

"It's easier to walk up and down little hills and on grass."  
~ Susan

\*There are thousands of Volkssport clubs around the world, allied by the International Volkssport Federation - [www.ivv.org](http://www.ivv.org). To find one of the 350 U.S. Volkssport clubs check with the American Volkssport Association.

American Volkssport Association  
1.800.830.WALK  
[avahq@ava.org](mailto:avahq@ava.org)

Internationally, check with the International Volkssport Federation.

# 5 Reasons the Bledsoe Walker Outperforms Competition

## 1. Lower Heel Height Provides a More Balanced Gait



To walk like a shoe, you've got to fit like a shoe.

Higher heel placement forces the patient to limp unevenly, or 'circle the foot' to step. That's a sure path to back pain.

The industry average heel height is about 1.44 inches.

Several models place the heel as high as 1.75 inches.

Bledsoe's heel height replicates the height of a shoe—3/4 of inch.

We approximate the height of a heel in a shoe.

It is a real difference that helps Bledsoe Walkers 'walk like a shoe.'

## 2. Narrower Heel Reduces Pressure On The Knee



Boots are built wide to accommodate dressings and swelling.

But ankle width should **not** translate to the heel. That affects the gait.

On heel strike, a wide heel leverages force up the arms of the boot, putting unnecessary pressure on the knee.

Boot heels average almost 3.5 inches across.

To 'accommodate swelling', one popular model has a heel 5 inches wide.

Bledsoe makes the narrowest heel in the industry at 2 inches.

So there is no pressure on the knee. No danger of slipping on the edge of the heel.

## 3. Aluminum Arms Form to the Ankle



To accommodate swelling and dressings, Bledsoe uses formable aluminum arms that can change with the width of the ankle without negatively affecting the gait.

## 4. The Confidence of a Natural Stance

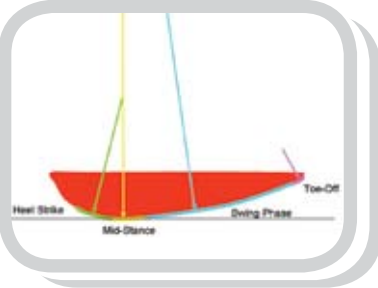
Our natural stance, in bare feet, is canted slightly forward about 3 degrees. Bledsoe boots mirror that stance.\* It is only natural.

The major providers of walker boots set their stance between neutral (0°) and - 3°. To the patient, it provides a slightly worrisome feeling of falling backwards.

That feeling is worse on an incline, or stairs.

Bledsoe is the only boot with a slight forward cant.

It means your patients move with confidence. It feels right.



## 5. Computer-Designed Rocker Panel Promotes A Normal Gait

The Rocker Panel has four critical radii that make this the smoothest walking boot in the business... from heel strike to mid-stance and an appropriate swing phase to toe-off.

The relationship of these curves means your patient will walk smoothly without articulating the foot.



## Bledsoe – The Walker's Walker

- **No pelvic tilt – Prevents lower back pain**
- **Safer on inclines**
- **Safer on stairs**
- **Easier on hips and knees**
- **All Bledsoe boots feature breathable foam for improved patient comfort**

\*In accordance with indications, several Bledsoe boots provide a neutral stance.

The Bledsoe Bunion and Platform boots are neutral to reduce forefoot pressure.

The Conformer and Charcot Conformer diabetic boots are in neutral position to protect the ankle. The Nite'n Day Boot uses wedges to determine dorsal flexion, and is thus positioned neutral.

Bledsoe delivers the widest size range available, from the child size Wee Walker to the athlete-loving men's size 17





# Everyday Boots

"The Bledsoe boot is more comfortable.  
Natural walking, even walking up a step."  
~ Paul



## AdjustaFit™ (LC) Suggested Lcodes: L4360 or L4386

Our most economical boot, the AdjustaFit™ provides design attributes that make it the smoothest walker on the market.

- **Aluminum arms easily adjust to accommodate swelling and dressings**
- **Lightweight aluminum shell provides strength without weight**

Available XS-XL in full length or mid-calf  
With or without Ankle Air Bladder\*

AL25300x	AL05305x (w/ankle-heel support)
AL25400x (pre-assembled)	AL05405x (pre-assembled w/ ankle-heel support)
AL25600x (mid-calf)	AL05700x (mid-calf w/ankle-heel support)

## AdjustaFit™ Wide Suggested Lcodes: L4360 or L4386

The AdjustaFit Wide comes ready-made to fit swollen ankles or large dressings.  
For physicians who prefer a wider boot that minimizes the need for customizing.

