

# **OVERVIEW**

We are constantly answering questions and recording helpful videos to make using your Vive Leg Compression System as easy as possible. Check out the included links and QR codes to help you through the process.



To see all of the FAQs in one place, visit **vhealth.link/g9m** 

# **QUICK START GUIDE**



For a video demonstration on how to use your Leg Compression System, visit **vhealth.link/2oq** 

Note: For first time use, open filter cover and remove the screw!

- 1. Turn pump over. Open air filter and remove plug screw.
- 2. Connect power cord to a power outlet.
- 3. Securely connect air hose to the pump.
- Connect the air hose to the leg cuff.
  Note: Longest air hose connects to the uppermost air valve.
- 5. Press the power button.
- 6. Select the desired pressure using the pressure control.
- 7. Set the inflate and deflate times as desired.

# **MASSAGE MODES: THREE SET MODES**

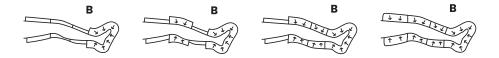
#### A:

In this mode, only a single chamber inflated at a time. Starting from the toes and working up to the thigh. Then the cycle repeats. Ideal for massage.



# B:

In this mode, the toe chamber stays inflated. It gradually adds a chamber until all four are filled with air. Then the cycle repeats. Ideal for lymphatic edema treatment.



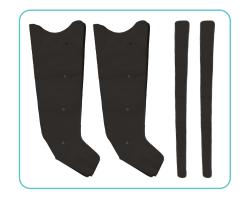
# C:

In this mode, every other chamber is inflated. This is great for massage and post workout recovery.



# **HOW TO USE THE LEG CUFF EXTENDERS**

The Vive Leg Compression System comes with a pair of leg cuff extenders that increase the circumference of the cuff up to 4 inches, providing a better fit for larger or swollen legs.



To attach the extenders, use the zipper slider and insertion pin from the extenders to secure onto the main cuff.





**Note:** The extender should be attached with the wider part at the top.

# **CLEANING AND MAINTENANCE**

- · Turn off pump before cleaning.
- · Wipe with a damp cloth.

# **WARNING** $\triangle$

- Do not unzip the garment when the unit is on.
- · Always turn the power off before unzipping the cuff.
- · Do not get the pump wet.
- Make sure the pump is on a flat surface.

# **PUMP SPECIFICATIONS**

- · Power Consumption: 30 W
- Input Voltage: 110 V
- Pressure Range: 30-250mmhg