

## MAINTENANCE

- Wipe Stabilizers weekly with a damp cloth.
- After using the Stabilizers outdoors, shake off any sand or small rocks that could have gotten stuck at the bottom or around the extension legs. If necessary, give them a quick wash with water to make sure all the particles are removed.
- Stabilizers may be cleaned with mild soap or detergent. DO NOT use organic solvents, such as acetone, which could damage the grip. Never use abrasive cleansers or scouring pads on any part of the Stabilizers or the bottom pads.
- Check all hardware weekly to ensure that it is securely attached.
- Replace bottom nylon pads when worn.

### WARRANTY REGISTRATION

Our Stabilized Steps™ products are guaranteed for life against manufacturer defects for the duration of use by the original purchaser.

To ensure your warranty, please register your product at

[www.stabilizedsteps.com/stabilized-steps-lifetime-warranty/](http://www.stabilizedsteps.com/stabilized-steps-lifetime-warranty/)



*We strive to achieve your highest satisfaction!*

If you have any questions please contact us.

[service@stabilizedsteps.com](mailto:service@stabilizedsteps.com)

1-844-691-STEP (7837) option 2

Monday - Friday 9am - 4pm EST

We reserve the right to correct any errors that may occur within this manual.

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## Stabilizers

(SG1001)

### User Guide

User Guide and Video  
also available online

<https://stabilizedsteps.com/stabilizers-user-guide/>



\* Walker NOT included

*Freedom to move with confidence & stability!*

## PRODUCT DESCRIPTION

Our award winning and patented **Stabilizers** are a medical device that attaches to the bottom of medical walkers allowing them to be very stable indoors and in various terrains such as sand, grass, gravel, mud, and even snow; giving individuals with mobility issues or ambulatory disabilities the **Freedom to Move Forward!**



Product comes fully assembled and ready to attach to a walker. (Walker NOT included)

**NO TOOLS ARE REQUIRED**

### What's Included

One set of Stabilizers that fit most walkers with 1" diameter legs. Two pairs of extension legs with attachment hardware and nylon pads.

### Specifications

Product Weight	3.53lbs combined
Length (platform)	22"
Width (platform)	3"
Weight Capacity	500lbs



### SAFETY EDGES

Rounded edges protect furniture and floors. Elongated shape increases stability and helps prevent forward, backwards and side to side falls.

### ADJUSTABLE

Fully adjustable height to fit most walkers with 1" diameter legs.

### NYLON PADS

Custom-molded nylon pads on the bottom allow better traction.

### TESTED & PROVEN

Our custom design provides flexibility and strength, while keeping the stabilizers light-weight. Tested to withstand more than 500lbs with many different use scenarios.

### SELF-DRAINING

Custom-fabricated drainage system prevents suction on wet or muddy terrain.

Utility Patent No.: US 8,544,486 B1  
Design Patent Pending: 29/598,674

## SAFETY INSTRUCTIONS

Make sure that before each use:

- Walker is adjusted to correct height and it sits level. *Always contact your physician or therapist when using a walker to determine proper walker height.*
- Spring buttons are locked in place.
- Replace nylon pads when worn or missing.
- DO NOT exceed the 500lb weight capacity

**Always follow the specific safety and user instructions for your individual walker.**

## INSTALLATION

### Step 1:

Locate the **FRONT** and **OUTSIDE** arrows at the bottom of each of the Stabilizers.  
(This will be needed in Step 4)

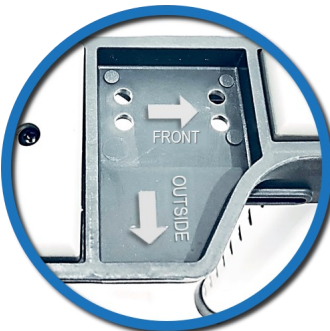


Figure 1

### Step 2:

Remove the old legs of walker. Unfold the walker frame, flip it over, and secure it with your foot by stepping down on either handle (A), giving the walker the steadiness during installation.



### Step 3:

Proceed to remove the old legs by pushing the spring buttons (B) and pulling up carefully.

### Step 4:

Identify which Stabilizer goes on what side of the walker by aligning the **FRONT** and **OUTSIDE** arrows (Figure 1) with the **FRONT** and **OUTSIDE** of the walker frame.

Install one Stabilizer at a time by opening the extension legs and inserting them both at the same time onto the walker frame. Repeat position on the other side.

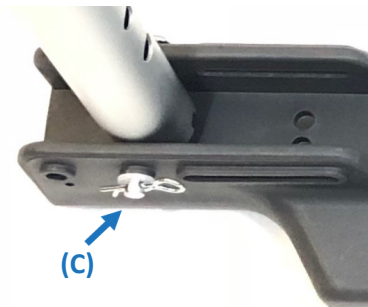


### Step 5:

Adjust proper height using the spring buttons. Make sure both Stabilizers are adjusted with the same height before flipping the walker frame over.

### Step 6:

Flip the walker over and verify desired height for use. See the Helpful Tips and Usage section for product usage instructions.



## RECOMMENDED USE

- Use the walker with the attached Stabilizers following a regular standard walker's 3 point gait:
  - Align the middle of your foot with the back legs of the walker
  - & (3) Lift the walker and place it in front of you with all four legs on the floor
  - & (5) then carefully step forward, one foot at a time



- Use caution when gliding indoors after outdoor use to prevent damaging sensitive indoor flooring materials.
- The elongated design of the Stabilizers makes the walker more stable when transferring to and from a chair or bed. Make sure to press down firmly on the handles of the walker and carefully sit down or stand up from the chair or bed.
- Post-surgery it is recommended that the nylon pads be replaced with rubber pads (sold separately) in order to provide solid stability that will prevent gliding. As mobility is regained with rehabilitation, the nylon pads can be installed once again.

## HELPFUL TIPS

- Depending on the size of your walker and/or desired height, the preassembled extension leg positions may not be the correct one for your walker. If this is the case, you can simply adjust the position of the extension legs by removing the cotter pin (C) and placing it in the desired hole opening in the Stabilizer that fits ideally with your walker.
- MAKE SURE THE POSITION OF THE EXTENSION LEGS IS THE SAME ON BOTH STABILIZERS.

## REPLACING THE BOTTOM NYLON PADS

(replacement pads need to be purchased separately)

It is important to note that the bottom nylon pads will not wear out evenly; thus, not all pads need to be replaced at the same time.

- Use a Phillips screwdriver to remove the screw in the center of the pad to remove the old pad and replace with new.
- Do not overtighten the screw.

### Replacement Parts

- RP2001 – Stabilizers Replacement Pads (Nylon) 6pk
- RP2003 – Stabilizers Replacement Pads (Rubber) 6pk