- **The AdjustaFit Wide shell is pre-shaped 1 inch wider than the standard boot**
- **The wider boot still features the proprietary Bledsoe narrow heel**

Available XS-XL in full length or mid-calf  
With or without Ankle Air Bladder\*

AL25360x	AL25660x (mid-calf)
AL25460x (pre-assembled)	



## Platform™ Suggested Lcodes: L4360 or L4386

Flat innersole helps prevent dorsi-flexion for post-operative tarsal, metatarsal and phalange procedures. The Platform can also be used for metarsal, forefoot or calcaneous fractures and forefoot sprains.

Available XS-XL in full length or mid-calf  
With or without Ankle Air Bladder\*

AL24300xBB-  
AL24310x (mid-calf)

“I walk naturally in the Bledsoe.”

~ Barb



## Popular Options

- Air Ankle Bladder** Provides pneumatic ankle pressure support for improved comfort  
Ankle bladders earn additional reimbursement in some plans
- EZ Set Hinge** Allows range of motion
- Night Cover** Patients appreciate the boot Night Cover, which keeps linen clean from the day's activities
- Rain Cover** For use in extreme weather conditions to keep the foot clean and dry
- Cold Cover** For use in colder climates to keep the foot warm



## ProGait™ (ST) - *Our Most Popular Boot* Suggested Lcodes: L4360 or L4386

The ProGait brings it all together. Lightweight, reformable arms, the natural gait and the right price.

- **Closed toe calf cuff bootie**
- **Optional heel & ankle pad without air**

Available XXS – XL in full length and XS-XL in midcalf  
With or without Ankle Air Bladder\*

AL23200xBB-	AL03205xBB- (w/ankle-heel support)
AL27400xBB- (w/EZ Set Hinge)	AL07405xBB- (w/EZ Set Hinge & ankle-heel support)
AL25200xBB- (mid-calf)	AL05205xBB- (mid-calf w/ankle-heel support)
AL27500xBB- (mid-calf w/EZ Set Hinge)	AL07505xBB- (mid-calf w/EZ Set Hinge & ankle-heel support)

## Wee Walker™ - *Pediatric Boot* Suggested Lcode: L4386

The Wee Walker fits children as young as 1 year.

Available S, L and XL

AL18500xBB

Age in years	Foot Length	Leg Length*	Boot Size (x=)
1 - 2	up to 6" (15 cm)	up to 9" (23 cm)	S-M (3)
2 1/2 - 6	6" - 7.5" (15 - 19 cm)	up to 11" (28 cm)	L (7)
6 1/2 - 9 1/2	7.5" - 8.5" (19 - 22 cm)	up to 14" (35 1/2 cm)	XL (9)

\*For leg length measure from ankle to middle of knee.



# Specialty Boots

Solutions for - Bunion Surgery - Insensate and Sensate Diabetes  
- Achilles Tendon - Plantar Fasciitis



## The Bledsoe Bunion Boot

Suggested Lcode: L4360

Bunion surgery patients may not need crutches!

- Gently keeps toe in position
- Pneumatic forefoot pad keeps pressure off toe
- Prevents unnecessary movement
- Better control
- Reduces pain
- Greater comfort and convenience
- One boot fits right or left
- Reduces swelling as it promotes healing
- Provides the Bledsoe natural gait

Available S-L  
With or without Ankle Air Bladder\*

AL25800x



The innovative pad-and-band holds the toe in position with constant gentle pressure, and separates the second toe



Soft Auto-mold™ sole cushions the foot while preventing unnecessary movement



The platform innersole maintains neutral joint position



**Achilles Boot** Suggested Lcodes: L4360 or L4386

**Walk sooner, without crutches!**

The Achilles Boot places the foot in a plantar-flexed position using four 10° wedges in the heel. As the condition improves, wedges are removed.

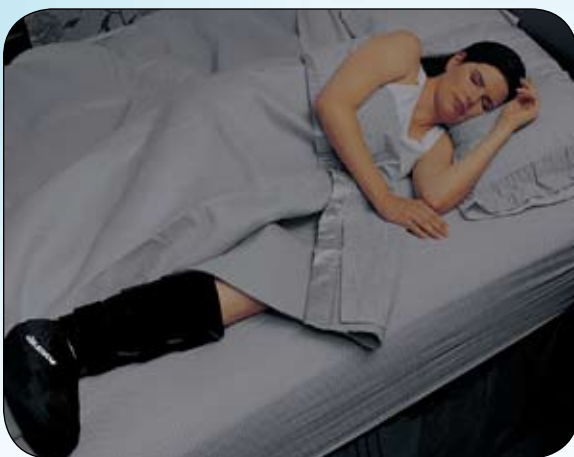
The wedges allow the patient to walk without putting tension on the tendon.



The Achilles boot gently stretches the Achilles tendon during rehab without casting.

Available S-XL  
With or without Ankle Air Bladder\*

- AL23601xBB-
- AL23511xBB- (Left w/PTB)
- AL23521xBB- (Right w/PTB)



**Nite 'N Day™ Boot** Suggested Lcodes: L4360 or L4386

**Finally, relief from plantar fasciitis pain!**

The Nite 'N Day boot treats moderate to severe plantar fasciitis.

It prevents tears in fibrous tissue that occur after a night of rest. It also helps stretch the Achilles Tendon to provide relief and prevent future episodes.

The Nite 'N Day boot keeps the foot in a dorsi-flexed position that maintains the length and/or position of the plantar fascia.

A combination of wedges fit beneath the forefoot and toe. As the condition improves, simply remove wedges.

Available XS-XL  
With or without Ankle Air Bladder\*

AL24301x



- Includes four foam wedges (two 5° and two 2.5°) to allow dorsi-flexion increases from 5° to 20°
- Breaks the night time healing/morning pain cycle



Night Cover

\*To order versions without an "Ankle Air Bladder", use base number listed and substitute "AL0" for "AL2" (Ex. "AL28500x" for a Lo-Top Boot w/air, "AL08500x" for a Lo-Top Boot w/o air)

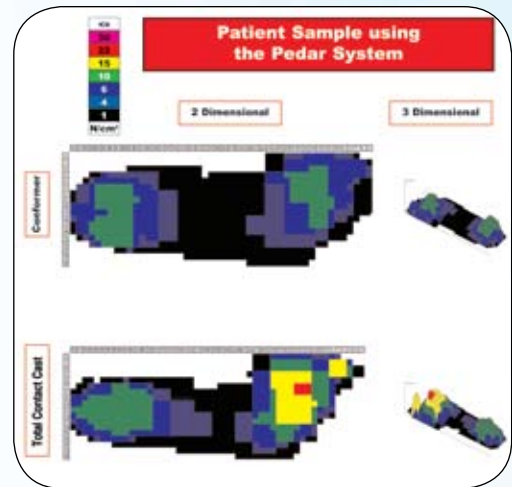


# Diabetic Boots

## The Conformer™ Recognized as Best Performing Diabetic Boot Suggested Lcodes: L4360, L4386

For the treatment of ulcerative or pre-ulcerative conditions of the insensate diabetic foot.

- Fully enclosed, breathable cocoon encases the foot and lower leg for total protection



Outperforms the Total Contact Cast in reducing pressure.

- 30% less peak pressure
- Lowest shear pressure!
- Proprietary Auto-mold™ foam holds shape to buttress the foot
- Prevents movement that can break down sensitive skin
- Promotes circulation of oxygenated blood to the foot



The dual density mid-sole foam promotes perimeter loading.

- Easily cleaned - won't absorb fluids

Available for Men's shoe sizes 4-15 and Women's shoe sizes 5-16 (Euro 35-49)

With or without Ankle Air Bladder\*

AL2411xx (Left)

AL2412xx (Right)





## Charcot Conformer™ Suggested Lcode: L4360

**Off-the-shelf treatment for Charcot Foot**  
**Features a winged patella tendon bearing plate attached to a hi-top Conformer boot**

- Off-the-shelf design requires no casting
- Optimal offloading protects delicate tissue
- Resist further deformity by relieving pressure
- Patients are protected AND mobile!
- Transfers weight bearing pressure to the patella tendon and tibia
- Easy to take off and put on for bathing and hygiene
- Pneumatic PTB adjustment for comfort and additional support
- Fully enclosed cocoon restricts foot motion
- Auto-mold™ foot bed shapes to the foot without creating pressure points
- Dual density foam midsole distributes weight and maximizes perimeter loading
- Reduces forefoot and mid-foot plantar pressure

Available for Men's shoe sizes 4-15 and  
 Women's shoe sizes 5-16 (Euro 35-49)

With or without Ankle Air Bladder\*

AL2421xx (Left)  
 AL2422xx (Right)



## Tenderfoot™ Suggested Lcodes: L4360 or L4386

**Effective treatment for the sensate diabetic foot**

The Bledsoe diabetic system floats the foot in complete comfort and safety using the innovative Auto-mold™ foam innersole that shapes to the foot and evenly distributes weight.

The Tenderfoot allows the patient to walk immediately. The boot resists shear force friction and weight is distributed more evenly than a contact cast.

Available for men's shoe sizes 4-15 and  
 women's shoe sizes 5-16 (Euro 35-49)

With or without Ankle Air Bladder\*

AL2491xx (Left)  
 AL2492xx (Right)



Men	Women	Euro	Leg Length*	Boot Size (xx=)
4-5.5	5-6.5	35-37	11"-13" (28-33 cm)	04
6-7.5	7-8.5	37.5-39.5	11"-13" (28-33 cm)	06
8-9.5	9-10.5	40-42	13"-15" (33-38 cm)	08
10-11.5	11-12.5	42.5-44.5	13"-15" (33-38 cm)	10
12-13.5	13-14.5	45-47	15"-17" (38-43 cm)	12
14-15.5	15-16.5	47.5-49.5	15"-17" (38-43 cm)	14

*Size chart for diabetic boots only. See size chart on page 11 for other boots.  
 \*Leg length for Charcot Conformer only.*



# Long Term Boots

"The Bledsoe boot isn't as heavy.  
I don't feel like I have to swing my leg around.  
I can walk naturally." ~ Aaron (with Sarah)

**The Bledsoe Long Term boots are premium boots with greater functionality for patients who will wear the boots for an extended period.**



## The Bledsoe Hi-Top™ Suggested Lcodes: L4360 or L4386

This is our best Fracture Boot.

The Hi-Top provides tremendous control.

It offers two layers of pads to contour to the ankle shape, adding comfort and improved control.

The **open back design** allows alignment of the foot to the rocker bottom to optimize the gait.

### Options

- EZ Set Hinge: ROM from 20° dorsi-flexion to 40° plantar-flexion in 10° increments
- Air ankle to adjust ankle pressure for support and comfort.
- Anterior Tibial Fracture Plate
- Winged Tibial Fracture Plate for Patella Tendon Bearing

Available XS-XL, with or without Ankle Air Bladder\*

AL23600xBB-	AL27200xBB- (w/EZ Set Hinge)
AL23602xBB- (w/bootie cuff)	AL27202xBB- (w/EZ Set Hinge and bootie cuff)
AL23510xBB- (Left w/PTB)	AL27310xBB- (Left w/PTB and EZ Set Hinge)
AL23512xBB- (Left w/PTB and bootie cuff)	AL27312xBB- (Left w/PTB, EZ Set Hinge and bootie cuff)
AL23520xBB- (Right w/PTB)	AL27320xBB- (Right w/PTB and EZ Set Hinge)
AL23522xBB- (Right w/PTB and bootie cuff)	AL27322xBB- (Right w/PTB, EZ Set Hinge and bootie cuff)

## The Bledsoe Lo-Top™ Suggested Lcodes: L4360 or L4386

Similar features to the Hi-Top in a 2 inch (5mm) shorter boot

### Options

- EZ Set hinge: ROM from 20° dorsi-flexion to 40° plantar-flexion in 10° increments
- Air ankle to adjust ankle pressure for support and comfort
- Anterior Tibial Fracture Plate

Available XS-XL,  
With or without Ankle Air Bladder\*

AL28500xBB-
AL28502xBB- (w/bootie cuff)
AL27000xBB- (w/EZ Set Hinge)
AL27002xBB- (w/EZ Set Hinge and bootie cuff)

## Mid-Calf Boot

**Suggested Lcodes:  
L4360, L4386**

Available XS-XL  
With or without Ankle Air Bladder\*

AL25500xBB-	AL27100xBB- (w/EZ Set Hinge)
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# Bledsoe Boots

## Shoe Size

Men	Women	Euro	Leg Length	Boot Size (x=)	
Kid's 12.5 - Mens 2.5	1 - 3.5	29 - 33	7" - 9" (18 - 23 cm)	XXS (0)	For Diabetic Boots, see size chart on page 9
1 - 2.5	1 - 3.5	29 - 33	9" - 11" (23 - 28 cm)	XS (1)	Leg length for Hi-Top Boot w/PTB only
2.5 - 5.5	3.5 - 6	33 - 37	11" - 13" (28 - 33 cm)	S (3)	Measure from ankle to middle of knee
5.5 - 9	6 - 9.5	37 - 41	13" - 15" (33 - 38 cm)	M (5)	
9 - 12.5	9.5 - 13	41 - 46	15" - 17" (38 - 43 cm)	L (7)	
12.5 - 17	13+	46 - 49+	17" - 19" (43 - 48 cm)	XL (9)	

## Indications

### Everyday Boots

AdjustaFit Boot

AdjustaFit Wide Boot

ProGait Boot

Platform

### Specialty Boots

Bunion Boot

Achilles Boot

Nite 'N Day Boot

### Diabetic Boots

Conformer Boot

Charcot Conformer Boot

Tenderfoot Boot

### Long Term Boots

Hi-Top Boot

Lo-Top Boot

Mid-Calf Boot

### Pediatric Boots

Wee Walker Boot

Ankle Sprains and Fractures  
 Foot Fractures  
 Forefoot Sprains  
 Distal Tibia Fractures  
 Middle to Distal Fibula or Tibia Fractures  
 Tarsal, Metatarsal, and Phalanges  
 Patellar Tendon Bearing  
 Achilles Tendon  
 Plantar Fasciitis  
 Ulcerative/Pre-ulcerative Conditions on Bottom of Foot  
 Post Bunion Surgery

AdjustaFit Boot	●	●	●	●									
AdjustaFit Wide Boot	●	●	●	●									
ProGait Boot	●	●	●	●									
Platform						●							
Bunion Boot													●
Achilles Boot									●				
Nite 'N Day Boot										●			
Conformer Boot													●
Charcot Conformer Boot									●				●
Tenderfoot Boot													●
Hi-Top Boot	●	●	●	●	●				●				
Lo-Top Boot	●	●	●	●	●								
Mid-Calf Boot	●	●	●	●									
Wee Walker Boot	●	●	●	●	●								

Post-injury or post-operative application to grade 1, 2, and 3 ankle sprains and ankle fractures  
 Metatarsal, forefoot and calcaneus fractures  
 Forefoot sprains  
 Stable distal fractures of the tibia/fibula or tibia (grades 1, 2, and 3)  
 Stable fractures to the middle to distal fibula or tibia. NOTE: Fracture plate must be used with the Hi-Top Boot Flat Form option only. Post-op tarsal, metatarsals, and phalanges procedures requiring a flat insole  
 Partial patellar tendon bearing  
 Immediate application following injury or reconstruction of the Achilles Tendon  
 For moderate to severe plantar fasciitis to aid in stretching the Achilles Tendon, maintaining the foot in dorsal flexed position, and maintaining the length and/or position of the plantar fascia  
 Conformer Boots for non-sensate patients. Tenderfoot Boot for sensate patients.  
 For post-operative Hallux Abducto Valgus (HAV) surgery when a strict joint position must be maintained





## The Bledsoe Boot

Bledsoe delivers the widest size range available, from the child size Wee Walker to the athlete-loving men's size 17

### Restrictions on Use

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is not intended to prevent injuries or reduce or eliminate the risk of injury.

### Warning

Do not leave this device in the trunk of a car on a hot day or any place where the temperatures may exceed 150°F (65°C) for an extended period of time. If any additional pain or symptoms occur while using this device, discontinue use and seek medical attention.

### Bledsoe Limited Warranty - Walking Boots

This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect.



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[www.BledsoeBrace.com](http://www.BledsoeBrace.com)

